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# INTERNATIONAL ACADEMIC MEETING FROM IGU: "CURRENT DISCUSSIONS FROM THE PERSPECTIVE OF SOCIOLOGY AND PHILOSOPHY" CONGRESS WAS HELD

The international congress titled "Current Discussions from the Perspective of Sociology and Philosophy" organized by the Sociology Department of Istanbul Gelisim University (IGU) was held in hybrid format on 15-16 May 2025. The congress, which brought together academics on a global scale, offered a remarkable academic platform in terms of both content and participant diversity.

# 29 ACADEMICS FROM 10 COUNTRIES PARTICIPATED

A total of 29 academicians from Turkey, Germany, France, USA, Bulgaria, Vietnam, Lebanon, Greece, TRNC and Azerbaijan attended the congress hosted by IGU Sociology Department with their papers. In this respect, the event has created a strong communication ground not only at the scientific level but also in terms of intercultural interaction.

In the opening program of the congress, Dean of the Faculty of Economics, Administrative and Social Sciences Prof. DKenan Aydın and Vice Deans Assoc. Prof. Emrah Doğan and Asst. Prof. Özlem Tuğçe Keleş, Dean of the Faculty of Applied Sciences Prof. Dr. Kamil Kaya took part. In the opening speeches, Head of Sociology Department Asst. Prof. Ayşe Aydın emphasized the connection of sociology with philosophy and the importance of these disciplines in solving today's social crises. Prof. Kenan Aydın drew attention to the international nature of the congress. Prof. Kamil Kaya, on the other hand, expressed his satisfaction with hosting such an event as a department.



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### IN-DEPTH DISCUSSIONS IN SEVEN SESSIONS

The congress was shaped by an interdisciplinary approach in seven different sessions. Topics discussed included:

- Social impacts of artificial intelligence and digitalization
- The role of emotions in everyday life
- Nation, identity and political society debates
- Resistance, criticism and alternative perspectives
- Inquiries about ecology, capitalism and the future
- Identity, women and migration relations
- Themes of meaning seeking, life and death

These topics offered participants the opportunity to analyze today's world with the critical thinking methods of both sociology and philosophy.

### INTERDISCIPLINARY APPROACH AND CRITICAL PERSPECTIVE

The "Contemporary Discussions from the Perspective of Sociology and Philosophy" congress underlined not only interdisciplinary but also interdisciplinary intellectual collaborations. The links established between philosophical thought and sociological analysis were discussed in depth in the presentations. This approach allowed social problems to be discussed not only in their technical but also in their ethical and existential aspects.

### FIRST INTERNATIONAL CONGRESS FROM IGU DEPARTMENT OF SOCIOLOGY

This congress is the first international congress organized by the Department of Sociology of Istanbul Gelisim University. Offering an important academic platform in terms of both the timeliness of the themes discussed and approaches based on critical thinking, the event reflected the university's productivity and international interaction power in the field of social sciences.



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The congress once again made visible the impact of scientific thought on social life with its content, participatory diversity and student contribution. In this respect, it is expected that the Department of Sociology will lead similar international activities in the following years and the academic production of the department will become more visible.

# SPECIAL AWARENESS EVENT FOR WORLD HYPERTENSION DAY FROM ISTANBUL GELISIM UNIVERSITY!

Istanbul Gelisim University (IGU) Faculty of Health Sciences Department of Nursing held a meaningful awareness event in Buyukada (Big Island) within the scope of 17 May World Hypertension Day. In this study, which prioritizes public health, the blood pressure of the island visitors was measured at the stand and information was given about hypertension and circulatory system diseases.

During the activity, while nursing students gave information about the causes, consequences and prevention methods of hypertension under the guidance of academicians, the importance of healthy living habits was emphasized once again. It was reminded that hypertension is directly related to circulatory system diseases, one of the most common causes of death in the world.

While the Director of the Municipality of Adalar and his team supported the event, a certificate of thanks was presented to them by Dr. Neşe Kıskaç.

## AFTER THE EVENT, BUYUKADA TOUR WAS ORGANIZED

After blood pressure measurements and information studies, a trip to the island was organized. The symbolic cultural and historical places of Büyükada such as Taş Mektep (Stone School), Aya Yorgi Church and the house of Reşat Nuri Güntekin were visited.

In addition to its academic studies, Istanbul Gelisim University continues to stand out with its support for public health projects. While this activity enabled students to gain experience in the field, it also contributed to increasing health awareness in the society.





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# 19 MAY COMMEMORATION OF ATATURK YOUTH AND SPORTS DAY AND AUDIOLOGY DEPARTMENT WHITE COAT WEARING CEREMONY

Istanbul Gelisim University (IGU) Faculty of Health Sciences Audiology, Health Management, Orthotic Prosthesis and Nutrition and Dietetics Departments held an event called "19 May Commemoration of Atatürk Youth and Sports Day and Audiology Department White Coat Wearing Ceremony" on 16 May 2025. The event, where Asst. Prof. A. Yüksel Barut was the speaker, attracted great attention of students, families, lecturers and participants.

With the event organized within the scope of 19 May Commemoration of Atatürk, Youth and Sports Day, this meaningful day on which Gazi Mustafa Kemal Atatürk went to Samsun and started the National Struggle was celebrated with pride and enthusiasm.

Ther ceremony started with the opening speech of Dean of the Faculty of Health Sciences Prof. Rifat Mutuş, after silence and the National Anthem.

After the opening speech, Asst. Prof. A. Yüksel BARUT made his presentation: "Today, we have gathered to commemorate one of the most important turning points in the history of the Turkish Nation, May 19, 1919. This meaningful day is not only the beginning of a liberation movement, but also the day Mustafa Kemal lit the torch of independence with our nation. The hands carrying the torch have changed, but the carried torch has always preserved its immortality. I would like to thank you for joining us and not leaving us alone in carrying this immortal torch and handing it over to those after us.

Mustafa Kemal said, "The only magnificent thing about my birth is that I was born as a Turk." He defined a leader's denial of his own miracle and integration of his positive qualities with his nation.

When Mustafa Kemal set foot in Samsun on the morning of Monday, May 19, 1919, he had the burden of a tired empire on him, but he had a great belief in his heart that the Turkish Nation would never be a prisoner, that it would tear the darkness and come to light.



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Mustafa Kemal wrote his thoughts behind his acceptance of the duty in the section titled "My Decision" in the first part of his work titled "The Great Speech (Nutuk)" as follows: "In fact, at the time we were in, the foundations of the Ottoman Empire had collapsed. The Ottoman homelands were completely torn apart. There was only a fatherland where a handful of Turks lived. The last issue was to deal with the division of this. The Ottoman Empire, its independence, the sultan, the caliph, the government, all these were just some meaningless words that had no meaning. Who and what assistance was requested for the immunity of what and whose? So what would be the serious decision? There was only one decision against this situation. It is to establish a new unconditionally independent Turkish state based on national sovereignty! This was the decision we thought about before leaving Istanbul and we started the drill as soon as we set foot on the Anatolian lands in Samsun. "

Mustafa Kemal, who went to Samsun on May 19, 1919, was addressing not only a geography but also a nation at that moment: "Wake up! \* Claim your own destiny!" Mustafa Kemal took his first step not only to Anatolia, but also to the heart of the Turkish nation!

Mustafa Kemal Pasha always knew: "The Turkish nation is hardworking, the Turkish nation is smart."

Then, on September 4, 1919, Sivas Congress... At the Sivas Congress, Mustafa Kemal actually defined the journey that goes back to the discourse "Either Independence or Death" and the discourse "Armies, your first goal is the Mediterranean. Forward!."

When Asst. Prof. A. Yüksel BARUT said Atatürk addressed you, us, and the youth in the Turkish Grand National Assembly on October 20, 1927; Students of the Department of Audiology all voiced Atatürk's Address to Youth.

"It is our duty to raise our Republic to above the level of contemporary civilizations! Let us not forget that our material existence is temporary. What is left is only our works. Gazi Mustafa Kemal Atatürk left many works behind us during his very short life. Our duty should be to protect and protect the works he has left and to act in accordance with his principles. We commemorate all our heroes, especially Gazi Mustafa Kemal Atatürk, with mercy, gratitude and respect. We promise to protect our Republic, our independence and our bright future forever..."



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After the presentation and speech of Asst. Prof. A. Yüksel Barut, one of the most enthusiastic moments of the event was the Zeibek show staged by our two students. Our students were highly appreciated for their performance. The strong stance and honorable figures of the Zeibek play gave the audience both emotional and proud moments.

The five couples who took the stage after the Zeibek show fascinated the audience with tango, one of Atatürk's favorite dances. The tango show was greatly appreciated for its elegance and harmony. After the tango show, the IGU Youth Choir took the stage. A musical feast full of national anthems, Atatürk's favorite songs and folk songs was presented. Our students gave the audience emotional moments with their strong voices and harmonious performances.

At the end of the ceremony, certificate of attendance and plaques were given to the contributors. Then, 19 May Commemoration of Atatürk Youth and Sports Day event ended.

# YOUNG PEOPLE DISCOVER THE POWER OF CINEMA WITH DEVELOPMENT FILM ACADEMY

The Gelisim Film Academy, which was established in cooperation with Istanbul Gelisim University, Faculty of Fine Arts and the Department of Public Relations and Promotion, aims to bring a new breath to the cinema sector. The Academy aims to reveal their creative potential and raise qualified individuals in the field of cinema with the comprehensive trainings it offers for young people between the ages of 14-18.

Offering training programs in many titles from short film production to screenwriting, from cinematography to technical applications related to fiction, Gelisim Film Academy also carries out practical workshops in areas such as drone shooting, artificial intelligence supported technologies, cinematography, film analysis, light and decor. The trainings are carried out under the guidance of academicians, directors and industry professionals who are experts in their fields.



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#### YOUNG PEOPLE ARE BOTH LEARN AND PRODUCE

The academy not only provides technical knowledge and skills, but also allows young people to tell their own stories in the language of cinema. Offering a social meeting ground, the academy allows young filmmakers to express themselves through events, interviews and panels that support artistic production.

In addition to helping young people make career plans in the field of cinema, the Gelisim Film Academy also includes them in a wide network of communication. Thanks to the academy, participants have the opportunity to come together with the names they want to reach in the sector and a collaborative environment is created with professionals who make artistic and cultural contributions.

#### PUBLIC AWARENESS AND ARTISTIC CONSCIOUSNESS

The academy also embodies the understanding of social responsibility. It aims to increase the sensitivity of young filmmakers with its documentary studies that shed light on issues that concern the society. Through these projects that prioritize national values, it is aimed to establish ties with cities with different cultural and historical heritage all over Turkey.

### "THE MAGIC OF CINEMA WILL MEET YOUNG PEOPLE"

IGU Faculty of Fine Arts Dean Prof. Şükran Güzin Ilıcak Aydınalp expressed her thoughts on the academy as follows: "Bringing young people together with cinema, providing them with professional knowledge and skills, and at the same time making them part of a wide network will help them achieve their professional goals. While making young people love art, Gelişim Film Academy also improves their awareness. With the activities to be held within the academy, the magic of cinema will meet with young people and enable them to open new horizons. "

Prepared within the body of Istanbul Gelisim University, Gelisim Film Academy will continue to stand by young people not only as an educational platform but also as a creative center where ideas come to life, talents are discovered and passion for cinema turns into a profession.



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"EVERY TEEN HAS A STORY TO TELL"

Deputy Head of Public Relations and Promotion Department and Director Lect. Ahmet Bikiç pointed out the transformative power of cinema and added: "As a director, I know that every young person has a strong story to tell. With Gelisim Film Academy, we not only provide our young people with technical equipment, but also offer an artistic production environment where they can find their own voice. This academy exists to inspire future directors, screenwriters and filmmakers."

### PSYCHOLOGY DAYS EVENT WAS HELD AT ISTANBUL GELISIM UNIVERSITY

The Psychology Days, which were made traditional by the Department of Psychology of Istanbul Gelisim University (IGU), were held this year with the theme of "Sleep and Dream". The two-day event was organized to share up-to-date academic information on different fields of psychology, to increase students' professional awareness and to support their scientific thinking skills.

In the event, the psychological, neurological and developmental dimensions of sleep and dream were discussed through sub-fields such as neuropsychology, dynamic psychology, and child psychology. The sessions, which were shaped by the contributions of academicians and professionals who are experts in their fields, made a significant contribution to the academic and professional development of students.

"PROJECTS ARE FROM YOU, APPLICATION IS FROM US"

Abdülkadir Gayretli, the Chairman of the IGU Board of Trustees, emphasized the importance of the activity in his opening speech and emphasized that students will be effective individuals in the academic or social field after graduation. Gayretli summarized the support given to students as follows:



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"We want to give our students not only academic knowledge, but also a global vision. We cover the language course expenses of our students and academicians who are successful in YDS or YÖKDİL exams. We provide flight ticket support to our students who want to study abroad, and we cover the expenses of those who are financially inadequate. In addition, we support productivity with the understanding of 'Projects are from you, application is from us'. We also bear all the costs of our students who receive master's degree admission from the top 20 universities in the world ranking."

"PSYCHOLOGY CONTRIBUTES TO UNDERSTANDING THE SPIRIT OF THE AGE"

Faculty of Economics, Administrative and Social Sciences Dean Prof. Kenan Aydın drew attention to the importance of psychology today and stated that marketing, which is its own field, is also directly related to psychology:

"Coming together in a field such as psychology, which has a strong scientific and human aspect, is a valuable step towards understanding the spirit of the age. Global issues such as digitalization, loneliness and identity searches reveal the vital role of psychological resilience. This activity is not only an academic sharing, but also an effort to raise awareness at the social level."

"WE STAND UP FOR PROFESSIONAL AND MORAL VALUES TOGETHER"

Head of Psychology Department Asst. Prof. Bulent Tansel emphasized the importance of raising students not only as academic but also as individuals with ethical, national and spiritual values:

Our aim is to ensure that our students graduate by learning the professional competencies in the finest detail. You are very valuable to us. Make the most of these four years to improve yourself."



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Vice President of Psychology Department Asst. Prof. Selcen Yetkin Özden, on the other had, pointed out the importance of this year's theme in her speech: "The subject of dreams and sleep has not received the academic attention it deserves for a long time. We address this topic from the perspectives of neuroscience, psychoanalysis, psychodynamic approach, and psychodrama. I hope these two days will be both nutritious and intriguing for all of us."

The event was open to external participants as well as Gelisim University students. Psychology Days, which can be attended by anyone interested in psychology, offered an interactive discussion and learning environment that facilitated access to scientific knowledge.

# GASTROTECH THEMED GASTRONOMY FESTIVAL AT IGU: TECHNOLOGY, SUSTAINABILITY AND TASTE AT THE SAME TABLE

Istanbul Gelisim University (IGU) hosted the second Gastrotech-themed Gastronomy Festival, where technological innovations, sustainable practices and digital transformation in the field of gastronomy were discussed. Students, academics, industry representatives and gastronomy enthusiasts came together at the event.

## "GASTRONOMY HAS BECOME A WAY OF CARRYING MEMORY"

In this thematic festival, which reflects the vision of the university, the points where culinary arts meet technology were highlighted. Speaking at the opening of the festival, IGU Secretary General and Gastronomy Departments Coordinator Assoc. Prof. Serdar Egeli, drawing attention to the multidimensional structure of gastronomy:

"Gastronomy has become the meeting point not only of taste but also of technology, sustainability and creativity. As you know, gastronomy has become a way of carrying a culture, an identity and a memory beyond the art of cooking. We are working to bring this memory together with the technology of our age. We attach great importance to providing a multidimensional education to our students, prioritizing application courses and providing qualified experience. With this vision, we added a new course called GastroTech to our curriculum. This course will be an applied vision course that combines gastronomy and technology."



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EMPHASIS ON THE FUTURE FROM TRADITION

Referring also to Turkish Cuisine Week, Assoc. Prof Serdar Egeli: "This week we are also celebrating Turkish Cuisine Week, which makes us all proud. With its history of thousands of years, Turkish Cuisine is a cultural treasure. We are trying to blend this great value with technology."

Assoc. Prof. Egeli continued his words as follows: "Today you are here with names that will perhaps inspire the kitchens you will work in the future, the restaurants you will establish or the history books you will write."

"THERE IS NO GASTRONOMY WITHOUT FOOD, AND THERE IS NO FOOD WITHOUT AGRICULTURE"

IGU Rector Prof. Bahri Şahin emphasized the transdisciplinary nature of gastronomy. Reminding that the university's gastronomy, gastronomy and culinary arts programs have AQAS accreditation, Şahin said: "As Istanbul Gelisim University, we raise awareness by bringing gastronomy together with science, technique, social and artistic innovation. Gastronomy is at the heart of human life. There is no individual unrelated to this field. Istanbul Gelisim University ranks first in patent applications in Turkey. We also have nearly 500 patent applications in the field of food technology, and most of them are registered. There is no gastronomy without food, and there is no food without agriculture. These are complementary areas."

"THE SECRET TO SUCCESS IN LIFE I-IS TO GO TOWARDS PERFECTION"

Abdülkadir Gayretli, Chairman of the Board of Trustees, emphasized in his speech that university education is not just an academic process: "The important thing here is to be able to see ourselves, to make plans of what we do and what we will do. Therefore, we attach importance to quality and I believe that these studies will be beneficial for you, our dear students, to be successful in life and to add quality to your quality. It is always developing like the name of Istanbul Gelisim University and continues to develop you with pride. The secret to succeeding in life is to improve yourself and go towards perfection in the age of college. In other words, it is important not only to get a diploma with a classical understanding, but also to be a sought-after person when you start life with that diploma."



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During the event, hands-on demonstrations where traditional tastes were reinterpreted with modern kitchen techniques, promotions of technological kitchen equipment, sectoral panels and workshops were held. In addition to learning about the present and future of gastronomy, the participants also had the opportunity to establish new collaborations.

Istanbul Gelisim University brought together not only flavors but also technology, sustainability and cultural heritage at the same table with the Gastrotech-themed Gastronomy Festival. The event stood out as a platform to inspire future chefs, researchers and culinary leaders.