

**"CONSTANTIN BRÂNCUȘI" UNIVERSITY OF TÂRGU-JIU**  
**Faculty of Medical and Behavioural Sciences**  
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**BANDIRMA ONYEDI EYLÜL UNIVERSITY, TURKEY**  
**LARISSA HANDBALL CLUB, GREECE**

**INTERNATIONAL  
SCIENTIFIC  
CONFERENCE**  
**"THE INFINITY"  
OF HUMAN  
PERFORMANCE**

**CONFERENCE**  
**PROGRAM**

**12<sup>th</sup> EDITION**

**July 4<sup>th</sup> 2024**

**TÂRGU-JIU, ROMANIA**

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- PhD Assoc. Prof. **Georgian BADEA-MISS**, "Constantin Brâncuși" University of Tg-Jiu, Romania
- PhD. Assoc. Prof. **Iacob Daniel CHIVU**, "Constantin Brâncuși" University of Tg-Jiu, Romania

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**Scientific secretary:** PhD Lecturer **Paul-Bogdan CHIRIAC**, Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania

### Keynote speakers:

PhD Assoc. Prof. **Aydın KARAÇAM**, Faculty of Sport Sciences, Bandırma Onyedi Eylül University, Turkey

PhD Assoc. Prof. **Oana Maria PĂSTAE**, Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania

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PhD **Eduard- Robert SAKIZLIAN**, Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania

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## CONFERENCE PROGRAM

**THURSDAY, JULY 4<sup>th</sup> 2024, 13<sup>00</sup> – 20<sup>00</sup>**

- ✓ 13<sup>00</sup> Opening of the conference.

Welcome message:

- ✓ PhD Professor **Luminița-Georgeta Popescu**, Rector of “Constantin Brâncuși” University of Târgu-Jiu.
- ✓ PhD Professor **Monica Delia BÎCĂ**, Dean of Faculty of Medical and Behavioural Sciences.
- ✓ PhD Professor **Gheorghe BALINT**, Vice-president of FIEPS Europe-Romania, “Vasile Alecsandri” University of Bacău, Romania

- ✓ 13<sup>30</sup> – 14<sup>05</sup> – Messages from the conference guests:

**Dario NOVAK**, PhD FIEPS Europe President, University of Zagreb, Zagreb, Croatia;

**Yağmur AKKOYUNLU**, PhD Professor, Dean of Faculty of Sport Sciences, Bandırma Onyedi Eylül University, Turkey;

**Miglena SIMONSKA**, PhD Assoc. Prof., Dean of the Faculty of Public Health, Health Care and Sport, South-West University “Neofit Rilski”, Bulgaria;

**Mustafa Can KOÇ**, PhD Assoc. Prof., School of Physical Education and Sports, Department of Recreation, Istanbul Gelişim University, Turkey;

**Vassilis GOURAVAS**, Handball Coach, Larissa Club of Greece.

- ✓ 14<sup>05</sup> – 20<sup>00</sup> – Paper presentations.

- ✓ 20<sup>00</sup> Closing of ***The 12<sup>th</sup> Edition of the International Scientific Conference – “The Infinity of Human Performance” - ISC-IHP 2024***

- **Keynote speakers:**

- 14<sup>05</sup>-14<sup>20</sup> PhD Assist. Prof. **Anna ANDREEVA**, “*THE IMPACT OF HEARING LOSS ON QUALITY OF LIFE*” Faculty of Public Health, Health Care and Sport, Department of Logopedics, South-West University “Neofit Rilski”, Bulgaria

- 14<sup>25</sup>- 14<sup>40</sup> PhD Assoc. Prof. **Aydın KARAÇAM**, “*INVESTIGATION OF SELF-EFFICACY IN TERMS OF REFEREE PERFORMANCE*”, Faculty of Sport Sciences, Bandırma Onyedi Eylül University, Turkey

- 14<sup>45</sup>- 15<sup>00</sup> PhD. Assoc. Prof. **Veli Volkan GÜRSES**, “*ALL ASPECTS OF ATHLETIC TRAINING WITH ISCHAEMIC PRECONDITIONING*” Head of the Department of Coaching Education Faculty of Sport Sciences, Bandırma Onyedi Eylül University, Turkey

- 15<sup>05</sup>-15<sup>20</sup> PhD Assoc. Prof. **Oana Maria PĂSTAE**, "ARTIFICIAL INTELLIGENCE: THE IMPACT ON ENGLISH LANGUAGE TEACHING", Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania
- 15<sup>25</sup>-15<sup>40</sup> PhD Assoc. Prof. **Camelia-Daniela PLĂSTOI**, "ASPECTS THAT FACILITATE SWIMMING AS A FREE TIME ACTIVITY", Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania
- 15<sup>45</sup>-16<sup>00</sup> PhD Assoc. Prof. **Iacob-Daniel CHIVU**, "ANALYSIS OF TACTICAL DYNAMICS IN MODERN FOOTBALL USING MACHINE LEARNING ALGORITHMS TO OPTIMIZE GAME STRATEGIES", Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania
- 16<sup>00</sup>- 16<sup>15</sup> PhD **Eduard- Robert SAKIZLIAN**, "ASPECTS OF THE BIOMECHANICAL ANALYSIS OF THE UPPER LIMB IN HANDBALL", Faculty of Medical and Behavioral Sciences, "Constantin Brâncuși" University of Târgu-Jiu, Romania

<b>SECTION</b>
<b>Sports Science</b>
<b>THURSDAY, JULY 4<sup>th</sup> 2024, 13<sup>00</sup> – 20<sup>00</sup></b>
<b>THE TITLE OF THE PAPER</b>
<b>Author /-s</b>
<p><b>1. THE IMPACT OF PERSONALIZED PHYSICAL EDUCATION PROGRAMS ON THE DEVELOPMENT OF MOTOR SKILLS AND STUDENT HEALTH</b> <i>Iacob Daniel CHIVU, PhD Assoc. Prof.</i></p>
<p><b>2. INVESTIGATION OF SELF-EFFICACY IN TERMS OF REFEREE PERFORMANCE</b> <i>Aydın KARAÇAM, PhD Assoc. Prof.</i></p>
<p><b>3. ANALYSIS OF TACTICAL DYNAMICS IN MODERN FOOTBALL USING MACHINE LEARNING ALGORITHMS TO OPTIMIZE GAME STRATEGIES</b> <i>Iacob Daniel CHIVU, PhD Assoc. Prof.</i></p>
<p><b>4. DEVELOPING MEN'S STRENGTH USING BODYBUILDING METHODS AND EXERCISES</b> <i>Florin NEFERU, PhD Lecturer</i></p>
<p><b>5. THE BENEFITS OF FITNESS EXERCISES ON THE BODY</b> <i>Florin NEFERU, PhD Lecturer</i></p>
<p><b>6. ALL ASPECTS OF ATHLETIC TRAINING WITH ISCHAEMIC PRECONDITIONING</b> <i>Veli Volkan GÜRSES, PhD Assoc. Prof.</i></p>
<p><b>7. CURRENT CHALLENGES OF ROMANIAN UNIVERSITY SPORTS</b> <i>Virgil-Ion POPOVICI, PhD Lecturer</i></p>

<p><b>8. SHIFT FROM MODERN PENTATHLON TO MILITARY PENTATHLON IN THE PHYSICAL TRAINING OF MILITARIES</b> <i>Cristina-Daniela, PAȘCAN, PhD Student</i></p>
<p><b>9. ASPECTS THAT FACILITATE SWIMMING AS A FREE TIME ACTIVITY</b> <i>Camelia-Daniela PLĂȘTOI, PhD Assoc. Prof.</i></p>
<p><b>10. LEISURE ACTIVITIES IN THE STUDENTS' VIEW IN 2024</b> <i>Anemari Simona TEODORESCU, PhD Assoc. Prof.</i> <i>Ioana Maria, BUȚU, PhD Assoc. Prof.</i></p>
<p><b>11. EFFECTIVENESS OF AN ACTIVE BREAKS INTERVENTION IN THE ITALIAN SCHOOL CONTEXT</b> <i>Sabrina, ANNOSCIA, Phd Student</i> <i>Dario, COLELLA, Full Professor</i></p>
<p><b>12. THE EFFECT OF PROACTIVE PERSONALITY AND SPORT ON PSYCHOLOGICAL RESILIENCE</b> <i>Serkan Necati, METİN, Assoc. Prof. Dr.</i> <i>Gizem, BAŞKAYA, Assist. Prof. Dr.</i> <i>Veli Volkan, GÜRSES, Assoc. Prof. Dr.</i> <i>Yağmur, AKKOYUNLU, Prof. Dr.</i></p>
<p><b>13. OPTIMIZING AGILITY BY USING THE ILLINOIS TEST IN FOOTBALL AT THE SENIOR LEVEL</b> <i>Paul-Bogdan, CHIRIAC, PhD Lecturer</i></p>
<p><b>14. EVALUATION OF MAXIMUM AEROBIC SPEED IN FOOTBALL BY USING THE YOYO TEST</b> <i>Paul-Bogdan, CHIRIAC, PhD Lecturer</i></p>
<p><b>15. THE SPORTS, A MEANS OF SOCIAL INCLUSION</b> <i>Adriana Marinela, DĂNCIULESCU, Teacher</i></p>
<p><b>16. ERASMUS+ OPPORUNITIES FOR SPORTS AND INCLUSION</b> <i>Teodora, DRAGOTĂ, PhD</i></p>
<p><b>17. CONTRIBUTIONS REGARDING THE DEVELOPMENT OF THE TRAINING MODEL OF 5-6 YEAR OLD SKIERS</b> <i>MARIA JURCA, Teacher</i></p>
<p><b>18. ASPECTS REGARDING THE COMPLEMENTARY APPROACH TO THE TRAINING OF BEGINNER SKIERS</b> <i>MARIA JURCA, Teacher</i></p>
<p><b>19. THE TRANSFORMATION OF LEISURE EXPERIENCE: DIGITAL LEISURE</b> <i>Batuhan ER, Assist. Prof.</i></p>
<p><b>20. SELF-ASSESSMENT OF THE PHYSICAL PREPARATION OF ELITE BULGARIAN TENNIS PLAYERS</b> <i>Dimitar TOMOV, Assoc. Prof. PhD</i> <i>Anton MANCHEV, Chief Assistant, PhD</i></p>

<p><b>21. THE EFFECT OF RELATIVE AGE ON THE POSITIONS OF VOLLEYBALL PLAYERS COMPETING IN THE SULTANS LEAGUE</b> <i>Melike, BAKIRCI, Lect.</i></p>
<p><b>22. SUPERVISION AND MENTAL HEALTH</b> <i>Silviya, Miteva, PhD</i></p>
<p><b>23. COMPARISON OF MATCH PERFORMANCE OF PROFESSIONAL FOOTBALLERS WITH GPS TECHNOLOGY</b> <i>Mustafa Serdar, BAŞARAN, Ömer, ÖZER, PhD Assoc. Prof</i></p>
<p><b>24. RELATIVE AGE EFFECT IN JUMPING BRANCHES OF ATHLETICS</b> <i>Sare Bostancı, scientific title Kamil Uzgur, scientific title Veli Volkan Gürses, scientific title H. Ahmet Pekel, scientific title</i></p>
<p><b>25. ATTENTION AND EMOTIONS IN BASKETBALL TRAINING OF 9-10-YEAR-OLD CHILDREN</b> <i>Georgian, BADEA-MISS, PhD Assoc. Prof.</i></p>
<p><b>26. IMPORTANCE OF SECONDARY SELECTION PROCESS IN BASKETBALL</b> <i>Georgian, BADEA-MISS, PhD Assoc. Prof.</i></p>
<p><b>27. THE INCREASING OF INCLUSION IN THE PHYSICAL EDUCATION LESSON BY PRACTICING THE GAME OF HANDBALL</b> <i>Vassilis GOURAVAS, Coach</i></p>
<p><b>28. THE STUDY OF INCREASING PHYSICAL ACTIVITY IN THE 12<sup>TH</sup> GRADES THROUGH MEDITATION AND YOGA</b> <i>Claudia JANKO, Teacher</i></p>
<p><b>29. THE IMPORTANCE OF MOTOR DEVELOPMENT IN THE PHYSICAL EDUCATION LESSON FOR STUDENTS AGED 6-7 YEARS</b> <i>Gabriela CĂPRARU, Teacher</i></p>
<p><b>30. THE ROLE OF ADOLESCENT TEAM LEADERS IN SPORTS COMPETITIONS</b> <i>Gabriela CĂPRARU, Teacher</i></p>
<p><b>31. EDUCATING THE PERCEPTION OF RHYTHM IN CHILDREN AGED 6-7 YEARS THROUGH THE PROVISION OF SPECIFIC MEANS FOR AEROBIC GYMNASTICS</b> <i>Karina PICA, Teacher</i></p>
<p><b>32. THE IMPORTANCE OF TECHNICAL AND TACTICAL TRAINING IN THE GAME OF HANDBALL</b> <i>Bogdan Ion CHEPEA, PhD Lecturer</i></p>
<p><b>33. THE MOVEMENT GAMES AND THEIR CONTRIBUTION TO AN ADEQUATE INTERACTION BETWEEN THIRD GRADE STUDENTS</b> <i>Anișoara DINU, Teacher</i></p>
<p><b>34. ASPECTS REGARDING THE PRACTICE OF SKIING IN ADULthood</b> <i>Adrian PICA, Teacher</i></p>

<b>35. ASPECTS OF THE BIOMECHANICAL ANALYSIS OF THE UPPER LIMB IN HANDBALL</b>
<i>Eduard- Robert SAKIZLIAN, PhD</i>
<b>36. THE TEACHING COORDINATION TO STUDENTS BY MEANS SPECIFIC TO AEROBIC GYMNASTICS</b>
<i>Bianca Ferrario, PhD Assoc. Prof.</i>
<b>37. THE CONSIDERATIONS FOR LEARNING ADULT LATIN DANCES</b>
<i>Bianca Ferrario, PhD Assoc. Prof.</i>
<b>38. THE ROLE OF BALANCE SKILLS IN JUNIOR GYMNASTS</b>
<i>Bogdan Ion CHEPEA, PhD Lecturer</i>

<b>SECTIONS</b>	
<b><i>Physical Therapy and Health</i></b>	
<b>&amp;</b>	
<b><i>E-learning and teaching innovation</i></b>	
<b>THURSDAY, JULY 4<sup>th</sup> 2024, 13<sup>00</sup> – 20<sup>00</sup></b>	
<b>THE TITLE OF THE PAPER</b>	
<b>Author /-s</b>	
<b>1. PHYSICAL EXERCISE IN THE RECOVERY OF LATERAL EPICONDYLITIS</b>	<i>Monica-Delia BÎCĂ, PhD Professor</i> <i>Denisa Daniela SAKIZLIAN, Assist. Prof.</i> <i>Tiberiu TĂTARU, PhD Assoc. Prof.</i> <i>Paula TĂTARU, Assist. Prof.</i>
<b>2. THE IMPACT OF HEARING LOSS ON QUALITY OF LIFE</b>	<i>Anna ANDREEVA, PhD Assist. Prof.</i>
<b>3. RECOVERY OF SHOULDER INJURIES IN SPORTS PRACTICE</b>	<i>Tiberiu TĂTARU, PhD Assoc. Prof.</i> <i>Paula TĂTARU, Assist. Prof.</i>
<b>4. THE INFLUENCE OF MANAGEMENT IN PERFORMANCE BASKETBALL THROUGH TRAINING AND RECOVERY SPORTSMANSHIP</b>	<i>Tiberiu TĂTARU, PhD Assoc. Prof.</i> <i>Paula TĂTARU, Assist. Prof.</i>
<b>5. TECHNICS OF STROKE RECOVERY DURING SPASTICITY PHASE</b>	<i>Denisa Daniela SAKIZLIAN, Assist. Prof.</i> <i>Andreea POPESCU, PhD Lecturer</i> <i>Tiberiu, TĂTARU, PhD Assoc. Prof.</i> <i>Paula TĂTARU, Assist. Prof.</i>



<p><b>6. GENERAL CONSIDERATIONS REGARDING THE PHYSICAL THERAPIST – PATIENT RELATIONSHIP</b> <i>Virgil-Ion POPOVICI, PhD Lecturer</i></p>
<p><b>7. ARTIFICIAL INTELLIGENCE: THE IMPACT ON ENGLISH LANGUAGE TEACHING</b> <i>Oana Maria PĂSTAE, PhD Assoc. Prof.</i></p>
<p><b>8. DIAGNOSTIC BIOMARKER PROFILES WITH swLORETA qEEG FOR AUTISM SPECTRUM DISORDERS IN CHILDREN. A SYSTEMATIC REVIEW</b> <i>Elka GORANOVA, PhD Assoc.Prof.</i> <i>Lazaros MEGALOMISTAKIS, PhD Student</i></p>
<p><b>9. VOLUMETRIC ULTRASOUND ASSESSEMENT OF UTERINE SCAR AFTER CESAREAN SECTION. CORRELATION WITH INTRAPARTUM ASPECTS</b> <i>Maria ȘOROP-FLOREA, PhD Lecturer</i></p>
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Stamenka MITOVA, Assoc. prof., PhD,  
Cvetelina HADZIEVA, Chief Assistant, PhD,  
Mariya TYUFEKCHIEVA, MD PhD,  
Snezhana POPOVSKA, State expert,  
Kristiyan HRISTOV, Chief expert,  
Bianka RAVNACHKA, Health specialist*

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*Claudia JANKO, Teacher*

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*Roxana BOGDAN, Support Teacher  
Simina SGONDEA, Teacher*

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*Roxana BOGDAN, Support Teacher  
Adela VLĂDOIU, Teacher*

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*Dorin PLUȚĂ, Doctor*

**23. CHRONIC DISEASES AND THEIR TREATMENT IN CHILDREN**

*Dorin PLUȚĂ, Doctor*

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