

# MONTHLY EVENTS AND NEWS BULLETIN



Faculty of Health Sciences ÷

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

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MARCH 2024 | ISSUE 39 | VOLUME 4

İSTANBUL GELİŞİM ÜNİVERSİTESİ



It is necessary to overcome pride in successes and to resist despair in disasters. Mustafa Kemal ATATÜRK

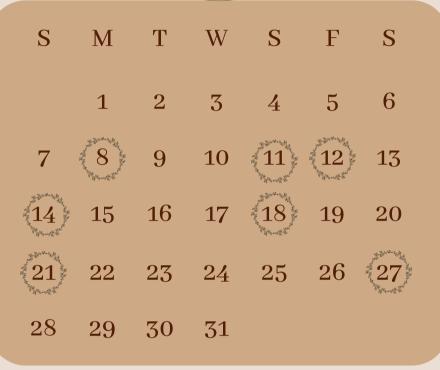
# WE HAVE NOT FORGOTTEN



# 6 FEBRUARY 2023







1 – 7 March: Green Crescent Week / Earthquake Week

8 March: International Women's Day

11 March: Beginning of the Ramadan

12 March: Acceptance of the National Anthem and Memorial Day of Mehmet Akif ERSOY

14 March: Medicine Day

18 March: Anniversary of Çanakkale Victory and Martyrs' Day

21 March: Down Syndrome Awareness Day / Nowruz Feast

27 March: World Theater Day

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4	-0	SCIMAGO 2024 RESULTS HAVE BEEN ANNOUNCED: IGU IS IN THE TOP 5 IN THE FIELD OF RESEARCH!
5	-0	IGU, WHICH GIVES FULL SUPPORT TO SUSTAINABILITY STUDIES, WAS ENTITLED TO RECEIVE A "ZERO WASTE CERTIFICATE"
6	-0	A VISIT FROM NOAKHALI SCIENCE AND TECHNOLOGY UNIVERSITY TO ISTANBUL GELIŞIM UNIVERSITY!
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9	<b>–</b> •	A VERSATILE DOCTOR: PROF. DR. BESIM OMER AKALIN PASHA AND NURSING
10		21 MARCH WORLD DOWN SYNDROME DAY: TIME TO APPRECIATE DIFFERENCES
n	<b>–</b> •	NEWS FROM THE FACULTY OF HEALTH SCIENCES
12	-0	A SEMINAR ON "ROAD TO SUCCESS: SCHOOL PREPARATION" WAS HELD AT GOKKUSAGI COLLEGE
13	-0	CONFERENCE ATTENDANCE
14	<b>–</b> 0	ACADEMIC PUBLICATIONS
15	-0	VISIT OF SOCIAL WORK DEPARTMENT STUDENTS TO ESENYURT SOCIAL SERVICES CENTER
16	-0	8 MARCH INTERNATIONAL WOMEN'S DAY EVENT WAS HELD
19	-0	MARCH 12 ACCEPTANCE OF THE NATIONAL ANTHEM AND COMMEMORATION OF MEHMET AKIF ERSOY EVENT ON THE 100TH ANNIVERSARY OF THE REPUBLIC
20	-0	14 MARCH MEDICINE DAY EVENT WAS HELD
22		18 MARCH CANAKKALE VICTORY ON THE 100TH ANNIVERSARY OF THE REPUBLIC
24	<b>-</b> •	ASIK VEYSEL MEMORIAL CONCERT AND CONFERENCE HELD
26	<b>–</b> •	THE EVENT "REFLECTING ON SEXIST LANGUAGE ON SOCIAL MEDIA' TOOK PLACE.
27	-0	"CONSCIOUS USE OF TECHNOLOGY" SEMINAR WAS HELD WITHIN THE SCOPE OF ISTANBUL PARENT ACADEMIES PROJECT
28	<b> -</b> 0	CULTURAL AND SOCIAL LIFE
29	<b>–</b> •	A WOMEN'S RIGHTS WARRIOR: NURIYE UL VIYE MEVLAN CIVELEK
32	-0	FROM THE PEN OF OUR STUDENT: FROM MOTHER EARTH TO FATHER STATE: URBANIZATION, GENDER, AND POWER DYNAMICS
33	-0	OUR GUEST OF THIS MONTH
34	<b> -</b> •	DEPARTMANTS RECOMMENDING: NUTRITION AND DIETETICS
35	<b>-</b> •	DEVELOPMENT READINGS
36	-0	THE MELANCHOLIC STORY OF THE SONG 'MY MORNING, MY NARCISUS, MY LOVE'
38	<b> </b> 0	ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

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SCIMAGO INSTITUTIONS

# SCIMAGO 2024 RESULTS HAVE BEEN ANNOUNCED: IGU IS IN THE TOP 5 IN THE FIELD OF RESEARCH!



The results of "SCImago University Rankings 2024", which measures the social, scientific impact and innovation of universities around the world, have been announced. Aiming to give a general idea about universities by measuring their performance in terms of research, innovation and social impact, SCImago University Ranking helps students obtain information about a university's education quality, effectiveness and prestige. Proceeding with the vision of "World University", IGU attracted attention with the work it carried out for its students and the opportunities it provided. It once again proved its success with the degrees it received in different fields in the SCImago University Rankings 2024 results.

Remarkable success among Turkish universities in the categories of Economics, Environmental Science, Business Administration, Energy, Social Sciences and Engineering!

Istanbul Gelisim University draws attention with its research studies in different fields in the 2024 results of SCImago, one of the university evaluation organizations. As a result of the evaluation made on SCOPUS research data, Istanbul Gelisim University ranked 25th in all fields



and 5th in the field of research among Turkish universities. IGU also ranked 2nd in Economics, Econometrics and Finance, 4th in Environmental Science, 7th in Business, Management and Accounting, 8th in Energy, 13th in Social Sciences and 14th in Engineering.

<u>Click here</u> for the news.



IGU, which gives full support to sustainability studies, was entitled to receive a "Zero Waste

Certificate"

Istanbul Gelisim University, which stands out with its sustainability studies and environmentally friendly practices, has been entitled to receive a "Zero Waste Certificate" as a result of its studies by taking care of people, nature and the use of natural resources.

Istanbul Gelişim University (IGU), which carries out studies within the scope of the "Zero Waste Project" initiated by the Ministry of Environment, Urbanization and Climate Change, has also demonstrated its quality in education with its sensitivity to sustainability. "Zero Waste Certificate" was given to Istanbul Gelisim University by the Ministry of Environment, Urbanization and Climate Change, which set out with the slogan of "zero waste for a livable world". Aforementioned institution aims to prevent waste, use resources more efficiently, prevent waste generation by reviewing the causes of waste generation; collect waste separately at its source and ensure its recovery in case of waste generation.

# Separation of wastes and efficient use of natural resources are aimed

Istanbul Gelisim University (IGU) attaches great importance to sustainability studies in all areas, especially environmental sustainability. IGU, which works within the scope of the "Zero Waste Project", aims to contribute to both the environment and the economy by separating wastes and using natural resources efficiently. IGU was entitled to receive a "Zero Waste Certificate" with activities such as:

- Placing Waste Paper, Plastic, Metal, Glass, Organic and Non-Recyclable Domestic Waste Bins,
- Separation, control and recycling of wastes at their source as a result of inspections and information provided in the units,
- Accumulation of medical wastes in orange colored pedal buckets with red bags and shipment to the waste area by medical waste personnel within 48 hours at the latest,
- Collecting the hazardous wastes within the university in the waste bins in the technical department and ensuring their shipment to the waste area by the assigned personnel,
- Providing periodic Environmental and Waste Management trainings on "Social Environmental Awareness, Waste Management Practices and Zero Waste" to university employees,
- Preparing educational videos for students and academicians and making notifications to watch them on the system.

Click here for the news.

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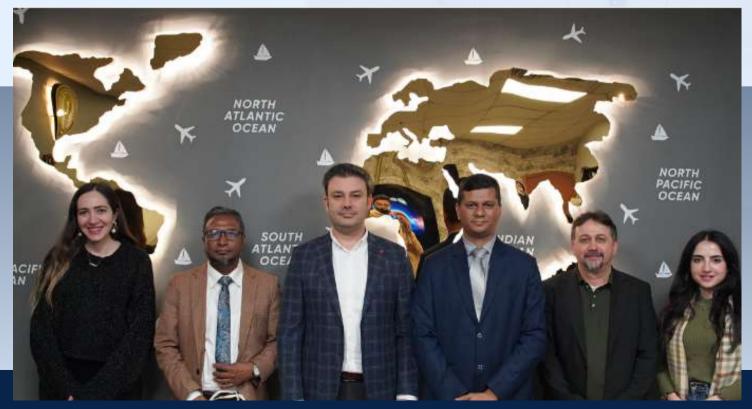
# A VISIT FROM NOAKHALI SCIENCE AND TECHNOLOGY UNIVERSITY TO ISTANBUL GELIŞIM UNIVERSITY!

A meeting was held to discuss potential collaborations and projects between Noakhali Science and Technology University in Bangladesh and Istanbul Gelişim University. Coordinated by the International Relations Coordinatorship, the meeting was attended by <u>Prof. Dr. Arda ÖZTÜRKCAN</u>, Vice Rector of Istanbul Gelişim University, and <u>Prof. Dr. Rıfat MUTUŞ</u>, Dean of the Faculty of Health Sciences.





Advancing with its vision of being a "World University" with national and international standards, Istanbul Gelişim University (IGU) continues to develop quality projects and collaborations. In this context, Prof. Dr. Atiqur Rahman Bhuiyan and International Cooperation Officer Abu Zubair from Noakhali Science and Technology University in Bangladesh visited IGU to discuss potential collaborations and projects that could be realized with the Faculty of Health Sciences. The meeting, which began with a presentation introducing IGU by the International Relations Coordinatorship, continued with a presentation by Abu Zubair, the International Cooperation Officer of Noakhali Science and Technology University. Zubair provided information about Bangladesh's economic, cultural, and social structure, as well as its universities' faculties and departments. While evaluating potential collaborations and joint efforts between the IGU Faculty of Health Sciences and Noakhali Science and Technology University, it was mentioned that an agreement would be signed soon.



# 14th March Medicine Day



# Asst. Prof. A. Yüksel BARUT

Year 1827, place Şehzadebaşı Tulumbacıbaşı Mansion, day Wednesday, March 14th. Hekimbaşı Mustafa Behçet, at the age of 21, brought up the idea of establishing the Tiphane (Hospital) during the reign of Sultan III. Selim. However, due to the ban on dissection (anatomy), Sultan III. Selim, fearing the reaction of the religious scholars, did not dare to proceed with it. It was only in the reign of Sultan Mahmud II, when he turned 53, that this dream became a reality, and the first hospital was established based on his proposal, named Tiphane-i Amire and Cerrahhane-i Amire. Medical education in Europe was determined to be four years during this period. In 1839, the Medical School was moved to Galatasaray, and the opening of the new location was conducted by Sultan Mahmud II on February 17, 1839. The school started to provide education in French under the name of "Mekteb-i Tıbbiye-i Adliye-i Şahane", and the school's name began to be written as "L'Ecole Adlivée Impériale de Médecine" on diplomas. In 1843, among the first graduates, 67 people graduated, with Salih Efendi becoming the first qualified medical doctor. In 1848, four medical doctors passed the Vienna Medical Proficiency Exam. In 1849, the first Medical Journal, named "Vekayi-i Tıbbiye", was published.

Turkish education in medicine began on October 30, 1870, during the reign of Sultan Abdülaziz, at the Mekteb-i Tıbbiye-i Mülkiye. The Medical Faculty, which constantly changed its location, moved to the Haydarpaşa Medical School Building initiated by Sultan Abdülhamit in 1894. When the construction of the building was completed, the Military Medical School moved there in 1903, followed by the Civil Medical School in 1909. After the merger of the two medical schools, it was named Darülfünun Medical Faculty, and Cemil (Topuzlu) Pasha, the Assistant of Surgical Clinic, was appointed as its first Dean.



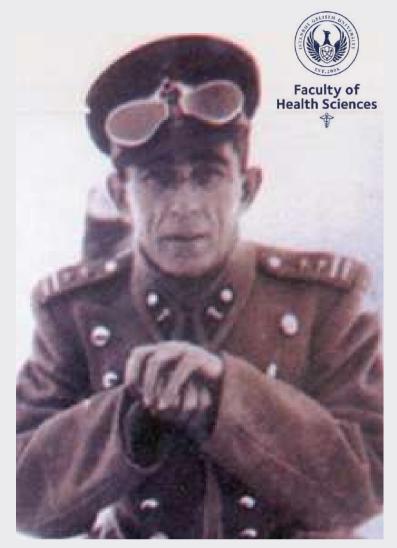


As a result of the Armistice of Mudros on October 30, 1918, the 465-year-old capital was occupied by the British on November 13, 1918. On the same day, Mustafa Kemal Pasha, who returned from Adana to Istanbul and was welcomed at Haydarpaşa Train Station, remembered the battles fought in Canakkale to prevent these ships from coming, the blood shed, and the lives lost. Seeing the occupation forces' ships anchored in the Bosphorus and their cannons pointed towards the centuries-old sovereign state's palace. Dolmabahçe Palace, he responded to the sadness and anger in the eyes of his aide, Cevat Abbas, and Rasim Ferit, a medical student, who were with him on the "Kartal" boat, with a determined voice: "They will leave as they came."

On February 3, 1919, the commander of the occupying forces who came to the Haydarpaşa Medical School Building informed Dean Akil Muhtar Pasha that they would be using the building for their own purposes and requested it to be vacated.

Throughout every era, the pioneering spirit of the medical students, who never shied away from sacrifice in the face of any difficulty, opposed the occupation and the demand to remove the Turkish flag from the building, as well as the surrender of the entire building to the occupying forces. While the lower floors were occupied by the enemy forces, medical education continued under the Turkish flag on the upper floors. In the days when meetings were prohibited in occupied Istanbul, medical student Hikmet (Boran), along with Sırrı, Kazım, İsmail, Yusuf, and Müfit, with the support of Dean Akil Muhtar Pasha, obtained permission from the occupying forces command to hold an event, citing the significance of March 14th.

On March 14, 1919, during the event attended by Dr. Fevzi Pasha, Dr. Besim Ömer Pasha, Dr. Akil Muhtar Pasha, students, and representatives of the British occupation forces, under the organization of Tibbiyeli Hikmet, a TURKISH FLAG was hoisted between the clock towers of the Haydarpaşa Darülfünun Medical Faculty Building, visible from all over Istanbul. This event marked the first spark of the War of Independence.



On August 1, 1933, Istanbul University was established to replace Darülfünun, which had been closed by the decision of the Grand National Assembly of Turkey on July 31, 1933. Istanbul University began its education in November as Turkey's "first and only university." The first rector of Istanbul University was Prof. Dr. Neşet Ömer İrdelp, and the first Dean of the Faculty of Medicine was Prof. Dr. Tevfik Sağlam.

Since 1976, celebrations have been held not only on March 14th but throughout the week including March 14th, and this week has been recognized as Medicine Week.

March 14th signifies a stance against martyrdom, poverty, and enslavement. It is celebrated as the "Holiday of Medical Personnel Who Raised the Flag of Independence Against Colonizers," and it has been celebrated and will continue to be celebrated. Happy Medicine Day to all of us.





# A VERSATILE DOCTOR: PROF. DR. BESIM OMER AKALIN PASHA AND NURSING

<u>Lecturer A. Mucella SOYDA</u>N

# Prof. Dr. Besim Ömer Akalın Pasha (1862-1940) lived in the last period of the Ottoman Empire and the first period of the Republic of Türkiye.

He graduated with top honors from "Mekteb-i Tıbbıye-i Şahane" (Faculty of Medicine) on March 13, 1885. He served as the Dean of the Medical Faculty in 1914 and as the Rector of Darülfünun (the precursor to Istanbul University) between 1919 and 1923. Retiring in 1933, Dr. Besim Ömer retired in 1933 and adopted the surname Akalın in 1934. He was elected as a member of parliament for Bilecik for two terms, in 1933 and 1939.

In the 19th century, while patient care was given by women in the developed countries of the world, it was not given in our country. After the Second Constitutional Monarchy proclamation, although the Red Crescent Society intended to train nurses, the Italian, and Balkan Wars (1912-1913) and internal problems did not allow this idea to be implemented. Nevertheless, through the efforts of Dr. Besim Ömer and his colleagues, short courses of 4-5 months were initiated to provide nurses training to both men and women. Thanks to the personal efforts of Dr. Besim Ömer, the interest of statesmen, as well as the most cultured circles of Istanbul such as commanders' wives and daughters, was ensured in these courses organized by the Red Crescent.

Dr. Besim Ömer Pasha, during his education in Paris between 1885 and 1889, observed how useful the trained nurses were for the patients and doctors, and that they were more beneficial than the nuns working in some hospitals at that time. When he went to London in 1887, he concluded that the cleanliness and order he saw in hospitals, as well as good behavior and care towards patients, were the work of distinguished and devoted nurses. When he visited the nursing school founded by Florence Nightingale, he was amazed that the school was an institution to be appreciated in all respects. Dr. Besim Ömer Pasha mentioned the opening of a nursing school within the Red Crescent Society at almost every meeting of the Society. Hilal-i Ahmer Hospital (Nursing) School, which started education and training on February 21, 1925, is a very important work and institution of the Red Crescent Society. As the school building, Kazasker Ali Rıza Mansion was rented in Aksaray Yusufpasa Haseki Street, as it is close to the "Gureba-yı Muslimin, Haseki and Cerrahpasa Hospitals" where students will practice. This mansion where the school operates is also the mansion where Halide Edip Adıvar wrote the novel Sinekli Bakkal and Mor Salkımli Ev.

Dr. Besim Ömer Akalın Pasha died of a heart attack on March 19, 1940 in Ankara. Dr. Besim Ömer Akalın Pasha grave is located in Istanbul Merkezefendi Cemetery.

Prof. Dr. Besim Ömer Akalın Pasha's contributions to the development and organization of the nursing profession in Türkiye and to take on modern nursing roles are important.

Zeytinburnu Merkezefendi Cemetery A. Mücella Soydan, 8 Eylül 2022



# 21 March World Down Syndrome Day: Time to Appreciate Differences



Asst. Prof. Deniz YILDIZ

Down syndrome is one of the most common genetic differences in humans and is a genetic condition that occurs as a result of the presence of an extra chromosome (chromosome 21) in an individual's cells. In other words, individuals with Down syndrome have three 21st chromosomes. For this reason, the United Nations recognizes March 21 as World Down Syndrome Day.

Down Syndrome does not discriminate based on country, nationality or socioeconomic level. The only factor known to cause Down Syndrome is gestational age; advancing gestational age increases the risk. It is seen on average in every 800 births and there are approximately 6 million individuals with Down Syndrome worldwide. Down syndrome can usually be diagnosed before birth. It can be diagnosed by chromosome analysis during routine prenatal screenings. After diagnosis, the support process for individuals with Down syndrome requires a multidisciplinary approach. This approach includes medical, educational, and psychosocial support providers. Early intervention programs, special education and rehabilitation services, health check-ups and family support groups play an important role in improving the quality of life of individuals with Down syndrome.

Down syndrome can cause differences in various physical and cognitive characteristics in an individual's development. Individuals with Down syndrome may often have characteristic facial features, low muscle tone, and delays in cognitive development. This may lead to some differences in mental and physical development. However, these differences do not limit an individual's life value or potential. Individuals with Down syndrome, like everyone else, can lead meaningful and productive lives. In this context, Down Syndrome Day is held every year on the 21st of March in order to increase the level of awareness and understanding in society about the lives of individuals with Down syndrome. This day aims to support and include individuals born with a genetic condition such as Down Syndrome by enriching the social perspective on their lives. It aims for society to better understand, support and accept the lives and rights of individuals with Down Syndrome. In order to make all these purposes visible, World Down Syndrome Day is celebrated every year in many countries by wearing colorful socks on the feet, based on the fact that chromosomes resemble socks in shape. This is actually a visible way of saying that we are all different, we are not afraid of differences and we embrace our differences. Facilitating acceptance of differences can make it possible for these individuals to take a more visible place in society and to be more socially and economically included in life through the implementation of policies that encourage diversity in workplaces and educational institutions. For all these reasons, World Down Syndrome Day offers an opportunity for all of us to make individuals with Down Syndrome and their needs more visible and to show them how valuable they are to everyone, and we celebrate this day with excitement every year. We love them very much for the added value they offer to the world.

### 21 Mart Dünya Down Sendromu Günü: Farklılıklara Değer Verme Zamanı - Sağlık...

21 Mart Dünya Down Sendromu Günü: Farklılıklara Değer Verme Zamanı

# SAYFA | 10



# <section-header>1000NEWS FROM THE<br/>FACULTY OF HEALTH<br/>SCIENCES





years in medicine Every year, as part of the 14 March Medicine Week activities, the Istanbul Medical Chamber honors experienced physicians who have spent half a century in the profession for their services. This year, <u>Dr. Abdullah Yüksel BARUT</u>, the esteemed vice dean of our faculty, received this honor plaque. Celebrating his 50th year in the profession, Dr. BARUT continues to contribute to the field of medicine by transferring his knowledge and experience to future generations.

# A SEMINAR ON "ROAD TO SUCCESS: SCHOOL PREPARATION" WAS HELD AT GÖKKUŞAĞI COLLEGE



On March 16, 2024, a seminar titled "The Road to Success: School Readiness" was conducted by <u>Prof. Dr.</u> <u>Nefise Semra ERKAN</u>, a faculty member of the Department of Child Development at Istanbul Gelişim University, Health Sciences Faculty. The seminar took place at Gökkuşağı College Ankara Alacaatlı Campus and was aimed at kindergarten, elementary school teachers, and parents.

During her speech, ERKAN emphasized the importance of making a positive start to school in a child's life, stating that children who face academic and social challenges in the early school years are more likely to encounter similar problems throughout their school and adult lives. She mentioned that school readiness encompasses the sum of relationships, experiences, interactions, and connections that develop from birth, or even before birth, and that it involves being ready to perform certain behaviors expected by the school as a result of maturity and learning.

ERKAN emphasized that school readiness is not only about the child, highlighting that schools, families, and society contribute to readiness, and underscored the importance of sharing the responsibility of preparing children for school among all stakeholders. The seminar concluded with the answering of participants' questions.

# **Conference Attendance**

BURSA TKA

LUSLARARASI

5 BURSA

1-3 MART 2024



Asst. Prof. Aslı KAYA, a faculty member of the Faculty of Health Sciences at Istanbul Gelişim University (IGU), represented IGU by organizing the "5th International Bursa Scientific Research Congress," which she named to serve the culture of Bursa, the city where she resides, in collaboration with UBSDER Association and Bursa Technical University. The congress took place in Bursa from March 1 to March 3, 2024.

Asst. Prof. Aslı KAYA received the plaque presented under the sponsorship of UBSDER Association President Dr. Nadire KANTARCIOĞLU from the Rector of Bursa Technical University, Prof. Dr. Naci ÇAĞLAR.

<u>Asst. Prof. B. Çağatay AKSU</u>, the Head of the Department of Health Management at IGU, and Assistant Professor Aslı KAYA, the Deputy Head of the Department, chaired sessions at the congress and presented certificates to the academics who made presentations.

Students from the Department of Health Management and Nursing at IGU attended the congress, where they learned from the scientific studies presented and also explored the historic sites of beautiful Bursa such as the Grand Mosque, Tophane, Koza Han, Irganda Bridge, and the Green Tomb.

# **Academic Publications**



### Accepted 20 Neuronter 2022 Accepted 27 February 202 24th 49.510 June (1999)

DRIGINAL ARTICLE

# Interaction of talus and calcaneus morphometric values and estimation of carcass weight in cattle

Mehmet Kartal<sup>1</sup> | Yasemin Östündağ<sup>2</sup> | Rifat Mutus<sup>1</sup> | Derva Silibolatlaz Baykara<sup>2</sup> | Muhsin Öztürk<sup>4</sup> | Zihni Mutlu<sup>3</sup>

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The article titled "Interaction Of Talus And Calcaneus Morphometric Values And Estimation Of Carcass Weight In Cattle", prepared by our faculty members <u>Asst. Prof. Mehmet</u> <u>KARTAL</u> and <u>Prof. Dr. Rifat MUTUŞ</u> and other faculty members, has been published in the JOURNAL OF VETERINARY MEDICINE SERIES C: ANATOMIA HISTOLOGIA EMBRYOLOGIA, which is a Q1 category journal.



The oral presentation titled "A STORY OF ANXIOUS WAITING: BURSA CITY'S RESILIENCE AGAINST DISASTER RISK", prepared by our faculty members <u>Asst. Prof. Aslı KAYA</u> and Dr. Onur UZEL from the Department of Health Management, was presented as an oral presentation at the 5th International Bursa Scientific Research Congress..

> The oral presentation titled "THE RELATIONSHIP BETWEEN ARTIFICIAL INTELLIGENCE ANXIETY AND WORKER ATTITUDES AND BEHAVIORS", prepared by our faculty member <u>Asst. Prof. Asli</u> <u>KAYA</u> and Dr. Semiha KILIÇASLAN, faculty member at Malatya Turgut Özal University, from the Department of Health Management, was presented as an oral presentation at the 5th International Bursa Scientific Research Congress.



The oral presentation titled "EXAMINING THE RELATIONSHIP BETWEEN ACADEMICIANS' ARTIFICIAL INTELLIGENCE ANXIETIES AND ATTITUDES TOWARDS DISTANCE EDUCATION", prepared by our faculty member <u>Asst. Prof. Bumin Çağatay AKSU</u>, from the Department of Health Management, was presented as an oral presentation at the 5th International Bursa Scientific Research Congress.

# Visit of Social Work Department Students to Esenyurt Social Services Center

The Department of Social Work at the Faculty of Health Sciences (FHS), head of Department <u>Prof. Dr. İsmet Galip YOLCUOĞLU</u>, visited the Esenyurt Social Services Center with first-year students of the Social Work Department on March 12, 2024, on Tuesday.



The event aimed to introduce students to the professional fields of the social work occupation, with a particular focus on the operations of official institutions, especially the Social Services Centers operating under the Ministry of Family and Social Services. During the event, Mr. Mehmet DOĞANPINAR, the director of the center, gave an informative speech introducing the institution and its operations to our students and engaged in one-on-one interactions to address their questions about social work practices and procedures in the public domain.



Following the meeting, a social worker led the students through the facility, where they learned detailed information about the center's physical amenities and social services. The social worker provided detailed information about the social work interventions conducted and answered the students' inquiries.

# **8 March International** Faculty of **Health Sciences Nomen's Day Event was Held**

The "8 March International Women's Day" Istanbul organized by Gelişim event. University Faculty of Health Sciences, Department of Health Management, Nursing TR/EN Departments and IGU Youth Choir, was held on March 6, 2024, at the Mehmet Akif Ersoy Conference Hall. Valuable speakers, Public Poet Süreyya KAYA and Sociologist Ayla BAG, participated in the event. Bursa's Rejuvenating Folk Songs Project Community also took part in the event.



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The event started with the opening speeches of Deputy Dean of the Faculty of Health Sciences Asst. Prof. Abdullah Yüksel BARUT, Dean of the Faculty of Health Sciences Prof. Dr. Rifat MUTUS and Rector of Istanbul Gelisim University Prof. Dr. Bahri ŞAHİN.



# 8 March International Women's Day Event was Held





Following the opening speeches emphasizing the place and importance of women in Turkish culture, Sociologist Ayla Bağ began her speech with the words of Mustafa Kemal Atatürk: "O heroic Turkish woman! You are worthy not of crawling on the ground, but of soaring to the skies on your shoulders." Ayla Bağ, who is also from Tokat, continued her speech with reference to the legend of Kırkkızlar, believed to have given its color to YeşilırmaK, passed down in the Niksar district of Tokat, and considered to be the source of the region's untouched moral values according to legend. After the legend of Kırkkızlar, Ayla Bağ, in recognition of the special significance of International Women's Day on March 8th, shared success stories of Turkish women, each story highlighting the power of women, expressing her happiness to be together with the youth. She concluded her speech.

Women's The International Day event continued with the deeply touching poems of Folk Poet Süreyya Kaya, which resonate deeply with the hearts of people. Süreyya Kaya beautifully portrays the beauty of various parts of Türkiye through city praises while also depicting the unique, inspiring, foundational, powerful, and self-aware portrait of "woman" with her poem "Mother." Ending her words by wishing a happy Women's Day to all women around the world, Folk Poet Süreyya Kaya was greeted with applause.

# 8 March International Women's Day Event was Held



Following the speeches of the distinguished guests, the IGU Youth Choir and the Rejuvenating Folk Songs Project Community sang folk songs from various regions of our country under the leadership of Music and Folklore Expert Erdinç Ertüzün. The event, which turned into a feast accompanied by everyone who attended the event, ended with the presentation of certificates of appreciation to the guests after entertaining moments.



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# C+ C+ C+ C+ Faculty of Health Sciences

# Acceptance of the National Anthem and Commemoration of Mehmet Akif Ersoy Event on the 100th Anniversary of the Republic

On March 12, 2024, the "Acceptance of the National Anthem and Commemoration of Mehmet Akif Ersoy in the 100th Year of the Republic" event was organized by the Faculty of Health Sciences' Health Management and Social Work departments at the Mehmet Akif Ersoy Conference Hall of Istanbul Gelişim University. The event began after the opening of the "National Anthem Composition Exhibition" prepared by <u>Asst. Prof. Aslı KAYA</u> and the IGU Youth Choir.

Esteemed speakers, Professor Dr. Fuat ODABAŞIOĞLU and the Head of the Social Work Department, <u>Prof. Dr. İsmet Galip YOLCUOĞLU</u>, participated in the event. Following a moment of silence and the recitation of the National Anthem, the event continued with opening speeches by <u>Asst. Prof. Abdullah Yüksel BARUT</u>, Deputy Dean of the Faculty of Health Sciences, and the Rector of Istanbul Gelişim University, <u>Prof. Dr. Bahri ŞAHİN</u>. The event proceeded with a presentation by Prof. Dr. İsmet Galip Yolcuoğlu from the Department of Social Work, who elaborated on Mehmet Akif's life and works. Yolcuoğlu discussed Mehmet Akif's challenging life during the decline of the Ottoman Empire, his personality, worldview, and the themes of his works. Yolcuoğlu highlighted Akif's dedication, diligence, and intelligence throughout his life, making him an exceptional figure and a great poet, as well as his support for the National Struggle and the inspiration he provided to his students and surroundings.

The Acceptance of the National Anthem event on March 12 continued with a presentation by Fuat Odabaşıoğlu. Odabaşıoğlu drew attention to the lyrics written and sung with the intention of being used as a march before the creation of the National Anthem. He continued his presentation by discussing the story of the creation of the National Anthem and Mehmet Akif's role in its birth, which we still recite with enthusiasm today. Odabaşıoğlu mentioned, "...it is said that Mehmet Akif wrote the National Anthem in Taceddin Dergah within 10 days. After the National Anthem was written, it was first recited on March 1, 1921, in the Turkish Grand National Assembly by the Minister of National Education of the time, Hamdullah Suphi Tanriöver." Following Odabaşıoğlu's remarks, the Istanbul Gelişim University Youth Choir enthusiastically recited all 10 stanzas of the National Anthem on stage and was applauded by the audience.

The event concluded with the presentation of plaques and certificates of appreciation to the guests following their speeches.







# 14 MARCH MEDICINE DAY EVENT WAS HELD

Faculty of Health Sciences

"14 March Medicine Day" event The organized by Istanbul Gelişim University Faculty of Health Sciences Department of Health Management, Nursing TR/EN Departments, and the IGU Youth Choir was held on March 14, 2024, at Istanbul Gelişim University's Mehmet Akif Ersoy conference hall. Esteemed speaker Prof. Dr. Kadircan KESNKINBORA participated in the event. Additionally, the Bursa's Rejuvenating Folk Songs Project Group, under management the of Erdinc ERTÜZÜN, also participated in the event.



The event started with the opening speech of <u>Abdullah Yüksel BARUT</u>, Deputy Dean of the Faculty of Health Sciences. Barut, who has completed his 50th year as a doctor, briefly touched upon the story of March 14 in his opening speech. Representing the medical students, Hikmet Boran, who attended the Sivas Congress, when the issue of the American mandate came up, said, "Turkish youth sent me here to participate in the efforts for independence. I cannot accept the mandate and guardianship." (then, looking at Mustafa Kemal Pasha); "If you accept the idea of a mandate, I will reject you too!" He praised the courage of Hikmet Boran from the Medical School and concluded his speech with the following lines from Nazım Hikmet's poem "On Living":



"You must take living seriously,

to such an extent that,

for example, your arms are tied behind your back, your back is against the wall,

or you're wearing big glasses,

with a white coat in a laboratory,

you will be able to die for people,

even for people whose faces you've never seen,

even when no one has forced you to do so, even though you know that the most beautiful and real thing is to live." After the opening speech, Prof. Dr. Kadircan Keskinbora began his presentation. Keskinbora recounted how March 14 was first celebrated and the story behind why March 14 is celebrated as a holiday for Turks as follows:



"The Ottomans were defeated in the First World War and the invaders seized the Tibbiye-i Şahane building, which was the Faculty of Medicine at the time, because it was close to the port. Medical students were confined to one section, and student dormitories were also moved to the basement. However, the medical students did not remain silent and protested against the occupation."

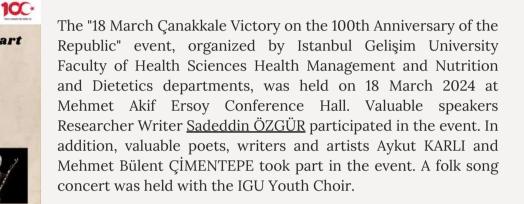
Prof. Dr. Kadircan Keskinbora continued his words by recounting that on the morning of March 14, medical students prepared a Turkish flag, bypassed the British guards, climbed onto the roof between the two towers of the school, and then waved the large flag between the two towers. Referring to the practical wit of the medical students arrested after this protest, Keskinbora mentioned how they managed to avoid arrest by presenting the reason that "Medical students told the British, 'March 14, 1827, is the date when modern medical education began in the Ottoman Empire. We celebrate March 14 every year," thus escaping arrest.



Prof. Dr. Kadircan Keskinbora concluded his speech by stating, "The establishment of the Medical School was celebrated for the first time in this way. March 14 has become one of the symbolic dates of the 'National Struggle' since 1919, and it has been recognized as the Medicine Day on March 14." Following the speech of the esteemed guest, the IGU Youth Choir and the Reviving Folk Songs Project Group performed folk songs from various regions of our country under the leadership of Music and Folklore Expert Erdinç Ertüzün. After everyone present joined in singing the folk songs, the event concluded with the presentation of a plaque to the esteemed guest, Prof. Dr. Kadircan Keskinbora.



# 18 MARCH ÇANAKKALE VICTORY ON THE 100TH ANNIVERSARY OF THE REPUBLIC



The event started with the opening speeches of Vice Dean of the Faculty of Health Sciences <u>Assist. Prof. Abdullah Yüksel BARUT</u> and Rector of Istanbul Gelisim University <u>Prof. Dr. Bahri ŞAHİN.</u>



Cumhuriyet'in 100. yılında 18 Mart

Canakkale Zaferi

İGÜ Sağlık Bilimleri Fakültesi

Sağlık Yönetimi me ve Diyetetik Bölümü

İGÜ Genelik Korosu

18 Mart 2024 Pazartesi

13:30-16:30 İGÜ Mehmet Akif Ersoy Konferans Salonu

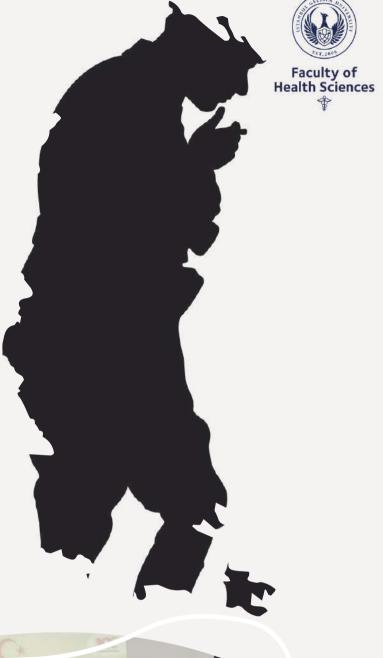
Aykut KARLI Şair-Yazar-Sanat

After the opening speeches about the importance of the Çanakkale Victory, researcher writer Sadeddin Özgür started his speech with his words explaining the importance of Çanakkale and the Çanakkale Victory in history and emphasizing the importance of understanding Çanakkale. Decorating his words with Çanakkale poems accompanied by saz, Sadeddin Özgür completed his speech after Prof. Dr. Bahri ŞAHİN's plaque presentation.

The event continued with Aykut Karlı greeting the audience and introducing another valuable participant of the event, Mehmet Bülent ÇİMENTEPE, the grandson of a soldier who fought in Çanakkale. Karlı asked Çimentepe to tell the story of his surname, and Çimentepe told the story of his surname as follows.

"My grandfather fought in Çanakkale and later applied to the civil registry office to get a surname in accordance with the surname law. There were suggestions about taking a surname, but my grandfather could not decide. The civil registry director asked where in Çanakkale did you fight? When my grandfather said Çimentepe, our surname came from his heroism."

The event continued with Aykut Karlı's saz and lyrics, Mehmet Bülent Çimentepe's bendir, and IGU Youth Choir accompanying Çanakkale folk songs. After the folk songs accompanied with intense emotions by everyone who attended the event, the event ended with Assoc. Prof. Abdullah Yüksel Barut presenting their plaques to Aykut Karlı and Mehmet Bülent Çimentepe and taking photos.





# Aşık Veysel Memorial Concert and Conference Held



On March 19, 2024, at 14:00, the event titled "Aşık Veysel Memorial Concert and Conference" was held at the Mehmet Akif Ersoy conference hall by the Istanbul Gelişim University Faculty of Health Sciences, Departments of Audiology and Health Management, and the İGÜ Youth Choir.

Faculty of Health Sciences

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The speaker of the event, Nazender Süzer Gökçe, is the grandson of Aşık Veysel. During the event, Nazender Süzer Gökçe shared information about Aşık Veysel's life.

Aşık Veysel's art is one of the most precious examples of folk poetry tradition. He wrote poems that touched people's hearts using simple, sincere, and heartfelt language. His works express the joys, sorrows, loves, and hopes experienced among the people, reflecting the common feelings of the Turkish nation.

Aşık Veysel's art shines not only in his poems but also in his ability to play the saz (a Turkish musical instrument). Being a master of saz playing as well, Veysel performed many of his works accompanied by this instrument. His melodies, combined with deep emotions, enchanted listeners.







The program continued with a unique music performance by Lecturer Çetin Erdem Usanmaz. The IGÜ Youth Choir accompanied Instructor Çetin Erdem Usanmaz. The program concluded with a rendition of the song based on Aşık Veysel's poem "Uzun İnce Bir Yoldayım" (I Am on a Long, Narrow Road) performed by the choir.

> I am on a long, narrow road I walk day and night I don't know in what condition I am I walk day and nigh Aşık Veysel Şartıoğlu



Aşık Veysel is not only a poet but also one of the most precious pieces of humanity's shared cultural heritage. In our event, Aşık Veysel was commemorated with his memories and folk songs. The event concluded with the presentation of plaques and certificates of appreciation.



# THE EVENT "REFLECTING ON SEXIST LANGUAGE ON SOCIAL MEDIA' TOOK PLACE.



On Tuesday, March 27, 2024, the event titled 'Reflecting on Sexist Language on Social Media' was organized by the Istanbul Gelişim University Social Work Club in the E Block Tusi Conference Hall. The event was attended by both department students and faculty members. Starting at 14:00, the event began with an opening speech by moderator <u>Asst.</u> <u>Prof. Yonca Güneş Yücel ATALAY</u>, followed by a presentation by <u>Asst. Prof. Ayşe AYDIN</u>, a faculty member from the Department of Sociology at İGÜ Faculty of Economics, Administrative and Social Sciences. The guest speaker addressed the findings and content of her research titled 'An Examination of the Use of Sexist and Obscene Language in the Fight against Violence against Women: The Case of Şule Çet Solidarity Platform,' which is one of Dr. Ayşe Aydın's publications.



Asst. Prof. Ayşe Aydın, highlighted the importance of raising awareness about the unconscious use of sexist insults and discourse on social media, emphasizing how they perpetuate gender inequality. Following the guest speaker's knowledge-sharing session, a question-and-answer session was coordinated by the moderator between students and the speaker. Questions from students mainly focused on identifying effective steps in combating gender inequality in the process, involving individual and societal dynamics. After the questions were answered, Asst. Prof. Ayşe Aydın was thanked, and the event was concluded.



# "Conscious Use of Technology" Seminar was held within the scope of Istanbul Parent Academies Project





Istanbul Gelisim University Faculty of Health Sciences, Department of Child Development (Tr) <u>Lecturer Buse</u> <u>KERİGAN</u> held a seminar on "Conscious Use of Technology" for parents at Avcılar Ambarlı Primary School within the scope of Istanbul Parent Academies Project organized by Istanbul Provincial Directorate of National Education on 21.03.2024.

KERİGAN started her speech by asking parents how many hours a day they spend with technology. After analyzing the relationship of parents and their children with technology, she talked about the types, causes and possible consequences of technology addiction. She shared with the parents the results of research on children's use of technology in our country. Within the presentation, information about the duration of technology use according to different age groups was given and examples of what parents can do were shared.

Since parents of both primary school and kindergarten students attended the seminar, application examples for different age groups were presented. The seminar ended with answering the questions of the participating parents.

İstanbul Veli Akademileri Projesi Kapsamında 😡 IGU

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CULTURAL AND SOCIAL LIFE

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WHO IS WHO? Prepared by <u>Res. Asst. Semanur OKTAY</u>



# A Women's Rights Warrior Nuriye Ulviye Mevlan Civelek

"The issue of femininity is a matter of rights, a matter of freedom. Women are tired of the slave life they have lived for centuries. The liberation of women will be their own work." Women's World Magazine





Nuriye Ulviye was born in Balıkesir in 1893. Coming from a Circassian family, Nuriye's father, Hacı Mahmut Bey, was a wealthy man who owned a farm. Nuriye, who has a brother and a sister, saw, knew and experienced what it meant to be a girl in traditional families from a very young age. The behavior towards her brother within the family and the behavior towards herself and her sister were disturbingly different. While her brother's wishes were always fulfilled, the girls were often ignored. In Nuriye's family, the son was considered the "most important member" of the family.

When Nuriye was only 6-7 years old, due to an incident involving her brother, the wealthy Hacı Mahmut family became unable to even afford the educational expenses of their school-aged children. These events would change the course of Nuriye Ulviye's life...

The family, which was experiencing financial difficulties, had their daughter Nuriye accepted to Yıldız Palace with the help of a relative. Nuriye now started to live in the palace where the empire's unlimited opportunities were offered. Here, in addition to religious education, she also received behavior and language lessons. She was given the name "Ulviye" because of her successes and hard work.

Her happy days in the palace came to an end when she found herself married to a man as old as her grandfather at the age of just 13. However, her life overshadowed by marriage would be enlightened again two years later with the declaration of the Second Constitutional Era. Nurive Ulvive was an intelligent woman who felt a deep excitement in the face of the freedoms, equality, and fraternity that the constitutional era brought to the Ottoman Empire. She considered these ideas in terms of women's social status and drew some conclusions for both her own life and Turkish women. Her first step for her own life was to end her marriage, which she referred to as the shadow of her life. As for Turkish women, she founded a society called the Ottoman Defense of Women's Rights Society in 1913 to ensure that women gained institutional identity.

For Turkish women, she founded a society called the Ottoman Defense of Rights Nisvan Society in 1913 in order to ensure that women gained a corporate identity. When she was only 20 years old, she started publishing Women's World on a daily basis, which was the first feminist magazine established as the publication of the society and successfully kept all kinds of women's issues on the agenda. Nuriye Ulviye, in her editorial titled "Towards Progress" in the issue dated April 8, 1913, explained the purpose of publishing this magazine in her own words as follows;

"I constantly pondered the necessity for our lives, which sadly yielded to sorrow and proved futile, to now progress and enlighten. My thoughts on the importance of both practical courage and spiritual courage, in other words, contemporary personality, had matured significantly. In the light of the awakening era we live in and the social sciences that form the foundation of the established society, I embarked on publishing a newspaper that would courageously take the necessary steps for the advancement of women"

Women's World continued to be published first daily and then weekly, and in line with the principle of "Unless women's rights and laws are recognized, men's articles will not be included", only women took part in the magazine.

Nuriye Ulviye, courageously advocating for women's rights on the path of womanhood, made it her way of life. She left a mark in history with her words: 'The goal of feminism is not only to regulate the life of womanhood but also the lives of men alongside womanhood. And to make both of them live more comfortably and happily, due to their being human.' She criticized women not being seen as a part of life, as a complementary subject of social life, and insisted throughout her life that the social mechanism should be reorganized.









Nuriye Ulviye passed away in Hatay Kırıkhan in 1964. A street in Kırıkhan was named after her and a Public Library named after Nuriye Ulviye Civelek was established.

Nuriye Ulviye's mausoleum is located in Kırkhan and her tombstone is decorated with the following lines written by İffet Halim Oruz, a poet, writer and women's rights advocate who played an active role in the women's movement in Turkey;

"Cry mercy as you pass by, oh traveler, For a life that flowed with virtues and good deeds. Not every soul is granted such grace, This mortal, who spent years serving the nation, Ulviye Nuriye, brings honor to our womanhood."

Today, despite all the time that has passed, Nuriye Ulviye's thoughts still remain current, and just as the light she shed illuminated the path of women that day, she encourages women to seek their rights today.

FROM THE PEN OF OUR STUDENT From Mother Earth to Father State: Urbanization, Gender, and Power Faculty of **Health Sciences** "The urban revolution was indeed the beginning of male domination. A profound change accompanied these social and political transformations, in the role women played in society and as the central figure in religion. No longer was the fertility of the land the source of all life and creativity; it was now the state with its inventions, techniques, concrete thinking, and laws. Kürşat Bumin "City in Search of Democracy"

This passage, quoted from Kürşat Bumin's work "Demokrasi Arayışında Kent" ("The City in Search of Democracy"), discusses the transformation in gender roles and power dynamics accompanying the rise of urbanization and technology. In other words, the echoes of the urban revolution have left deep marks on our social fabric. Once a symbol of fertility, the land has now been replaced by concrete structures and steel towers. This transformation has not only altered the silhouette of cities but also transformed gender roles and power dynamics. The transition from the nurturing arms of "Mother Earth" to the strict rules of "Father State" marks a significant milestone in the evolution of our language and values.

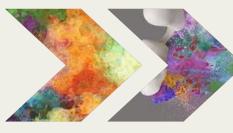
The Industrial Revolution increased the value of physical strength; however, this led to the reinforcement of social hierarchies by burdening the shoulders of the working class with heavier loads. While men took their place within the economic machinery, why were women condemned to remain within the four walls of the home for so long? Economic autonomy was a birthright for men, so why did women only manage to attain this right after a long and arduous struggle?

Amidst educational inequalities, glass ceilings in the workplace, wage disparities, imbalances in social rights, and sexual harassment, women have fought to defend the freedoms bestowed upon them by nature. Equality before the law became a milestone on this long and arduous journey; however, we still have a long way to go to achieve true equality in our social lives.

For instance, in Türkiye, despite nearly equal population distribution, gender inequalities persist in employment and social life. Statistics shed light on the challenges women face both in their professional and personal lives. Domestic violence and femicides reflect the darker side of society and raise questions about the reality of "equality before the law".

As the younger generation, we must stand against gender inequalities and strive to create unity beyond societal gender roles. We should celebrate the freedom and diversity of each individual, and oppose uniformity and discrimination. We need to raise our voices for equality and freedom, and fight for a fairer society by defending the diversity of colors.

Çağla ILGIN Sosyal Hizmet Bölümü 2. Sınıf Öğrencisi



# OUR GUEST OF THIS MONTH



# Lect. Ayşe Mücella SOYDAN



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue. 1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place? Elevating the quality of life within the context of human rights and social rights involves safeguarding and enhancing standards

2-Which of the inventions would you like to be the inventor of? Morse Alphabet

# 3-If you could witness any event in the past or future, which event would you choose?

At a London Red Cross Conference, Florence Nightingale (1820-1910) was greeted with respect by over three hundred delegates, including princes of the royal family, as she entered the conference hall. Witness to this event was Prof. Dr. Besim Ömer Akalın (1862-1940), whose contributions were crucial to the development, organization, and assumption of modern nursing roles in Türkiye.

4-If you were to write a book, what would it be named? Feeling Good

5-If they made a movie about your life, which actor/actress would you like to play you? Julia Roberts

6-What are the 5 words that best describe you? Love, respect, discipline, flexibility, self-sacrifice

7-What kind of talent would you like to have? I am pleased with who I am right now

8-Who is your hero? Mustafa Kemal ATATÜRK

9-Who is your favorite author? Aziz NESİN, Ayşe KULİN

**10-What word would be the summary of the years you lived?** Work and dedication



# DEPARTMANTS RECOMMENDING NUTRITION AND DIETETICS



# BOOKS

# Ogullar ve Rencide Ruhlar

"Ogullar ve Rencide Ruhlar" by Alper Canigüz opens the doors to a world of dark humor and gripping suspense in the literary realm. The complex relationships between characters and mysterious events, combined with Canigüz's unique style and in-depth character analyses, immerse the reader in a breathless adventure between the pages. If you're looking for an exciting read, don't miss this book!

# The Complete Cosmicomics

In this book, Calvino explores the mysteries of existence, matter, and the diversity of life on Earth. As we wander through a world filled with characters, places, events, and emotions crafted by Calvino's creative genius, we encounter moments that push the boundaries of imagination. Calvino's stories turn our perceptions of the concrete world upside down and transport us to different dimensions. The book offers a unique thought experience and journey of discovery.

# TV SERIES

## A Round of Applause

Focusing on Metin, who, like all of us, suffers from existential pains, the film explores his desire to return to the days of vitamin-rich oranges and the idea that life shouldn't be overthought too much. This is a Netflix Turkey production.

# **The Mentalist**

"The Mentalist" is a cleverly crafted and exciting series of detective stories. Patrick Jane, a talented observer and psychologist, uses his special abilities to solve murders with his team. Jane's ability to quickly decipher people's psychology, his keen observational skills, his ability to detect lies, and his clever tactics shed light on cases that the team cannot solve. If you're looking for a crime drama with a bit of mind games, you should consider watching "The Mentalist."

# ALBUM

# Petals for Armor - Hayley Williams

Hayley Williams' debut solo album blends stirring lyrics with indie and pop tones that will stir listeners' inner worlds. The songs, a reflection of Williams' journey of growth and self-acceptance, address universal themes such as emotional struggles, selfacceptance, and rebirth. They encourage listeners to express their feelings boldly and discover their inner strength.

# MOVIE

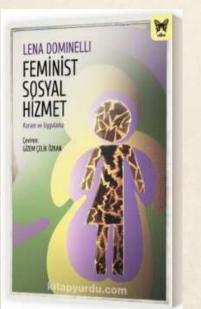
### Captain Fantastic - Matt Ross

"Captain Fantastic," featuring Viggo Mortensen's magnificent performance, tells the poignant story of a family questioning an extraordinary life in the arms of nature. The adventure of a father and his six children, who are enthusiasts of nature and freedom against the consumer madness of the modern world, deeply affects the audience. This film, which skillfully handles themes such as connection to nature, family bonds, and individual freedom, both makes viewers think and takes them on an emotional journey.

# **Development Readings**



# P<u>ursuing Gender Equality:</u> An In-depth Look at Feminist Social Work



# Asst. Prof. Yonca Güneş YÜCEL

Lena Dominelli's book, Feminist Social Work in Theory and Practice, aims to thoroughly understand the harmony of feminist theories in social work practice and its effects on practical applications. While Dominelli explores ways to combat sexism, inequality and injustice in social work practices, she also discusses the necessary policies, principles and approaches to make social work more inclusive, equitable and fair.

While the book study focuses directly on the experiences of women in social work practice, it examines how gender functions within social structures and its effects on individuals' entire lives. Dominelli makes visible how social work practices can be shaped by a gender-focused perspective and how and what kind of contribution this perspective can contribute to achieving more equitable and effective results in social work practice. Emphasizing that social work should deal not only with individuals but also with structural inequalities that spread throughout society; It underlines that feminist social work is an empowering approach to social work that centers on the principles of social justice and equality. By containing both theoretical frameworks and practical application examples, the book is a guide that provides an in-depth content and road map on gender equality and social justice for social workers, academics, students and anyone interested in feminist theory.



# THE MELANCHOLIC STORY OF THE SONG 'MY MORNING, MY NARCISUS, MY LOVE'

# Asst. Prof. Aslı KAYA

According to legend, the young Prince Salim Shah of the Cihangir Khanate falls in love with a young and beautiful dancer named Anarkali, whom he admires when he sees her dance one day. Time passes, and Prince Salim Shah, who is captivated by this beautiful dancer, wants to marry her. However, the rules of his country do not allow it. A prince marrying a commoner, especially a dancer, is out of the question. But the heart does not obey orders. Despite all the rules and prohibitions, this love grows, intensifying even more.

The love story of Anarkali and Prince Salim Shah becomes legendary, spreading throughout the kingdom, passed down from mouth to mouth. However, this situation is never accepted by the prince's father, Emperor Akbar, who forbids the lovers from seeing each other. Despite all the prohibitions, the love between Anarkali and Prince Salim Shah continues to grow stronger every day, defying all odds. Realizing that he cannot deal with this love story spreading to neighboring kingdoms, Emperor Akbar finds a solution in separating the lovers. The solution is very cruel.

The beautiful dancer Anarkali is imprisoned in a narrow room built in the middle of the city, without windows, and surrounded by four walls, as a lesson. The entrance door is also sealed shut with a wall built behind it. In a sense, Anarkali is left to die. Prince Salim Shah is bewildered and helpless, while the city's people, who have made this love story legendary, are tearful and shocked. Every day, they come to the front of this cell, hoping for the mercy of the prince to forgive the beautiful Anarkali. As time passes, hope fades, and helplessness surrounds everyone. Even if the walls were to crumble, there is no chance for the beautiful Anarkali to survive in this cell. The people slowly withdraw, leaving the front of the waiting wall empty, but the love-stricken prince does not leave his beloved alone. With silent resignation, he continues to wait, his eyes fixed on the wall where the door was sealed.

As seasons pass and spring arrives, nature comes back to life, and one day, a movement begins on that stone wall. Between the stone masonry of the door through which the beautiful Anarkali entered, a delicate, slender branch sprouts. Hearing about this, people gather again in front of the cell and start watching this sprout of life every day.

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As days pass, new branches and shoots emerge from the heart of that stone wall, and the branches laden with buds envelop the surroundings. It is clear that love will blossom...

One morning, those who come to the front of the wall see that it is covered with red narcissus flowers from top to bottom. They watch the miracle with admiration and astonishment. It's as if all the beauty of the beautiful Anarkali resides in these narcissus flowers. Overnight, all the narcissus flowers have bloomed, and the prince, who has been waiting for his love with hope for seasons, leans against the wall, surrendering his soul with a happy expression amidst the narcissus flowers.

The flowers of love have bloomed, but the heart of the lovelorn prince could not withstand the splendor of those flowers reflecting the beauty of Anarkali.

The legend has it that; the emergence point of those beautiful fiery-red narcissus flowers is the love-filled heart of the beautiful Anarkali. She pierced the stones to show herself to her beloved. This legend's "narcissus flower" became the source for Fevzi Halıcı's famous poem, transforming into the Kürdîlihicazkâr song found in the strings of Cinuçen Tanrıkorur's oud...







### ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSIS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSIS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSIS can sign up for free after graduating. Our graduates can become a member of METSIS free of charge. Our graduates who are members of METSIS can update their personal profiles and follow our job postings.

### What Are the Steps to Join METSIS?

1. Use the web interface at metsis.gelisim.edu.tr to log in

2. You can follow the postings in the open positions box.

3. To apply for the positions, you can establish an account from the "new candidate" box.

4. You can view job posts after making an account on the top page and apply for positions that interest you.



MEZUN CARD

Instagram igu\_mezunlarkoordinatorlugu



LinkedIn -IGU ALUMNI AND MEMBERS COORDINATOR

Dear IGU Alumni,

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