



MONTHLY EVENTS AND NEWS BULLETIN



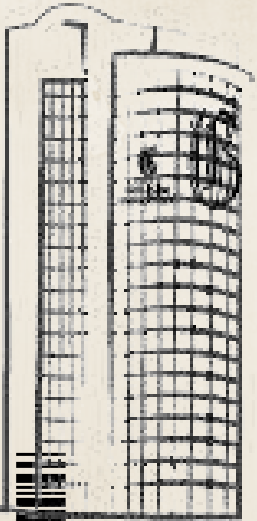
Faculty of
Health Sciences



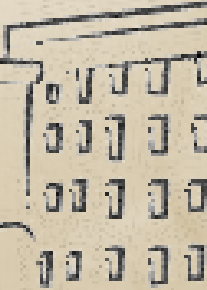
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THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

JANUARY 2024 | ISSUE 37 | VOLUME 4



İSTANBUL GELİŞİM ÜNİVERSİTESİ





Faculty of
Health Sciences

2024

JANUARY

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
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1 January: New Year's Day



2 January: Science Fiction Day



9-15 January: Energy Savings Week



16 January: World Hygiene Day



21 January: World Hugging Day



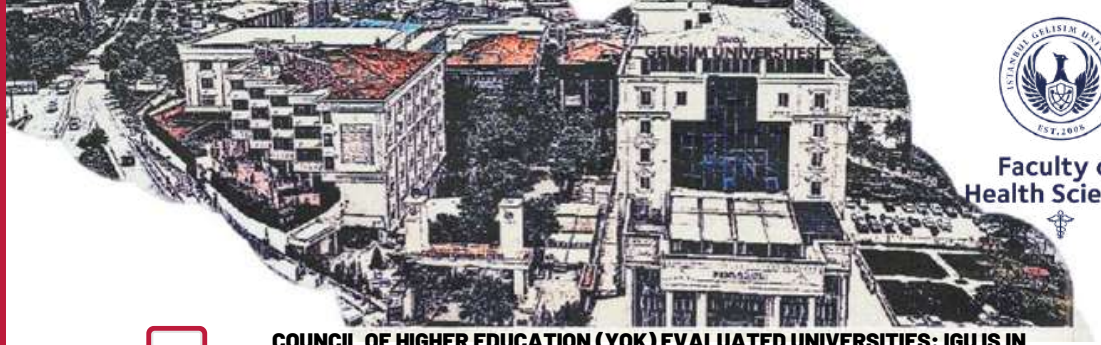
28 January: Data Privacy Day



29 January: World Leprosy Day



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Health Sciences

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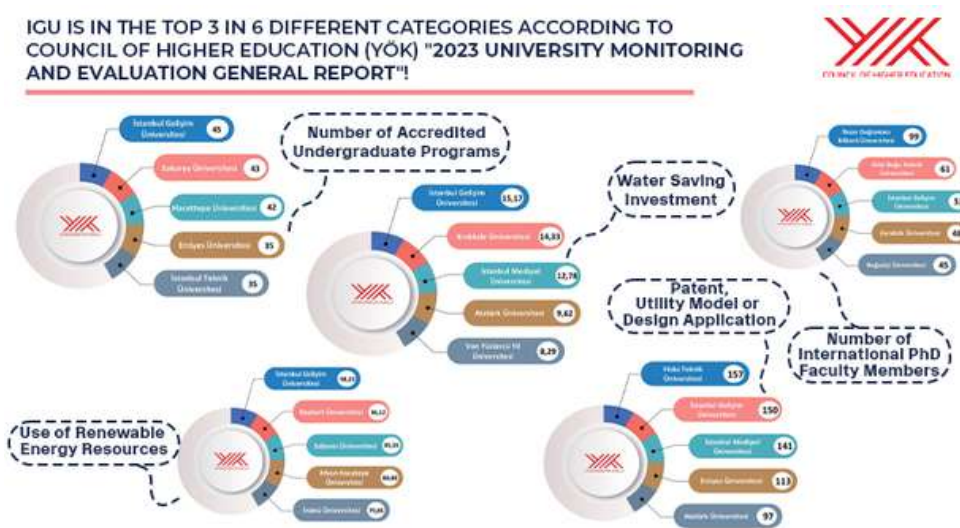
Council of Higher Education (YÖK) evaluated universities: IGU is in the top 3 in 6 categories!



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The "University Monitoring and Evaluation General Report-2023" prepared by the Council of Higher Education (YÖK) was published. Istanbul Gelisim University (IGU), which stands out in 6 fields, took its place at the top with its studies in the field of water saving and renewable energy in the "Sustainability" category, which is one of the evaluations made by the Council of Higher Education for the first time this year; it maintained its 1st place as the university with the most accredited undergraduate programs.

The "University Monitoring and Evaluation General Report-2023", in which the Council of Higher Education evaluated 208 universities in Turkey according to 74 different indicators, was published. Istanbul Gelisim University (IGU), which stands out with its studies in the field of sustainability and was recently ranked 14th in the list of Turkish foundation universities in the GreenMetric 2023 list, ranked 1st in the university category where the use of renewable energy resources and water conservation investment is the highest; IGU, which has taken firm steps towards internationalization, has maintained its 1st place as the university with the most accredited undergraduate programs among both state and foundation universities.



IGU, which progressed with the vision of "Research University" and applied for the most patents in Turkey according to 2022 data, achieved significant success in the category of "Applied patent, useful model or design" as the 2nd, in the category of "Number of publications cited in the highest 10%" as the 3rd and in the category. "The future of the world and humanity is possible with the support given to sustainability studies"

The Council of Higher Education stated that there was a significant increase in the number of both doctoral graduates and students preparing projects in universities compared to previous years and the influence of Turkish universities in the world increased according to scientific publications. Universities were examined for the first time this year under the heading of "Sustainability" in terms of whether they used natural resources consciously. Stating that they are proud of the success achieved by standing out among both state and foundation universities, IGU Rector Prof. Dr. Bahri ŞAHİN: "The future of the world and humanity is possible with the support given to sustainability studies. We proceed with a universal sense of responsibility with the incentives of the Chairman of the Council of Higher Education Prof. Dr. Erol ÖZVAR to give more importance to sustainability on university campuses with the needs of the changing world. In line with our strategic goals, we actively implement projects that provide added value in the fields of more effective execution of the waste management system, our interactive activities in the fields of rain harvesting, transportation, education, research, and university-industry cooperation, science, technology, and employment. I fully believe that we will proceed with responsible production and consumption awareness and further increase our achievements in the coming periods."



How to save energy individually?

Turn off standby devices – "ghost energy", also known as "standby energy" or "vampire energy", is electricity used by electronic devices when they are off or in standby mode. Standby energy is a significant waste of energy. By unplugging the devices, an average of 165 USD can be saved per year.

Replace your light bulbs – Although energy-efficient light bulbs are more expensive off the shelf, their efficient energy use and longer life means they cost less in the long run.

Buy energy-efficient appliances – When buying a device, you should pay attention to two figures: the first purchase price, and the second the annual operating cost. While energy-efficient appliances have higher purchase prices, they often save you money on your monthly electricity bill as well as energy.

Insulate your home – Insulation plays an important role in lowering your electricity bills by conserving heat in the winter and keeping the heat out of your home in the summer.

Use natural light – Using light from the sun is an intuitive way to reduce your energy consumption. When looking for a house, it is better to have windows facing north and south rather than east and west if possible.



COMMEMORATING PROF. DR. TÜRKAN SAYLAN ON THE 71ST WORLD LEPROSY DAY

Lecturer A. Mücella SOYDAN

I am one of the lucky ones who worked with Prof. Türkan SAYLAN between 1984 and 1999.

In those years, we had very good teamwork that could be considered as an example. This was a harmonious, satisfying, peaceful, and productive way of working in Istanbul Leprosy Hospital with the staff, the people in charge of the units such as Dispensary, Service, Dental, Eye, Physical Therapy and Rehabilitation, Social Services and our professor Türkan SAYLAN, always aiming to achieve better.

I can not name a single person who does not love and respect our Professor Türkan SAYLAN. I think the secret was her love and respect for everybody. She did not look down on anyone, she spoke to them on the same level and with an awareness of their positive sides. She valued ideas. I don't remember her giving orders or speaking in a loud voice. On the contrary, she would say with determination and conviction, "Children, I am thinking about the following for this year's congress, what would you say about it? Or what can your contributions be?". Her confident yet humble style and at the same time positive, natural demeanor worked like magic. Thus, a circle of love and respect was formed around her, consisting of people who loved her, respected her, believed in her, worked hard and were productive. In other words, the hidden powers and gems in everyone were coming out and making a positive contribution to the fight against leprosy. She was never an oppressive, commanding person; on the contrary, she was an exemplary manager and leader who was loved and respected.

Prof. Türkan SAYLAN struggled not only for the treatment of leprosy patients and their dignified lives but also for the education of women, children and young people in her country. Being one of the closest witnesses of this during the years I worked is an invaluable experience for me and my friends.

She paid utmost attention to being knowledgeable and well-informed in the subjects she worked on, and she researched. She was in a constant state of dynamism. She would dwell on everything she believed in and wanted to realize, work on them, produce projects and put them into practice.





She did not set limits for herself and those around her, and respected their creative power and labor. She respected science, scientificity, ethical principles, Atatürk's Principles and Reforms. I think all these qualities enabled her to be surrounded by a group of people who were always hardworking, self-sacrificing, who loved, respected and believed in her.

One of the most important contributions of Prof. Dr. Türkan SAYLAN to Leprosy is the Social Services Unit established in 1984. When she asked me to work together on such a task, I was able to look at it positively because of the Public Health Nursing course I took during my undergraduate education.

The works of this Unit include the most original examples of social assistance and solidarity services with her profound perspective and contributions. Numerous social projects such as "sheep breeding, beekeeping, carpet making, country café, barber shop, grocery store, greengrocer, housing" have been realized. The primary objective of these projects, which have been realized in many provinces, districts and villages of our country, especially in the East and Southeast, has been to "deliver the fishing rod that will enable our patients to fish to their hands".

In order to obtain their social security as soon as possible, they were enabled to retire by paying their missing insurance premiums.

Thanks to the scholarships given to the children of families with leprosy, today, young people with professions such as nurses, physicians, teachers, engineers and journalists continue to be useful to both their families and their country. I believe that the scholarship activities initiated in the 1980s laid the groundwork for the Association for Supporting Contemporary Life.

Family Planning has always been one of the issues on our agenda. We have always paid attention to this issue to contribute to the formation of a healthy and happy family.

Receiving donations in proper order and distributing them to families and young people in an appropriate manner is another important issue that has been successfully carried out despite all kinds of team and equipment shortages.

Prof. Dr. Türkan SAYLAN's belief that the social aspect of leprosy should be emphasized as much as the medical treatment of leprosy is seen almost everywhere and in all her writings on the subject. One of the most important of these is what she wrote in the foreword of the book "Rural Development Model Social Work in Social Dimensional Diseases Example: Leprosy" published in 1993. The projects in this book, which were sent to many institutions and centres in Turkey and abroad at the time of its publication to create financial resources for project work, are exemplary works in terms of showing her deep foresight, courage, indomitability and respect for humanity.

In those years, the religious officials we requested from the Bakırköy Mufti's Office, especially during Ramadan, would regularly come to our hospital every day a week. They would have a conversation with our patients and answer their questions. This would have virtually eliminated unnecessary conflicts arising from sectarian differences. When I started working at the Leprosy Hospital in 1984, there were and always have been masjids in the hospital where patients could worship in comfort. Prof. Türkan SAYLAN was a person who respected every thought and belief and you could see this in her thoughts, words and actions and this was her natural state.

On New Year's and holiday eve, we would all gather in the dining hall of the Leprosy Hospital, from the auxiliary staff to the highest management, to wish each other greetings and good wishes. On these celebration days, Prof. Türkan SAYLAN always gave impressive and memorable speeches on what it means to be a good employee and, above all, a good person. For example, since the location of the hospital was on the E5 highway, in a deviated place and a long walk from the main road, she advised us that it was important to help everyone we came across, to accompany them to the hospital, to guide them until they reached their destination or entrusted them to the person who could deliver them.



Today, I still have colleagues from those days at the Leprosy Hospital, they are few in number but they still reflect the beauty, ethics and human values of those days in their work. As a nurse and lecturer, I believe that it is very useful for at least ten of our students to practice the Public Health Nursing Course in this institution and with these friends since the 2015-2016 Academic Year.

Our dearest Professor Türkan SAYLAN is on her eternal journey. I believe she is also walking successfully on that journey.

We will always remember her with respect and love.

‘EVERY EDUCATED
WOMAN OWES A
DEBT TO THIS
REPUBLIC’.

PROF. DR. TÜRKAN
SAYLAN



LEPRA (LEPROSY, HANSEN) DISEASE AND ISTANBUL LEPRA HOSPITAL



As old as human history, leprosy is the least and most misunderstood of all diseases.

For many years, it has been described as a scourge that people have feared and fled from for centuries due to its unknown cause and treatment, its disfiguring and disabling consequences, and the fact that all disfiguring and disabling diseases are called leprosy. However, the truth about leprosy is different. Leprosy is a disease that is easy to diagnose, easy to treat and only slightly contagious. It is a disease that can be eliminated in future generations with early diagnosis and early treatment.



Throughout Anatolian history, various tribes have passed through and settled in the region. It is believed that the Eti and Scythians were the first to bring leprosy to Anatolia. During the Ottoman period, leprosaria was established in many places in Anatolia, where the local people would assist those suffering from the disease. In the early years of the Republic, leprosy patients in Istanbul were initially relocated to Toptaşı and then to Bakırköy. In 1941, a leprosy hospital was built in Elazığ. The modern fight against leprosy began in the 1960s. The Leprosy Hospital, located within the boundaries of Prof. Dr. Mazhar OSMAN Mental Health and Nervous Diseases Education and Research Hospital in Bakırköy, Istanbul, now serves as the Leprosy and Venereal Diseases Hospital.



A STRAY CAT NAMED BOB

A true story about how a stray cat changed the life of a young man struggling with drug addiction and living on the streets.

Prepared by;
Res Asst. Ebru DURUSOY



James Bowen was living on the streets in the United Kingdom, dealing with addiction and psychological issues while trying to make a living by street performing. Despite undergoing rehabilitation treatment before, he couldn't fully recover. One day, he encountered a tabby cat that would change his life. Noticing an infection in the cat's leg, he decided to help. He treated the cat, trying to find its real owner. Eventually, realizing that the cat had no family to return to, Bowen adopted him and named him Bob. Bob accompanied Bowen as he sold magazines and performed music on the streets. The public's response during this time was extremely positive. Bob increased James's visibility, and they became a great duo. The videos of Bob and James gained millions of views, making them more and more famous.

Bowen expressed his friendship with Bob in this way: "Before I met Bob, the world seemed harsh, heartless, and yes, hopeless through my eyes. The world I learned to see through his eyes is a completely different place. I used to be unable to distinguish one day from another. But now, I welcome each one with joy. I am happier, healthier, and more successful than I have ever been."

Thanks to Bob, James completely quit drugs and wrote six books translated into 22 languages about Bob's inspiring story. The books about Bob's friendship with James sold millions worldwide. In January 2017, a movie was made depicting their friendship. Bob, the cat who inspired the book, passed away on June 15, 2020, at the estimated age of 14. In a world where many people come and go without leaving any trace behind, the cat Bob left indelible marks.

After his passing, Bowen bid farewell to him with these words: "Bob saved my life. He gave me more than companionship. That's crystal clear. With him by my side, I managed to steer my life and find a purpose. He met thousands of people and entered the lives of millions. There has never been a cat like him, and there never will be. I feel like the light of my life has gone. I will never forget him."

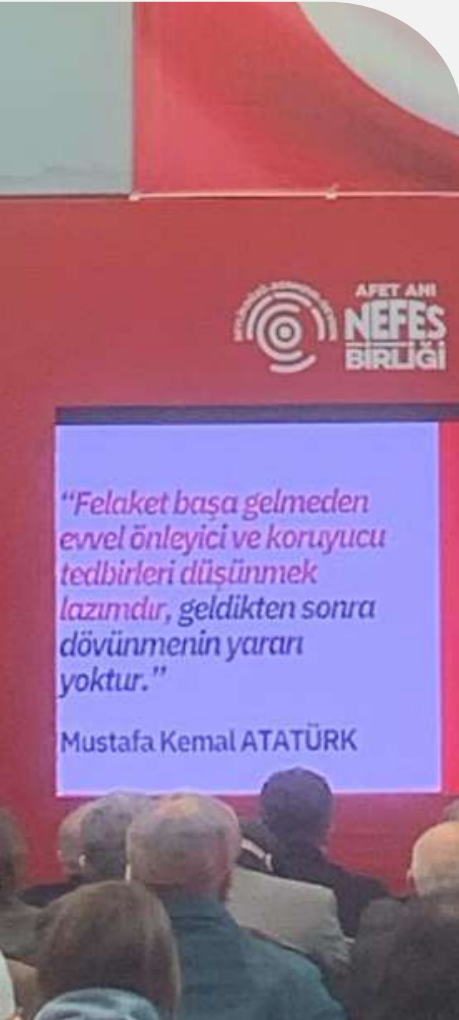


Faculty of
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100

**NEWS FROM THE
FACULTY OF HEALTH
SCIENCES**

BEYLİKDÜZÜ DISASTER AND EMERGENCY RESPONSE STATION LAUNCH



Beylikdüzü Municipality took various measures to make the district stronger and more prepared against disasters. These measures were introduced at a launch program where Dr. Emrah TÜNCER, a faculty member from the Department of Social Work at Istanbul Gelişim University, was also invited as a guest. The municipality documented the pre-disaster, during, and post-disaster actions in a document titled "Beylikdüzü Municipality Disaster and Emergency Intervention Plans." This plan encompasses fundamental principles to reduce the potential impacts of disasters and to intervene rapidly. The municipality also collaborates with Bornova and Devrek Municipalities to effectively utilize logistics and human resources in case of a disaster. Beylikdüzü Mayor Mehmet Murat Çalık, as an urban planner, emphasized the importance of being prepared for disasters and stated, "We cannot predict when disasters will occur, but we can plan to be ready when they do."

Current Developments



IGU Youth Choir Club

Asst. Prof. Turgay KARALINÇ

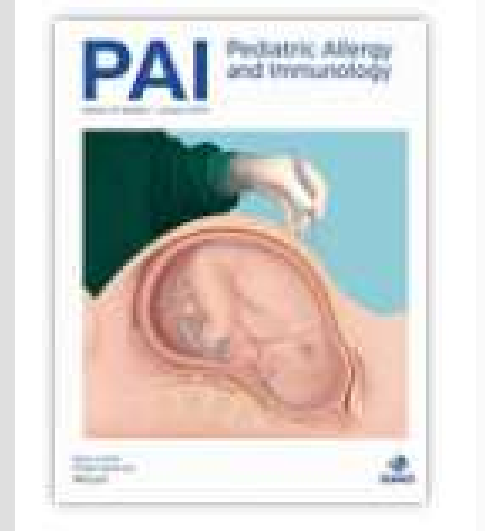
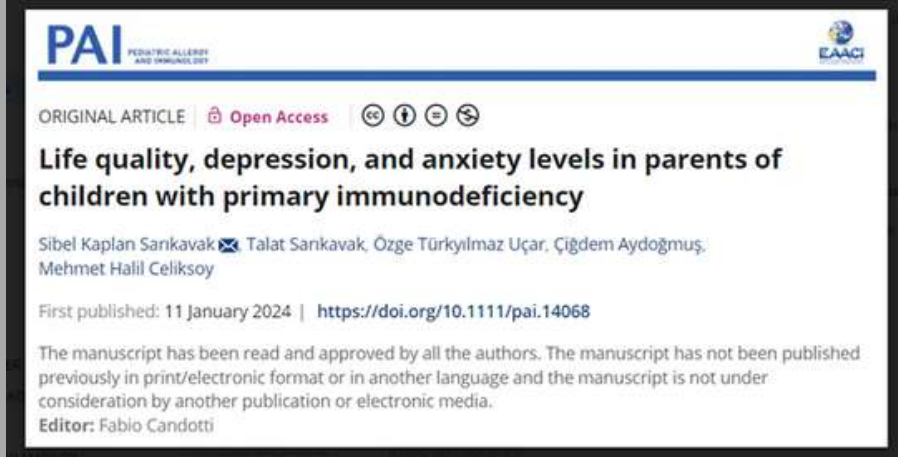
"Our faculty member Asst. Prof. Turgay KARALINÇ has been appointed as the 'Official Mediator' by the Ministry of Labor and Social Security Arbitration Board following the Regulation on Applying to Mediation and Arbitration in Collective Labor Agreements.

Under the guidance of Asst. Prof. Aslı KAYA, the Vice-Chair of the Department of Health Management in the Faculty of Health Sciences, "YOUTH CHOIR CLUB" has been established.

Article



Sağlık Bilimleri
Fakültesi



The study titled “Life Quality, Depression and Anxiety Levels of Primer Immune Deficient Children’s Parents” conducted by Asst. Prof. Talat SARIKAVAK, the Head of the English Department of Child Development at our university, in collaboration with the Child Allergy and Immunology Clinic of Başakşehir Çam and Sakura City Hospital, has been published in the Pediatric Allergy and Immunology journal. This journal has an impact factor of 4.4 and is in the Q1 (first) quartile in the field of Pediatrics, indicating its high standing in the academic community.

Link : <https://doi.org/10.1111/pai.14068>



The article titled "Healthy life skills and related factors among university students: a cross-sectional study in Istanbul, Turkey," authored by our faculty members Asst. Prof. Mahruk RASHIDI, Res. Asst. Sultan ÇAKMAK, Res. Asst. Ebru DURUSOY, and Res. Asst. Buse SAYGIN has been published in the Journal of Health Population and Nutrition, a Scopus-indexed journal located in the Q2 category.

Link:

<https://jhpn.biomedcentral.com/articles/10.1186/s41043-023-00481-4>

Conference Paper



Faculty of
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The paper titled "Health Services, Health Ministers, and National Medical Congresses in the Early Years of the Republic, Atatürk Era (1920-1938)" (Review) was presented as an oral presentation (online) by our faculty members, Lecturer Ayşe Mücella SOYDAN, Asst. Prof. Funda KARAMAN, and Research Assistant Buse SAYGIN ŞAHİN at the III. International V. National Nursing History Congress held from November 2nd to 4th, 2023.



The paper titled "A Seismic Reality: Crush Syndrome and Nursing Care" (Review) was presented as an oral presentation (online) by our faculty members, Zehra ÖZTÜRK and Lecturer Ayşe Mücella SOYDAN, at the I. International Çeşm-i Cihan Health Congress held on December 15-16, 2023.

The Leprosy Combat Association celebrated the 71st World Leprosy Day on Sunday, January 28, 2024, with the event named "SYMPOSIUM-XV: Contributions of Türkan Saylan to Life." The theme for the 2024 World Leprosy Day by the World Health Organization is "Defeating Leprosy." The two objectives of this theme are to "eliminate the stigma associated with leprosy" and to "uplift the dignity of individuals affected by the disease." The theme "Defeating Leprosy" strongly emphasizes the need to address not only the medical efforts to eradicate the disease but also the social and psychological aspects of leprosy.

It calls for a world where leprosy is no longer a source of stigma but an opportunity for showing compassion and respect to all individuals. Lecturer Ayşe Mücella SOYDAN was one of the speakers at the event with her presentation titled "Contributions of Türkan Saylan to Identifying the Social Issues of Leprosy Patients."



BOOK CHAPTER



IN THE FOOTSTEPS OF THE PAST: REŞAD EKREM KOÇU AND THE STORIES OF ISTANBUL

The exhibition "Salt: Encountered in No Other Record - Reşad Ekrem Koçu and Istanbul Encyclopedia Archive" was organized within the scope of the studies conducted by Kadir Has University in collaboration since 2018 regarding Reşad Ekrem Koçu and the Istanbul Encyclopedia Archive. The exhibition, held from May 24 to October 29, shed light on the unpublished sections of the Istanbul Encyclopedia, a monumental work dedicated by historian and novelist Reşad Ekrem Koçu (1905-1975). It brought attention to Koçu's unique urban image and its inhabitants that he created for Galata and its surroundings, spanning from the early 19th century to the mid-20th century.

Parallel to the exhibition, which concluded on October 29, there are plans to digitize and make available online the archive, consisting of approximately 40,000 items, which Kadir Has University took over as a document group. The aim is to provide online access to this archive.

Accompanying the exhibition and archive project, an e-publication was prepared with contributions from researchers from various disciplines aiming to offer a different perspective on Istanbul in the 19th and 20th centuries. In this publication, there is an article titled "A Marginal Note to the Istanbul Encyclopedia Archive," co-authored by Asst. Prof. Yonca Güneş YÜCEL from the Faculty of Health Sciences, Department of Social Work, along with Dr. Özge Ertem. You can access the e-publication and the entire article by clicking on this barcode.





AN EVENT THEMED "HEALTH LITERACY AND ADDICTIONS" WAS HELD ON THE HEALTHY DEVELOPMENT PLATFORM.

The event took place on December 28, 2023, between 2-4 pm at the Student Dean's Office on the 17th floor of Gelişim Tower. Mainly attended by students from the Faculty of Dentistry, the event featured Asst. Prof. Nurten ELKİN, the Addiction Combat Coordinator at Istanbul Gelişim University. She defined health literacy, emphasizing its benefits during the pandemic and discussing related studies. Following this, she defined addictions and discussed the relationship between health literacy and addiction. Distributing brochures on healthy living to students, she summarized the content and concluded the event by answering questions.



<https://bmk.gelisim.edu.tr/tr/idari-haber-%E2%80%9Csağlık-okuryazarligi-ve-bagimlilikler%E2%80%9D-konulu-etkinlik>

NUTRITION INFORMATION SYSTEM (BEBIS) EDUCATION

"The BEBIS Program Usage Education" seminar organized by the Nutrition and Dietetics English and Turkish Departments of the Faculty of Health Sciences of Istanbul Gelisim University took place in the Faculty of Health Sciences meeting hall with the participation of Dietitian Ramazan BALBAY.



BEBIS Consultant Dietitian Ramazan BALBAY shared information about the BEBIS Program with the students of the Turkish and English Departments of Nutrition and Dietetics. The questions from the audience were answered interactively during the seminar. The seminar ended with the thanks of Asst. Prof. Başak Gökçe ÇÖL, Head of Nutrition and Dietetics (English) Department, to our valuable guest, Dietitian Ramazan BALBAY.

“The Development of Quality in Health at the 100th Anniversary of the Republic” Event was Held



After the opening speeches, Ali ARSLANOĞLU started his presentation with his words that quality consists of different factors and different definitions are made about quality. By defining the factors related to quality separately and giving examples, he emphasized the important points in explaining, understanding and implementing quality.

The event titled "Development of Quality in Health in the 100th Anniversary of the Republic" was held by Istanbul Gelişim University Faculty of Health Sciences Department of Health Management on January 4, 2024, with the participation of valuable speaker Assoc. Prof. Dr. Ali ARSLANOĞLU and valuable artist Aykut KARLI.

Assoc. Prof. Dr. Ali ARSLANOĞLU, a lecturer at the Department of Health Management at the University of Health Sciences, who is also a quality auditor and has many studies on quality and accreditation in health, and a valuable musician Aykut KARLI attended the relevant event.

The event started with the opening speech of Health Management Department Head Asst. Prof. Bumin Çağatay AKSU. During the speech, he mentioned that when quality and health are mentioned, the first thing that comes to mind is "zero error" and how important and priority the concept of zero error is, especially when it comes to health.

The opening speeches continued with the words of SBF Deputy Dean Asst. Prof. Abdullah Yüksel BARUT. Barut, "What is quality?" He started his speech with the question and questioned why quality had been explained for years but could not be understood. He continued his words by emphasizing that the reason why quality is not understood is because quality cannot be explained.



Arslanoğlu, who included the historical development of quality in health services in his presentation, emphasized that quality is a whole with its goals, principles and most importantly its standards. He concluded his speech by emphasizing that patient and employee safety are important building blocks that affect the quality of healthcare delivery, and that accreditation is an element that proves service quality and an important indicator of healthcare institutions. Aykut Karlı accompanied Arslanoğlu with stories and folk songs during the event.



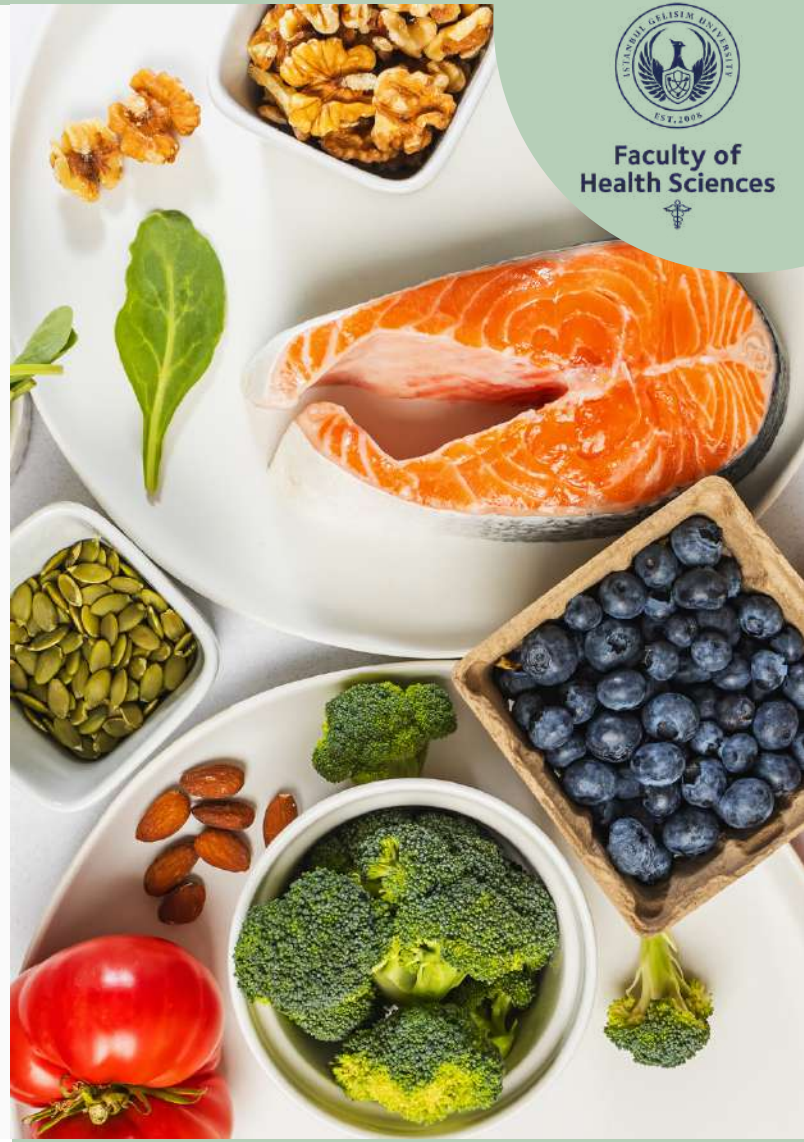
Following the completion of the presentation, the event ended with Asst. Prof. Abdullah Yüksel BARUT, Deputy Dean of the Faculty of Health Sciences, presenting their plaques to Assoc. Prof. Dr. Ali ARSLANOĞLU and Aykut KARLI and thanking them for their presentation and the important information they shared.



Faculty of
Health Sciences

Inflammatory Diseases and Nutrition Seminar

The seminar titled "Inflammatory Diseases and Nutrition," organized by the Faculty of Health Sciences, Departments of Nutrition and Dietetics (English and Turkish) at Istanbul Gelişim University, took place online via Google Meet with the participation of Doctor Dietitian Tuba KAYAN TAPAN.



İSTANBUL
GELİŞİM
ÜNİVERSİTESİ

Seminer

BESLENME BİLGİ SİSTEMİ (BEBİS) PROGRAMI KULLANMA EĞİTİMİ

BESLENME VE DİYETETİK (TR/İNG)



KONUŞMACI

Dyt. Ramazan BALBAY

13 Aralık, 2023
Çarşamba

11.00

B Blok 026
Toplantı
Salonu

gelisim.edu.tr @gelisimedu @igugelisim

The seminar on Inflammatory Diseases and Nutrition took place via Google Meet with the participation of Doctor Dietitian Tuba Kayan Tapan. The seminar started with Doctor Dietitian Tuba Kayan Tapan sharing her professional experiences. Tuba Kayan Tapan, addressing inflammatory diseases, emphasized the importance of nutrition in inflammatory diseases

The event continued interactively with a question-and-answer session following an informative presentation on the relationship between inflammatory diseases and nutrition. After the Head of Nutrition and Dietetics English Department Asst. Prof. Başak Gökçe ÇÖL delivered a thanking speech to the event guest Doctor Dietitian Tuba Kayan Tapan, the seminar concluded.



İGÜ
SİKS
Sağlık Kültürü ve
İyi Yaşam Enstitüsü

Sağlık Bilimleri
Fakültesi





Lise Kış Akademisi 2024
DERS PROGRAMI

25 Ocak 2024 - Pazartesi

- Yaratıcı Fotoğraf Çekim Teknikleri Atölyesi**
10:00 - 12:00 / 13:00 - 15:00
Dijital İletişim ve Televizyon Anlatıcılığı (Blok 3A5)
Dr. Öğr. Üyesi Adem AYDIN
- Dış Hekimliğinde Üç Boyutlu Genetik Modeli Yapım Atölyesi**
10:00 - 13:00
Dış Hekimliği Fakültesi Pratik Laboratuvarı
Dr. Öğr. Üyesi Fikri ÖZGÜR
- Yaratıcı Drama Atölyesi**
14:00 - 15:00
SfP Blok 3, 303 Drama Atölyesi
Dr. Öğr. Üyesi Buse KERİGAN
- Yönetim Bilişim Sistemleri Atölyesi**
14:00 - 17:00
A Blok / 107
Dr. Öğr. Üyesi Hande Ayhan GÖKÇEK /
Dr. Öğr. Üyesi Arneli Esat YILMAZ

26 Ocak 2024 - Salı

- Senaryo Yazım Atölyesi**
10:00 - 13:00
K Blok 1003 Halkı Sınıfı
Dr. Öğr. Üyesi Nisa Çalınar YILMAZ
- Hemşirelik Atölyesi**
10:00 - 13:00
B Blok Hemşirelik Laboratuvarı
Dr. Öğr. Üyesi Mahruk RASHIDI
- Havacılık Atölyesi**
10:00 - 14:00 / 14:00 - 16:00
311 Numara 2 Blok Oditoryum / Atölye/Kuruluş Hangarı
Dr. Öğr. Üyesi Buse Kerigan /
Dr. Öğr. Üyesi Mehmet ATEŞ
- Elektronik Ticaretin Gelişimi Atölyesi**
14:00 - 16:00
A Blok / 107
Dr. Öğr. Üyesi Mustafa ÇAKIR /
Dr. Öğr. Üyesi Özgür YILMAZ

High School Winter Academy at HSF

Istanbul Gelişim University met with prospective university students within the scope of the High School Winter Academy on January 23-26. Various workshops were organized with the active participation of students.

Istanbul Gelişim University, Faculty of Health Sciences, Department of Child Development Leç. Buse KERİGAN conducted the 'Creative Drama Workshop' on 25.01.2024 as part of the High School Winter Academy. 'Creative Drama Workshop' was conducted by Buse Kerigan, faculty member of the Department of Child Development, Faculty of Health Sciences. Initially, information about creative drama was shared with the participants during the workshop. The application areas of creative drama and its benefits were discussed. The drama activities conducted within the workshop consisted of three parts. In Part I, warm-up games and introductory exercises were carried out to facilitate mutual acquaintance among group members and encourage interactive participation in the process. Part II involved the implementation of drama examples referred to as the main exercises. In Part III, the workshop concluded with examples of drama for relaxation and evaluation.



As part of the High School Winter Academy, a "Nursing Workshop" was conducted by Asst. Prof. Mahruk RASHIDI faculty member in the Nursing Department of the Faculty of Health Sciences, on January 26, 2024.

At the Nursing Laboratory of the Faculty of Health Sciences, a 'Nursing Workshop' took place with the participation of 16 students. In the workshop, topics such as 'How to perform the Heimlich maneuver?' and 'Basic life support in infants, children, and adults' were explained to students. Interactive learning was provided by demonstrating these topics on models.

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Faculty of
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CULTURAL AND SOCIAL LIFE



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WHO IS WHO?

Prepared by
Res. Asst. Semanur OKTAY



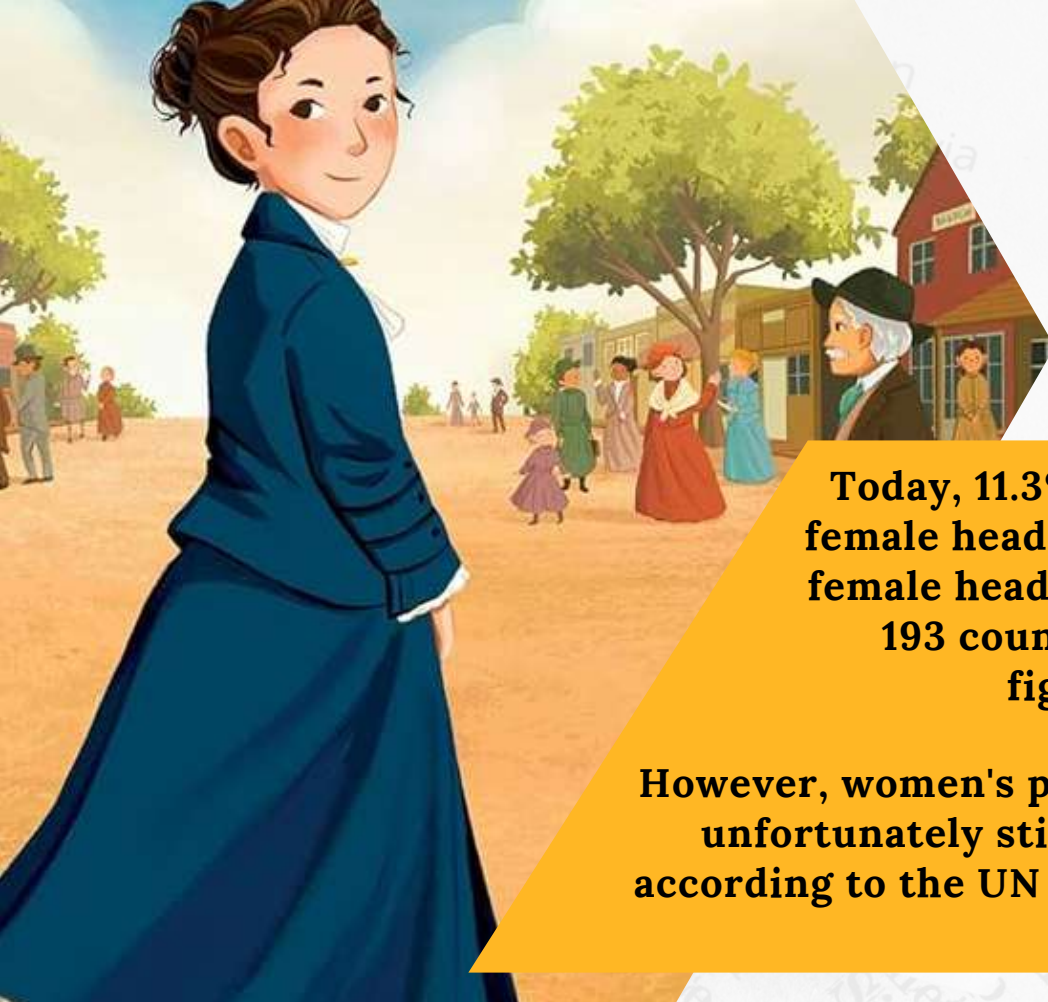
Faculty of
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SUSANNA SALTER

THE STORY OF BREAKING GLASS CEILINGS FOR WOMEN POLITICIANS



On April 4, 1887, a young woman named Susanna Salter was nominated for the mayoralty of Argonia in Kansas. The purpose behind her nomination was to mock Susanna Salter and demonstrate that women would fail in politics. In other words, her candidacy was a malicious "joke." However, Salter and the women of Argonia had the last laugh..



Today, 11.3% of the countries have a female head of state, and 9.8% have a female head of government (19 out of 193 countries). 10 years ago these figures were 5.3% and 7.3% respectively.

However, women's participation in politics is unfortunately still far away from equality, according to the UN Women - IPU "Women in Politics 2023" map...

Susanna Salter was born in Ohio in 1860 to Oliver and Terrisa Anne White Kinsey. The Kinsey family later moved to Kansas and Salter began her education in area schools. Although she started her university education in 1878, she had to leave her university education unfinished due to health problems shortly before she graduated. In 1879, Lewis married Allison Salter and the couple moved to the small town of Argonia.

The town of Argonia was founded in 1885, and Susanna Salter's father, Oliver Kinsey, became Argonia's first mayor. A few years later, the Kansas legislature passed a law giving women in the state the right to vote in elections. This law would anger some men in Argonia who believed that politics should be in their hands alone.

The Christian Temperance Union, which was founded in 1883 and of which Salter was a member, held a meeting in Argonia, chaired by Salter, as election day approached. In this election, where for the first time they could truly vote for the people they wanted, they elected people they deemed worthy of city offices.

Men were angry about women's participation in politics. So, with absolute certainty that she would lose, they arranged their ballots to resemble women's ballots and put Susanna Salter's name for mayor.

The men reasoned that when they saw that Salter had lost by a landslide, they could prevent women from demanding legal rights such as voting, running for office, and many others. They couldn't be more wrong...

Susanna Salter won the election with two-thirds of the votes and became the first female mayor in the United States. She served only a few years before moving to Oklahoma, but she left behind a shattered glass ceiling that she did not initially plan to break. She wasn't even running for office! But sometimes you choose the moment, sometimes the moment chooses you.

OUR GUEST OF THIS MONTH

Asst. Prof. Talat SARIKAVAK



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue.

1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?

A justice system that draws very clear interpersonal boundaries

2-Which of the inventions would you like to be the inventor of?

Electromagnetic Waves

3-If you could witness any event in the past or future, which event would you choose?

Dr Freud and Dr Moreno meet in a presentation on dreams

4-If you were to write a book, what would it be named?

Building life together

5-If they made a movie about your life, which actor /actress would you like to play you?

Haluk Bilginer

6-What are the 5 words that best describe you?

Psychiatrist, scientist, enthusiast, wife, flatmate.

7-What kind of talent would you like to have?teleport

Playing a musical instrument very well

8-Who is your hero?

Avicenna

9-Who is your favorite author?

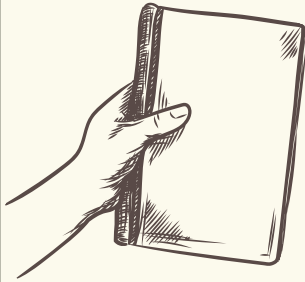
Bernard CORNWELL

10-What word would be the summary of the years you lived?

Change

DEPARTMENTS RECOMMENDING

SOCIAL WORK



MINI ANIMATION SERIES



CAROL & THE END OF THE WORLD

What if you knew that the end of the world was coming and when it would happen? How will your life change? Have you ever thought about the scenarios that would unfold when everyone has this knowledge in society?

In this mini animation series, Carol finds herself bewildered as the end of the world approaches, grappling with the chaotic societal changes, and she tries to make the situation clear to her mind. Despite societal scrutiny, judgments, and pressure, she continues to live the established way of life, which the series refers to as "distraction". In the last months of the world, Carol embarks on a quest for meaning in life.

This thought-provoking series serves as a reminder for us as human beings who live with the awareness that one day we will die, prompting us to question our lifestyles, the meaning of life, and what we expect from life.

MOVIE

THE ROAD

A suspenseful drama starring Viggo Mortensen, this film is hard to watch without being moved. Set in a post-apocalyptic world, it depicts a father's struggles to protect his son, making it nearly impossible not to feel emotional.

The film skillfully reflects on how the struggle for survival differs between the past and present, projecting it into the future. While watching the movie, you find yourself questioning the decisions made, pondering, "What would I do in that situation?" The film has been highly successful in captivating its audience.



DEVELOPMENT READINGS



Faculty of
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My City Tokat, My Language Tokat



In the 100th year of our Republic, the Ministry of Culture and Tourism Public Poet and writer Süreyya KAYA adorned Turkey's 81 cities with verses, publishing her first poetry book titled 'City Eulogy.' The poetry book, written in syllabic meter, was introduced to readers by Telmih Publishing House as one of the first 100 books in the centennial of the Republic.

In the poems, which cover eighty-one cities, the poet narrates both the history and cultural features of each city through verses, inviting readers to embark on a journey through these places. The poet also shares her longing for her hometown Tokat with the verses 'My City Tokat, My Language Tokat.'

We wish you enjoyable readings.

The embroidery pattern of the quince tree,
Meets me in the copper samovar,
The taste of that tea makes me miss you.

I've become your lover, TOKAT,
I've found passions too, TOKAT.

A city adorned with Seljuk works,
The Green River nourishes the gardens and
vineyards,
One side mourns for Kazova.

I've become your lover, TOKAT,
I've found passions too, TOKAT.

Come, experience Tokat, see its climate,
Green throughout all four seasons, leaves never
turn yellow,
Endless prosperity, pure soil.

I've become your lover, TOKAT,
I've found passions too, TOKAT.

The fortress walls occasionally stand,
Numerous saints' tombs reaching the truth,
Every battle, soldiers have fallen as martyrs.

I've become your lover, TOKAT,
I've found passions too, TOKAT.

Echoes of Osman Pasha in ears,
The spirit of the "Fifteen" never returns,
unmatched stance,
Plevne left its mark with a shout.

I've become your lover, TOKAT,
I've found passions too, TOKAT.

People come to Gümenek and cast love,
Looking at Ballica, worship is received,
Those who eat whey admire.

I've become your lover, TOKAT,
I've found passions too, TOKAT.



THE MELANCHOLIC STORY OF THE SONG “I AM WOUNDED, BUT CAN'T FIND A CURE” AND TATYOS EFENDI



Every person has a life story. These stories sometimes turn into poems, sometimes into stories, and sometimes into songs. Turkish Classical Music pieces also have their own unique stories. Songs evoke hidden love stories, tears, joys, happiness, and every moment experienced in the hearts of those who listen with love.

The protagonist of this story is Kemanî Tatyos Efendi. Born in Istanbul in 1858, he left around 50 compositions as a composer and lyricist in Turkish classical music, spending his life in poverty. When he died, he was recorded as 'Tatyos, Musician in 1913' in the church register, a violin virtuoso.

Tatyos was not very talkative. He had a few friends who could read and understand what he thought and felt. Carrying the burden of life with his violin, yellowed moustache from tobacco, sunken cheeks, and eye sockets turned into bloodshot craters from sleeplessness and excessive drinking, he could only express his feelings through his violin. Starting with making a modest living from weddings, later on, his life in the Pirinççi Tavern in Galata, his compositions, semais, and peşrevs became known. His works were played in classical music ensembles held all around Istanbul.

Tatyos Efendi's two closest friends were the writer, journalist, and composer Ahmet Rasim Bey and his friend from the tavern, the kemânçe player Vasili. One evening in Beyoğlu, Ahmet Rasim, Vasili, and Tatyos Efendi started their musical gathering with 'Ehl-i aşkın neşvegah-ı kuşe-i meyhanedir,' and continued with the sema'i 'Bilsen ne bela geçti şu biçare serimden.' Tatyos Efendi never let go of his violin throughout the night. He poured out heartfelt songs like 'Mani oluyor halimi takrire hicabım' one after another.





THE MELANCHOLIC STORY OF THE SONG “I AM WOUNDED, BUT CAN'T FIND A CURE” AND TATYOS EFENDI

As the night finally came to an end, with only a few customers left in the tavern and a few children clearing the chairs and sweeping the floors, Vasili and Ahmet Rasim Bey were about to leave when Tatyos Efendi, as if he hadn't been drinking and playing for hours, reached for his violin. Placing the violin on his shoulder, he gently lowered his head towards it, and with a bitter smile on his lips, he began a song that had never been heard before:



I am wounded, can't find a cure
A poor one, can't establish a home
Fate always makes me suffer
I moan, finding no relief.
Suffering doesn't leave me
Nor does it take a break
This endless pursuit
Honestly, I am not capable.
Your worth is not known to the
people of the heart
Don't bother, Tatyos, come no more
Your compositions have little value
Just resent your fate.



When Tatyos lowered his violin, no one had the words to say. Vasili was crying uncontrollably, and those left in the tavern were trying to wipe away their tears without revealing them to each other. Within a few weeks, no singer or musician in Istanbul remained who hadn't memorized this song.

When Tatyos's body was brought to the ritual hall of a church in Kadıköy, Ahmet Rasim, looking at the crowd that couldn't even fill both hands, reflected on people's ingratitude, considering the crowded venues in Galata and Beyoğlu where hundreds used to flock to listen to him just yesterday.

At his funeral, a small group consisting of his three sisters, his widowed wife, Ahmet Rasim, the two musicians he had worked with for years, and a crying woman in the distant corner of the church bid farewell to Tatyos on his final journey.



THE MELANCHOLIC STORY OF THE SONG “I AM WOUNDED, BUT CAN'T FIND A CURE” AND TATYOS EFENDI



Vasili, just before his death, tells the story of this song to Ahmet Rasim:

"Tatyos had a childhood love in Ortaköy. The girl, from his community, couldn't be with him when her family suddenly migrated to Erivan. Tatyos was later married to his current wife. That night they drank together, he learned that the girl had returned to Istanbul and had been waiting for him for thirty years without getting married."

Ahmet Rasim Bey, as he gets up from where he is sitting at the end of the funeral ceremony held in the church, notices an envelope left on the church pew. On the envelope, it is written: 'Will be buried with Tatyos.'

Without letting Ahmet Rasim notice, the woman, who was his childhood love thirty years ago, placed the envelope on the seat next to him. Ahmet Rasim takes the envelope and gently puts it in his jacket pocket, thinking that the placement of the envelope next to him cannot be a coincidence. He believes that reading the contents of the envelope might be the last duty he performs for Tatyos, and the envelope, seen only by Ahmet Rasim, is buried with Tatyos half an hour later. The paper inside the envelope contains the following verses:



I am wounded, can't find a cure
A poor one, can't establish a home
Fate always makes me suffer
I moan, finding no relief.
Suffering doesn't leave me
Nor does it take a break
This endless pursuit
Honestly, I am not capable.
Your worth is not known to the people
of the heart
Don't bother, Tatyos, come no more
Your compositions have little value
Just resent your fate.





The song "Mani oluyor halimi takrيرهicabım" is also by Tatyos Efendi, one of the songs that Atatürk loved.



Tatyos Efendi

Composer and Musician

Composer, violinist, and kanun player (Born: 1858, Ortaköy / Istanbul - Died: March 16, 1913, Istanbul). He was an Armenian-origin Ottoman Turkish classical music composer. His real name was Tateos Enkserciyan, and he was one of the greatest Armenian-origin Ottoman composers. His father, Monakyan, was a singer at the Armenian Church in Ortaköy. Tatyos completed the Armenian school in Ortaköy. Initially, he was apprenticed to a locksmith and then to a watchmaker to learn a trade. Due to his fondness for music, he began taking kanun lessons from his uncle Movses Papazyan. After playing the kanun for a while in amateur groups, he gave it up. He learned to play the violin from Kemanî Kör Şebüh. Later, he learned vocal and instrumental works, and music theory from Civan and Askid Agas. He practised with Andon, Hanende (singer) Astik, and Civan Agas.

After gaining fame, he established friendships with Ahmet Rasim Bey, Civan and Andon brothers, Şevki Bey, Kemeñçeci Vasilaki, Tamburi Cemil Bey, and played together with them. The positive influence of these friendships contributed to his success in instrumental works. He directed fasıl performances for many years with musicians like Hanende Karakaş, Tanburî Ovakim, Kanunî Şemsi, especially at the Pirinççi Gazinosu in the Galata district. Most of his works, despite his knowledge of musical notation, have been forgotten because they were not recorded. Tatyos Efendi also wrote lyrics for many of his works. He composed beautiful instrumental and vocal works according to the requirements of his time and the artistic understanding of the era, successfully reflecting the traditional expressive features of Classical Turkish Music modes. His instrumental works, such as karcığar, suzinak, rast peşrevs, and hüseyni, suzinak, rast saz semais, along with several other songs, are very famous. Tatyos Efendi was a prolific melody creator, focusing more on composing songs. The peşrevs and saz semais that have survived to the present day are among the most valuable pieces of Turkish instrumental music. His songs became popular as soon as they were composed and quickly found a place in fasıl performances. Some of his major songs include "Gel elâ gözlüm efendim, yanıma" (suzinak), "Çeşm-i cellâdın ne kanlar döktü Kâğıthane'de" (rast), "Bir gönlüme bir hâl-i perişanıma baktım" (rast), "Mey-i lâlinle dil mestane olsun" (rast), "Çektim elimi gayri bu dünya hevesinden" (hüseyni), "Bu akşam gün batarken gel" (uşşak), "Ehl-i aşkın neşvegâhı kûşe-i meyhanedir" (kürdilihiczakâr), "Gözüm hasretle giryandır" (hüzzam), "Gamzedeyim deva bulmam" (uşşak). Some of his important instrumental works include "Karcığar Peşrev," "Rast Peşrev," "Suzinak Peşrev," "Kürdilihiczakâr Sazsemaisi," "Hüseyni Sazsemaisi," and "Suzinak Sazsemaisi." (Source: <https://www.biyografya.com/biyografi/3946>).



Faculty of
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ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSİS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSİS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSİS can sign up for free after graduating. Our graduates can become a member of METSİS free of charge. Our graduates who are members of METSİS can update their personal profiles and follow our job postings.

What Are the Steps to Join METSİS?

1. Use the web interface at metsis.gelisim.edu.tr to log in
2. You can follow the postings in the open positions box.
3. To apply for the positions, you can establish an account from the "new candidate" box.
4. You can view job posts after making an account on the top page and apply for positions that interest you.



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MEZUN CARD

Dear IGU Alumni,
Alumni who want to benefit from the opportunities of our university and the discount rates we provide from the companies we have contracted with will be sufficient to fill out the form. When your card is ready, you can pick it up from the Alumni and Membership Coordinator's Office on the 3rd floor of Block K.





**OFFICIAL SOCIAL MEDIA
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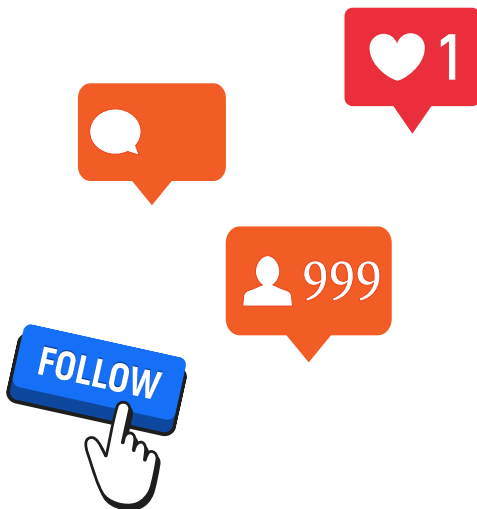
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