

ISTANBUL GELISIM UNIVERSITY SUCCESSFULLY REPRESENTED TURKIYE AT THE NAFSA 2025 HIGHER EDUCATION FAIR

Istanbul Gelisim University (IGU) participated for the first time in the NAFSA 2025 Higher Education Fair held in San Diego, United States, between May 27–30, 2025. The university was among the 53 higher education institutions representing Turkey in the “Study in Turkey” pavilion at the fair, which is considered one of the most prestigious international meetings in the field of higher education.

MEETING WITH OVER 3,500 INSTITUTIONS FROM AROUND THE WORLD

Bringing together higher education institutions from more than 150 countries each year, NAFSA provides an important global platform for student and staff mobility, academic collaborations and the development of multi-faceted inter-university partnerships. The event provides not only a promotion but also a platform for strategic collaborations for actors in the field of higher education.

INTENSIVE CONTACTS FROM THE UNIVERSITY COMMITTEE

Istanbul Gelisim University's representation at the fair was made by Vice Rector for Research and Development Prof. Necmettin Maraşlı and International Exchange and Cooperation Office Coordinator Alisa Usubova. During the four-day event, one-on-one meetings were held with university representatives from many countries such as Brazil, Germany, Mexico, Romania, Peru, Canada, the United Kingdom, Kazakhstan, Norway, Chile, Portugal, the United States, Poland, Spain and Qatar.

During the meetings, topics such as student and academic exchanges, bilateral cooperation protocols, joint research projects, short-term training programs and dual degree opportunities within the scope of the Erasmus + program were discussed. The majority of the meetings progressed positively and mutual agreements were reached to establish cooperation with many institutions.

INTERNATIONAL NETWORK IS GETTING STRONGER

Istanbul Gelisim University shared its academic achievements, research-oriented projects, internationalization strategy and opportunities offered to students in detail during the fair. The university's education quality and open vision for collaboration were met with interest and appreciated by many institutions.

NAFSA 2025 was not only a promotion and visibility opportunity for Istanbul Gelisim University, but also an intensive and productive organization that laid the groundwork for future strategic partnerships. The connections gained during this process are expected to expand the university's international academic network and increase its competitiveness in education on a global scale.

TANGIBLE ACHIEVEMENTS AND GLOBAL VISION

Thanks to the fair participation, concrete gains were achieved in areas such as student and academic mobility, joint scientific projects, dual degree programs and short-term academic activities. At the same time, the university's quality-oriented approach and global vision in higher education enabled the establishment of more sustainable collaborations with stakeholders around the world.

Istanbul Gelisim University continues its international activities with determination, in line with the aim of strengthening its internationalization strategy and taking on a more active role in the global education arena.

EXPERT WARNS: THE FIRST 48 HOURS AFTER ZIRCONIUM COATING ARE CRITICAL!

With its aesthetic appearance, high durability and biocompatible structure, zirconium veneers, which have been frequently preferred in dental treatment in recent years, can be long-lasting with proper care and conscious nutrition. However, small mistakes made in the first days after treatment can lead to big problems. Istanbul Gelisim University Faculty of Dentistry Lect. Feras Haroun made important warnings about dietary habits that should be considered after zirconium coating. Haroun pointed out that especially the first 48 hours are decisive for the success of the treatment, and said that a conscious diet to be applied during this period will both protect dental health and increase the permanence of the treatment.

"EVERY BITE CARRIES A RISK BEFORE THE ADHESIVE HARDENS"

The adhesives of zirconium coatings do not reach maximum durability immediately after application. For this reason, the consumption of hard and sticky foods in the early period may cause the veneer to dislodge or damage the dental tissue underneath. Stating that foods such as nuts, ice, hard sugars should be avoided in the early period after coating, Haroun added, "Such foods may cause cracks or displacement in the coating in the first days when the adhesive is not fully hardened." Likewise, he pointed out that sticky foods such as marshmallows, caramel, and gum can also jeopardize the integrity of the coating.

Reminding that every sip drunk in the early post-coating period can affect the aesthetic result, Haroun said, "Zirconium does not stain, but if the adhesive area is exposed to acidic or coloring drinks, especially in the first 48 hours, it may experience a color change. Coffee, tea, cola and energy drinks should also be limited in this process.

"THERE IS NO NEED FOR STRICT RULES, COMMON SENSE CHOICES ARE ENOUGH"

Stating that zirconium coatings are not a treatment that restricts daily life, Haroun said, "Common sense choices are enough, not strict rules. After this treatment, patients do not have to abandon all their habits; however, they need to review some behaviors.

Stating that veneers may wear over time, especially in individuals with habits such as clenching or grinding teeth, Haroun recommended the use of night plaque. He added that smoking can also lead to recessions in the gums and leaks at the edges of the veneer.

PAY ATTENTION TO CONSUMPTION HABITS

Since the mouth structure of each individual is different, some patients may experience sensitivity to hot or cold foods. "This is normal. If the veneered tooth is alive or there is gum recession, hot-cold sensitivity is more common. Foods such as warm soup, boiled vegetables, and yoghurt provide a more comfortable experience in this process."

In addition, stating that foods rich in calcium and vitamin D strengthen tooth enamel, Haroun also recommended the regular use of desensitizing pastes and soft-bristled toothbrushes.

WHEN SHOULD YOU BE ABLE TO EAT HARD FOODS?

The high durability of zirconium does not mean that all foods can be consumed immediately after treatment. According to Haroun, the first 48 hours should be spent on a completely soft diet; semi-soft, easily chewable foods should be preferred for a week. The inclusion of hard foods in the diet should be done carefully and gradually after the second week.

"Although zirconium is a durable material, habits such as chewing ice or cracking walnuts can damage both the veneer and the underlying natural tooth in the long run.

"ZIRCONIUM COATING CAN BE USED FOR LIFETIME WITH CORRECT MAINTENANCE"

Stating that individuals who have zirconium veneers should use dental floss and fluoride oral care products regularly, Haroun recommended going to the dentist at least twice a year:

"Zirconium veneer is one of the most reliable applications that can offer natural dental comfort. However, it is necessary to repay this trust with good care, the right habits and conscious choices. Because the permanence of the treatment is not only related to the success of the physician, but also the responsibility of the patient."

Correct care habits and conscious dietary preferences not only prolong the life of the veneers, but also directly affect general oral and dental health, Haroun's information provides an important guide for patients to complete a process that starts with aesthetic concern with health.

OUR IGU ACADEMİCS ARE ON THE WORLD'S BEST SCIENTISTS LIST!

Research.com, one of the world's leading research and academy portals, ranked Istanbul Gelisim University academicians among the best scientists in Turkey and the world with their degrees in "Engineering and Technology", "Economics and Finance" and "Neuroscience" in the list of the world's "Best Scientists".

ISTANBUL GELISIM UNIVERSITY'S ACADEMIC ACHIEVEMENT IS REGISTERED IN INTERNATIONAL LISTS

Istanbul Gelisim University Rector Prof. Bahri Şahin was included in the Best Engineering and Technology Scientists category of the "World's Best Scientists" list prepared by Research.com, which carries great prestige in the scientific world.

In the category of Best Economics and Finance Scientists, which is published on Research.com, one of the most important online academic portals in the world for scientists and includes only Bilkent University and Middle East Technical University, Assoc. Prof. Festus Victor Bekun, a faculty member at Istanbul Gelişim University, Department of Logistics Management, came in first.

Prof. Kemal S. Türker, who moved his research laboratory to Istanbul Gelisim University Faculty of Dentistry in 2021, was included in the Best Neuroscience Scientists category. The lists, compiled by Research.com, benchmark the academic impact of scientists around the world. Prof. Türker's inclusion in this prestigious ranking is important not only as an individual achievement, but also as a world-class representation of academic production in Turkey.

“THESE ACHIEVEMENTS STRENGTHEN OUR VISION TO BECOME A RESEARCH UNIVERSITY”

While the lists prepared by Research.com comparatively evaluate the academic effects of scientists worldwide, IGU Rector Prof. Bahri Şahin, who is on the list of Best Engineering and Technology Scientists, said in his statement on the subject, "Our university continues to support scientific production and projects that contribute to society with its qualified academic staff and strong research infrastructure."

Referring to the university's vision of becoming a "Research University", Prof. Bahri Şahin: "While such achievements strengthen our vision of becoming a research university, they are a reflection of not only individual academic performance, but also our institutional research strategies shaped in line with the quality assurance policies of the Council of Higher Education (YÖK) and our commitment to national academic standards."

The success of Istanbul Gelisim University at Research.com is considered as a concrete reflection of IGU's research-oriented vision and the importance it attaches to interdisciplinary scientific approach.

IMPROVEMENT MEETING FOR ACCREDITATION PROCESSES HELD AT IGU

Istanbul Gelisim University hosted an important meeting on June 12, 2025 in order to improve the continuity of international accreditation processes and the understanding of quality-oriented education. The meeting was attended by representatives of departments accredited by international accreditation bodies such as AQAS (Germany), ABET (United States) and AHPGS (Germany). Meeting was carried out under the chairmanship of Vice Rector for Quality, Accreditation and Internationalization Prof. Arda Öztürkcan.

The main agenda item of the meeting was to evaluate the improvements that needed to be made in order to increase the effectiveness and ensure the continuity of the existing accreditation processes. This meeting, which was held in line with the quality-based growth goals of the university, was also important in terms of strengthening coordination between all relevant academic units.

ACTION PLAN PREPARATION STARTED

At the meeting, IGU Quality Coordinator Prof. H. Hakan Bozkurt presented a comprehensive information on the improvement areas in line with the needs determined in the accreditation processes. In terms of the sustainability of quality assurance systems, the necessity of creating an action plan at the institutional level was emphasized.

In the action plan, it is planned to include topics such as analyzing the feedback received from internal and external stakeholders, making continuous improvement mechanisms more effective and strengthening measurement-evaluation practices.

NEXT STEP: MONITORING AND EVALUATION PROCESS

At the end of the meeting, it was decided that the action plans to be created would be detailed by the relevant units and shared at the next meeting. In order to increase the traceability of the process, a calendar for regular monitoring and evaluation meetings was also put on the agenda.

This approach is considered as a concrete indicator of the university's vision to maintain an academic structure that not only protects the accreditation documents but also internalizes the quality culture.

EMPHASIS ON QUALITY-ORIENTED EDUCATION FROM ISTANBUL GELISIM UNIVERSITY

Istanbul Gelisim University, which advances in line with its internationalization goals, continues to work with a management approach that focuses on quality in all its academic and administrative processes. This meeting, which is held for accreditation processes, once again demonstrates the importance that the university attaches to the quality assurance system and aims to strengthen the foundations of a student-oriented and transparent educational environment.