

The flu vaccine provides 60 percent protection!

With the arrival of the winter months, the protection of the flu vaccine began to be discussed. While the flu affects millions of people every year, it can also lead to serious complications. Asst. Prof. Neşre Kıskaç stated flu virus can stay alive on hard surfaces for up to 48 hours.

Addressing the issue of influenza, which has been on the agenda since the beginning of winter as of December, Istanbul Gelisim University Faculty of Health Sciences faculty member Asst. Prof. Neşre Kıskaç: "Although the flu is a disease that can cause fatal consequences, it is possible to be protected from the flu." Referring to the discussions about the protection of the flu vaccine, Asst. Prof. Kıskaç stated that the flu vaccine provides 60 percent protection and pointed out what needs to be done against the threat of the disease.

The flu is more dangerous than a cold!

Two of the most common respiratory illnesses in winter are the flu and the common cold. Symptoms of the flu, which affects millions of people every year, include high fever, muscle and joint pains, weakness, headache, dry cough and sore throat. Asst. Prof. Neşre Kıskaç pointed out that the flu poses a serious health threat, especially to the elderly, chronic patients and people with weak immune systems, and said, "The common cold, which manifests itself with symptoms of runny nose, sneezing, sore throat and mild fatigue, usually heals spontaneously within a few days and has a low risk of complications."

Cold weather does not cause flu!

Stating that the thought that cold weather will cause flu is not true, Asst. Prof. Kıskaç, "In cold weather, it is easier for viruses to spread as people spend more time indoors. Poorly ventilated environments increase the risk of transmission of influenza and other respiratory infections. Although cold weather is not a direct cause of flu, it can contribute to the spread of the virus and increase the incidence of the disease."

"The flu virus can survive on hard surfaces for up to 48 hours"

Influenza, a highly contagious disease, usually spreads through droplets. Asst. Prof. Kıskaç: "Virus particles released into the air during a sick person's coughing, sneezing, or talking enter other people's respiratory tracts, causing infection," noting that transmission can also occur when hands touch mouth, nose, or eyes after touching infected surfaces.

The contagiousness of the flu virus is particularly high during the first 3-4 days after the onset of symptoms. Individuals with the flu need to isolate themselves and pay attention to hygiene rules. The flu virus can survive on hard surfaces for up to 48 hours."

The flu vaccine is being developed every year!

There are some scientifically proven methods to protect against the flu. Methods such as influenza vaccination, compliance with hygiene rules, strengthening immunity, avoiding crowded environments, isolation of sick individuals are some of them. Emphasizing that the flu vaccine is developed every year against common strains of the influenza virus, Kısaç said, "The flu vaccine reduces complications in risk groups by 60 percent. Healthy diet, regular exercise and adequate sleep support the immune system."

The International Artificial Intelligence Film Festival, which started in IGU, continues at full speed!

Organized by Istanbul Gelisim University Faculty of Applied Sciences for the first time this year, Türkiye International Artificial Intelligence Film Festival brings together cinema and technology. The festival, which received 1105 film applications from 94 countries, started on December 9. The festival, which will continue until December 13, offers cinema lovers a full program ranging from national and international films to workshops and panels.

"Artificial intelligence makes life beautiful when used correctly"

Speaking at the opening of the festival, Istanbul Gelisim University Vice Rector Prof. Necmettin Maraşlı said, "Artificial intelligence can be a tool that beautifies life when used in a positive way. However, strict control mechanisms are needed to prevent abuse. It is necessary to strict control mechanisms against the risk of abuse."

"Artificial intelligence is transforming societies"

IGU Faculty of Applied Sciences Dean Prof. Kamil Kaya stated that artificial intelligence affects not only technology but also social structures. Referring to the great transformations that have taken place throughout history, Kaya stated that artificial intelligence is one of these transformations.

Festival Director Assoc. Prof. Ferhat Zengin, on the other hand, announced that 1105 AI-supported films from 94 countries were applied for this year and 80 films were selected as finalists. Zengin stated that this festival reveals the role of artificial intelligence in creative processes and drew attention to the importance of Türkiye's leadership in this field.

A full program awaits cinemalovers

The events, which started with the "Transformation of Media in the Age of Artificial Intelligence" interview within the scope of the festival, will continue with workshops such as "Visual Design with Productive Artificial Intelligence" and "Creative Writing with Artificial Intelligence". In addition, workshops such as "Artificial Intelligence and Turkish Film Industry" will be organized.

The festival, which will distribute awards in experimental, fiction and animation branches in national and international categories, presents the transformative effect of artificial intelligence in the world of cinema. The festival is aimed to be continued in the coming years.

IGU Translation Studies Symposium: Translation Studies and Translation Education in Türkiye

Istanbul Gelisim University (IGU) hosted the IGU Translation Studies Symposium: Translation Studies and Translation Education in Turkey, featuring a keynote seminar by Prof. Ayşe Banu Karadağ, Departmental Chair of Western Languages and Literatures at Yıldız Technical University. The symposium commenced with the participations of IGU Rector Prof. Bahri Şahin, Vice Rector Prof. Arda Öztürkcan, Dean of the Faculty of Applied Sciences (FoAS) Prof. Kamil Kaya, and Asst. Prof. Görsev Bafralı, Vice Dean of FoAS and Departmental Chair of Translation and Interpreting Studies. The symposium started with opening speeches by IGU Rector Prof. Bahri Şahin, Dean of the Faculty of Applied Sciences Prof. Kamil Kaya, and Vice Dean of FoAS and Departmental Chair of Translation and Interpreting Studies, Asst. Prof. Görsev Bafralı.

“As long as humanity exists, so will translation; thus, translation studies.”

In his opening remarks, IGU Rector Prof. Bahri Şahin underscored the pivotal role of translation throughout history in bridging knowledge, culture, and technology.

“As long as humanity exists, so will translation; thus, translation studies. Translation is fundamental to our understanding of the world and plays an essential role in fostering empathy between different cultures. Despite advancements in technology, the human touch remains indispensable in conveying emotion and cultural context. Translation, as both an art and a science, enables connections between diverse worlds. I am confident that those who advance their skills in this field will make meaningful contributions to society.”

Highlighting IGU’s commitment to education and research, Prof. Şahin affirmed the university's continued support for translation studies:

“Translation is crucial for comprehending and contributing to global scientific and cultural developments. Our vision as a research university is to ensure that the knowledge we generate transcends borders and reaches humanity at large. Translation is integral to this process, enabling the seamless transfer of knowledge across nations. We aim to nurture not just multilingual individuals but also culturally empathetic generations dedicated to building a sustainable world. This vision underpins our educational philosophy and research priorities.”

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Panel Discussion: “From Where to Where in Translation (Studies)?”

The seminar was followed by a panel discussion moderated by Prof. Ayşe Banu Karadağ. Panelists included Assoc. Prof. Senem Öner Bulut and Assoc. Prof. Nilüfer Alimen from Yıldız Technical University, Asst. Prof. Hülya Boy Akyol from Marmara University, and Asst. Prof. Muhammed Baydere from Karadeniz Technical University. Topics explored included the advancement of translation technologies, community interpreting, and innovative translation techniques.

This significant event hosted by Istanbul Gelisim University not only contributed to the academic discourse on translation studies but also garnered substantial interest from scholars and practitioners in the field.

IGU ZİHA-01 attracted great attention at MÜSİAD EXPO-24!

The unmanned agricultural aircraft IGU ZİHA-01, developed by Istanbul Gelisim University (IGU), was exhibited at MÜSİAD Expo-24 fair and attracted the intense

attention of the Argentine delegation. IGU ZİHA-01, which has a liquid capacity of 22 liters, a flight time of 25 minutes and smart autonomous flight capability, was highly appreciated during the demonstration flight held in front of IGU K Block within the scope of the fair.

Collaborations are thriving!

The Argentine delegation, which watched the show flight, visited the IGU Technology Transfer Office (TTO) after the fair and received a detailed presentation. During the meetings, opportunities for cooperation in the field of agricultural technologies and artificial intelligence were discussed. In addition, it was announced that potential collaborations for Argentine students to come to IGU were evaluated within the scope of the ERASMUS program.

These meetings are expected to enable IGU ZİHA-01 to reach a wider audience in the international arena and to contribute to the strengthening of academic and technological ties between the two countries.

A Gown Wearing Ceremony was held for the students of the Faculty of Health Sciences Department of Occupational Therapy!

The Department of Occupational Therapy of the Faculty of Health Sciences organized an gown-wearing ceremony for fourth-grade students. Istanbul Gelisim University Vice Rector Prof. Necmettin Maraşlı, Dean of the Faculty of Health Sciences Prof. Rifat Mutuş, Head of Occupational Therapy Department Asst. Prof. Çağıl Ertürk gave a speech.

At the ceremony, which started with a stance of respect and the National Anthem, the opening speech was made by Vice Rector in charge of R&D Prof. Necmettin Maraşlı. Stating that the gown wearing ceremony was a first for the Faculty of Health Sciences, Prof. Necmettin Maraşlı also added that the ceremony was the first step of the gown wearing ceremonies to be held for other departments of the Faculty of Health Sciences. Prof. Maraşlı wished students success throughout their professional lives.

Dean of the Faculty of Health Sciences Prof. Rifat Mutuş stated that the white gown is a symbol of health and cleanliness. Prof. Rifat Mutuş ended his words by saying "Do not regret any sacrifice you will make for human health."

Head of Occupational Therapy Department Asst. Prof. Çağıl Ertürk said, "You will not only heal your patients' bodies, but also their hearts." and congratulated the students who participated in the ceremony. After the speech of a student who graduated from IGU Occupational Therapy department in 2022, IGU Vice Rector Prof. Necmettin Maraşlı congratulated highest ranked student of the semester. Dean of the Faculty of Health Sciences Prof. Rifat Mutuş, Head of Occupational Therapy Department Asst. Prof. Çağıl Ertürk dressed the students in their gowns. The

ceremony, which was attended by the families of the students, ended after the photo shoot of academicians and students.

Big success from IGU student: He will represent Türkiye in the USA!

As announced on the official website of the Presidency, Yusuf Enes Gültekin, a graduate of Tokat Erbaa Yılmaz Kayalar Science High School and a long-term intern at IGU TTO, will represent Türkiye at the Regeneron ISEF 2025 International Science and Engineering Fair to be held in Ohio, USA in May 2025.

He will compete in the Oscars of competitions!

In this prestigious organization, which is described as the "Oscar of competitions", Yusuf Enes will compete in the field of technological design with his "Vacuum Boiler Design" project. The project includes the design of an innovative vacuum system that allows hot water to be sent directly, preventing the waste of cold water that comes first when hot water is requested from the tap.

Yusuf Enes, who ranked 3rd in Türkiye in the 2204-A High School Students Research Projects Competition organized by TUBITAK, is among the 14 teams selected by TUBITAK and entitled to participate in the competition in the USA.

Yusuf Enes Gültekin and his team continue to prepare intensively for this great organization, which will take place between 10-16 May 2025. Yusuf Enes, a shining star among Türkiye's young scientists, is preparing to make a significant contribution to both his country and the scientific world with this success.



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