

## **SPECIAL RECIPE FOR RAMADAN FROM THE CHEFS: CUSTARD WITH BETEL NUT AND ROSE PUDDING WITH CHOCOLATE**

Stating that milk desserts are an ideal option for those who are looking for light alternatives instead of syrupy and heavy desserts during Ramadan, Chef Semanur Önal shared the recipe of custard with betel nut for those who do not want to use sugar in desserts. Chef Didar Başgöze, on the other hand, talked about the making of the rose pudding with chocolate prepared in the style of cold baklava, which has recently become popular on social media.

"Milk desserts are much more lighter for us in Ramadan." Istanbul Gelisim University Pastry and Bakery Program President Semanur Önal said, "In addition, recipes with tahini is an alternative and healthy. A light dessert such as halva with ice cream can also be preferred while fasting. People who do not want to consume sugar can alternatively make special custard with betel nut for iftar meals."

### **CUSTARD WITH BETEL NUT RECIPE**

Chef Önal explained the making 6-person custard with betel nut recipe as follows:

"Keep 35 jumbo size betel nuts whose seeds are removed in hot water for 20 minutes. Take 1 liter of milk into our pot. Then add 1 tablespoon of starch and whisk it in. Sieve betel nuts and add them to the milk. In this way, we soften our betel nuts a little more over low heat. Then, take the pot from the stove and whisk the betel nuts with a mixer. We take our pot back to the stove. We cook our custard until it is boiled. When the custard is cooked, we add ground walnuts and cinnamon. It is important to add the cinnamon after cooking, otherwise it may leave a bitter taste. Then, serve your custard with bowls, you can dress it as you wish."

"Place the shiny sheets on the rose pudding on the top side"

Istanbul Gelisim University Gastronomy Department Culinary Chef Didar Başgöze explained the production of rose pudding:, "Rose pudding is a dessert that comes out of the Ottoman

cuisine and settles in the public cuisine. When making it, we first heat it by mixing 1 liter of 250 milliliters of milk, 1 and a half cups of granulated sugar and 1 tablespoon of cocoa. When the mixture reaches 45 degrees, we take it from the stove and add chocolate chips on it. After the chocolates melt, we pour this mixture warmly over the rose pudding sheets. Milk should be neither too hot nor too cold, because hot milk can pulpify the sheets. Then we place a few rose pudding sheets and sprinkle walnut crumbs and pistachios between them. Then add rose pudding sheets that you wet with milk again. By doing this process in several layers, we finally leave the dessert in the fridge for an hour to rest. When placing the rose pudding sheets, make sure that the shiny part is on top. This allows them to absorb the milk better.”

#### **T.R. PRESIDENCY INVESTMENT OFFICE VISITED İGÜTEKMER!**

Turkish Presidency Investment Office officials visited Istanbul Gelisim University Technology Development Center (İGÜTEKMER) and met with entrepreneurs. Within the scope of the visit, detailed information was shared about the contributions and supports provided by the Investment Office to the investment ecosystem in Türkiye and the work of entrepreneurs developing technology and innovation-oriented projects was examined on-site.

Authorities evaluated the prototypes developed by listening to the projects of entrepreneurs operating in critical sectors such as biotechnology, electricity-electronics, machinery and software. Contributing to Turkey's technology-based entrepreneurship ecosystem, İGÜTEKMER paves the way for the commercialization of projects and meeting with investors by supporting innovative ideas.

#### **FEATURED PROJECTS**

During the visit, many projects within İGÜTEKMER came to the fore. While the kits developed on molecular biology and genetics attracted attention in the field of biotechnology, the innovative electric communication and autonomous vehicle project for private and general purposes in the field of electricity-electronics was appreciated.

In the field of software, a solution platform and game project that strengthens the interaction between customers and brands came to the fore. While these projects, which aim to increase the user experience in the digital world, were nominated to make a difference in their sectors, the development of three-dimensional metal printers in the field of machinery was also appreciated.

While this important visit contributed to the meeting of entrepreneurs with national and international investment opportunities, it revealed the potential of the projects developed at İGÜTEKMER.

### **"THE SECRET OF PERFORMANCE: THE INTERSECTION OF NUTRITION AND SPORTS" EVENT WAS HELD AT İGU**

Istanbul Gelisim University hosted an event titled "The Secret of Performance: The Intersection of Nutrition and Sports", which addresses the critical role of athlete nutrition on performance. In the event held at Firnas Auditorium, Anadolu Efes Sports Club Dietitian Specialist Dietician Buket Mamur and Beylikdüzü Sports Club Dietitian Nursena Duman shared her professional experiences and conveyed important information in the field of athlete nutrition.

At the event organized by Assoc. Prof. Merve Bayram, Head of Nutrition and Dietetics Department, Vice-Chancellor Prof. Arda Öztürkcan and Vice Dean of the Faculty of Health Sciences Asst. Prof. Yüksel Barut also attended.

Within the scope of the conference, the importance and necessity of athlete dietitian, the dynamics of the profession and the career process were discussed, and the participants had the opportunity to get information directly from the experts in an interactive interview.

### **"DIETITIANS SHOULD BE PRESENT IN EVERY FIELD OF SPORTS"**

Emphasizing that athlete nutrition is important not only for professional athletes, but also for amateur clubs and all sports organizations, Dietitian Nursena Duman stated that athlete

dietitians play an interdisciplinary role:

"Our identity is a bit more of a wild card. We work in a position that works in partnership with both the doctor, coaches, physiotherapist, and those who have a relationship with the kitchen. In fact, in amateur sports clubs or all other sports clubs, there is a need for an athlete dietician in every field of sports. "

"REAL LIFE IS MORE UNPREDICTABLE"

Providing important advice on the realities of business life for students who will take a new step into the profession, Specialist Dietician Buket Mamur pointed out the necessity of gaining experience as well as academic knowledge:

"When you're a student, everything feels so great. But when you go to work, no matter how well-equipped you think you are, you start out as a fish out of water. Because we are given information in academic terms, but we may fail the class when it comes to the facts of life. The education system is struggling to make us competent, but real life is more unpredictable."

Pointing out that the access to information provided by technology is a great advantage for students, Mamur said that young people should use these resources consciously:

"You are just at the beginning of the road, I learned by experiencing and living. There are many more resources available to you. You have the internet for example. You have a very valuable technology in your hands and you are better than us. But only if you can use it to your advantage, you'll be a few steps ahead of your peers."

Revealing the fact that sports and nutrition are inseparable, the event also contributed to students' awareness of the challenges they may face in their career journey. Participants had the opportunity to gain valuable information for their professional development by communicating with experts in their field.

## **VISIT FROM SABAHATTİN ZAİM UNIVERSITY RECTOR PROF. AHMET CEVAT ACAR TO IGU RECTOR PROF. BAHRİ ŞAHİN!**

Sabahattin Zaim University Rector Prof. Ahmet Cevat Acar and Vice Rector Prof. İbrahim Güney visited Istanbul Gelisim University Rector Prof. Bahri Sahin in his office. During the visit, views were exchanged on cooperation opportunities and academic studies between the two universities. Istanbul Gelisim University Vice Rector Prof. Necmettin Maraşlı and Secretary General Assoc. Prof. Serdar Egeli also attended to the meeting.

In the meeting, it was stated that mutual knowledge and experience sharing would make significant contributions to academic development, and it was stated that steps should be taken to create a stronger cooperation network between universities.

The visit provided an efficient platform in terms of increasing academic interaction in higher education, developing joint projects and reinforcing inter-university cooperation. At the end of the meeting, the parties expressed their positive wishes to take new steps to further strengthen their future cooperation.

## **AN EVENT TITLED "TODAY'S FEMALE LEADERS TALK, FUTURE FEMALE LEADERS LISTEN" WAS HELD AT IGU!**

Istanbul Gelisim University hosted a meaningful event within the scope of 8 March International Women's Day. In the event titled "Today's Female Leaders Talk, Future Female Leaders Listen", women leaders who have achieved significant success in the business world came together with students and shared their experiences.

The event, which was held at the K Block Auditorium, was moderated by Istanbul Gelisim University Medical Services and Techniques Department Head Asst. Prof. Nazlı Yüceol. The guest speakers were Enif Yavuz Dipşar, Head of the Social Services Department of Istanbul Metropolitan Municipality, and Seda Tunç, Otokoç Automotive Sales Manager.

The event focused on women's leadership roles in business, the opportunities and challenges they face. Guests emphasized the importance of increasing gender equality and

women's representation in business life while ensuring that students are inspired by transferring their own career journeys. By having the opportunity to interact directly with female leaders, students gained important insights in line with their future career goals.

While Istanbul Gelisim University continues to bring its students together with the successful names of the business world with such activities, it aims to contribute to the stronger participation of women in leadership roles.

### **MASTER CARTOONIST TAN ORAL'S EXHIBITION MET WITH ART LOVERS AT IGU**

Istanbul Gelisim University (IGU) hosted the works of Tan Oral, one of Türkiye's leading cartoon artists, and brought art lovers together with a meaningful exhibition. The works reflecting the artist's original lines met with art lovers in the exhibition.

IGU Vice Rector Prof. Arda Öztürkcan, Dean of the Faculty of Fine Arts Prof. Şükran Güzin Ilıcak Aydınalp, Vice Deans Assoc. Prof. Murat Doğan and Assoc. Prof. Sezgin Savaş and Art and Design Application and Research Center (SATMER) Director Asst. Prof. Mustafa Günay participated to the exhibition. IGU Faculty of Fine Arts Assoc. Prof. Nuri Sezer was the curator.

“WE AIM TO BE A PIONEER IN ART AS WELL”

Prof. Arda Öztürkcan emphasized that Tan Oral is a valuable name known in Türkiye and the world and has trained many artists and said:

“We are very happy to welcome our esteemed artist Tan Oral here today. He is a name that has inspired many cartoonists and has gained an important place in the international arena. I would like to thank him for giving me the opportunity to exhibit his works at our university. Art is not only an aesthetic concern, but also a narrative; it is a powerful language that conveys the story of history, man, and society in different ways.

As Istanbul Gelisim University, we want to continue the innovation we have achieved in the field of technology and social sciences in the field of art. According to the recently announced SCImago 2025 results, we ranked second among the foundation universities in Turkey in the field of engineering and social sciences. In the field of research, we rank fourth among the foundation universities in Turkey. We continue to work to achieve this success in the field of art."

**"TAN ORAL'S CONTRIBUTION TO US IS HUGE AND UNQUESTIONABLE"**

The curator of the exhibition Assoc. Prof. Nuri Sezer: Tan Oral has a special place for himself and many artists. He taught us a lot about cartoons and animation during our student years. He has made great contributions to our professional journey. "

**"ART IS A THING THAT HAS TO BE EXPERIENCED"**

Speaking at the opening of the exhibition, master artist Tan Oral emphasized the originality of art and stated that art is not only a technical skill, but also a process that is experienced and felt, with the words "Art is a thing that has to be experienced, learning is something else."

While this important event held in the field of art at IGU became a valuable meeting point for students and art lovers, it once again revealed the place and importance of art in society.

### **"DIGITAL MARKETING" WORLD IS DISCUSSED AT COFFEE TALKS!**

Within the scope of the Coffee Talks activities organized by Istanbul Gelisim University (IGU) Dean of Students, an interview titled "Digital Marketing Techniques" was held. In the event, where students showed great interest, the basics of digital marketing, current strategies and innovations in the sector were discussed.

The guest of the interview was IGU Faculty of Fine Arts, Television and Cinema Department Asst. Prof. Rabiya Saltik Duvan. Addressing the digital marketing ecosystem from a



comprehensive perspective, Duvan shared important information in areas such as SEO, social media management, content marketing and e-mail marketing. Participants had the opportunity to listen directly to the critical role of digital marketing in the business world and the skills required to be successful in the industry.

The event, which was attended by many students from different departments, was an important guide for those who were interested in the field of digital marketing. Throughout the event, topics such as how to keep up with the rapid change in the digital world, how brands develop their digital strategies and career opportunities in this field were discussed in detail.

With such events, Istanbul Gelisim University continues to offer its students the opportunity to master the dynamics of the digital world and prepare for professional life in a more equipped way.

### **SCIMAGO 2025 RESULTS ANNOUNCED: IGU IS AT THE TOP AMONG FOUNDATION UNIVERSITIES!**

The results of "SCImago University Rankings 2025", in which the scientific research, innovation and social impacts of the world's universities are ranked according to SCOPUS and SciVal publication and citation data, were announced. Istanbul Gelisim University (IGU), which stands out with its studies, ranked 6th among foundation universities in the general ranking and 4th in the field of research, and ranked at the top in the categories of Economics, Planning and Civil Engineering.

The results of "SCImago University Rankings 2025", which measure the social, scientific impact and innovation of universities around the world, were announced. SCImago University Ranking, which aims to give a general idea about universities by measuring the performance of universities in terms of research, innovation and social impact, helps students learn about the quality, effectiveness and prestige of a university's education. Advancing with the vision of "World University", IGU attracted attention with its studies and



opportunities for its students, and proved its success once again with the degrees it received in different fields in SCImago University Rankings 2025 results. IGU ranked 6th among foundation universities in the general ranking and 25th in Turkey; ranked 4th among foundation universities in the field of research and 8th in Türkiye.

#### IGU IS AT THE TOP IN ECONOMICS, PLANNING AND CIVIL ENGINEERING!

According to SCImago's evaluation based on Scopus and SciVal data, Istanbul Gelisim University ranked at the top among foundation universities in many areas.

Drawing attention with its research studies in different fields, IGU ranked 1st among foundation universities in the fields of Economics, Econometrics and Finance and ranked 5th in Türkiye. In the field of Planning and Development, it ranked 1st among foundation universities and 4th in Türkiye. While ranking 1st among foundation universities in the field of Civil and Structural Engineering, it ranked 11th in Türkiye.

#### TOP 2 IN BUSINESS, ENGINEERING & SOCIAL SCIENCES!

Istanbul Gelisim University continues to rise in the rankings every year with its investments in scientific research and innovation. While it ranks 2nd among foundation universities in the field of Business Administration, Management and Accounting, it rose to 5th place in Türkiye's overall ranking, where it ranked 7th last year. Standing out with its research activities, IGU ranked 2nd among foundation universities in the field of Engineering and ranked 5th by climbing 9 steps among Turkish universities. While ranking in the top 2 among foundation universities in the field of Social Sciences, it ranked 11th in Türkiye.

IGU, which has demonstrated its success in different fields, ranked 4th among foundation universities in the Energy category and 9th in Türkiye.