



— ISTANBUL —
GELISIM
UNIVERSITY

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AGENDA OF PERSONAL

ACADEMIC-ADMINISTRATIVE APPOINTMENTS

ACADEMIC STAFF AGENDA

- Faculty **Member Dr. Ali ÖZBEK** has been appointed to the position of “**Assistant Professor**” at the Department of Economics and Finance, Faculty of Economics, Administrative and Social Sciences.

I congratulate all our appointed lecturers and wish them success in their new positions.

Assoc. Prof. Serdar Çöp
IGU Secretary General

ADMINISTRATIVE STAFF AGENDA

- As of 21.03.2022, **Eyüp Han ALTAY** took office as Health, Culture and Sports officer at the Department of Health, Culture and Sports at our University.
- As of 24.03.2022, **Berkan ÖZGÜR** took office as IT Intern at the Department of Information Technologies at our university.
- As of 24.03.2022, **Berke KAYA** took office as IT Intern at the Department of Information Technologies at our University.
- As of 24.03.2022, **Doğukan AKGÜN** took office as IT Intern at the Department of Information Technologies at our University.
- As of 24.03.2022, **Halil Mehmet ÖKSÜZ** took office as IT Intern at the Department of Information Technologies at our University.
- As of 24.03.2022, **Yusuf İshak ALTUĞ** took office as IT Intern at the Department of Information Technologies at our University.

I congratulate all our appointed lecturers and wish them success in their new positions.

Assoc. Prof. Serdar Çöp
IGU Secretary General

ADMINISTRATIVE STAFF AGENDA

From Istanbul Gelisim Vocational School Banking and Insurance Program, **Lecturer Dr. Duygu Çelik**'s article titled "*Factors Affecting Income Distribution in Developing Countries*" has been published in Erciyes Akademi Dergisi (Journal of Erciyes Academy). The link of the article is below.

<https://dergipark.org.tr/tr/pub/erciyesakademi/issue/68934/1060779>

Instructor Murat Karaova in Computer Aided Design and Animation Program of İstanbul Gelisim University Vocational School participated in the ArtAnkara 8th International Contemporary Art Fair with his works.



GELISIM MIS SUMMIT 2022

On dates 24-25 March 2022, **GELISIM MIS SUMMIT 2022** event was organized at our University by the Department of Management Information Systems, Faculty of Economics, Administrative and Social Sciences in collaboration with the Code of Duty student club. At the event, the prominent names of the technology sector shared their work and life experiences with the students.



MENTAL PROBLEMS ARE SEEN MORE IN THOSE, WHO EXPERIENCE WORK STRESS!

MARCH 21 2022



The Academic Member **Dr. Filiz Şükrü Gürbüz** of the Istanbul Gelisim University, who is a Specialist of Psychiatry of the Psychology Department of the Faculty of Economics, Administrative and Social Sciences of the Istanbul Gelisim University and said that the stress occurred by the threatening and forcing the physical and mental limits of the individual, drew attention to the fact that as a result of it, the stress might show various different physical and mental signs. Mrs. Gürbüz further added as follows: "The researches, made within this framework, indicate that the mental problems are seen more

frequently on the individuals, who experience work stress at intensive level. The exhaustion (burnout) comes on the top of the problems, caused by the work stress. The burnout refers to the problems that come forth as a result of intensive work stress on the individuals and are experienced in mental and behavioural field. Following mental problems such as unwillingness or reluctance to go to the work, asthenia, fall in energy and so on, and in the meantime, behavioural problems, for instance, tardiness, failure to go to work, ignoring the work, made and negative attitudes, shown towards workmates and/or persons, who are offered services"

<https://gelisim.edu.tr/en/news/mental-problems-are-seen-more-in-those-who-experience-work-stress>

IGU-SUPPORTED "LEARNING EMPOWERMENT TRAINING" HELD IN ANKARA

MARCH 21 2022



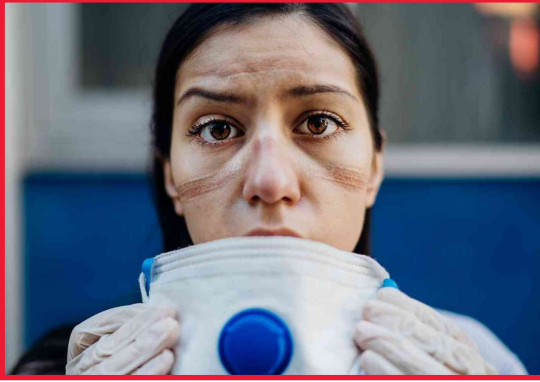
The Learning Empowerment Training has been organized in recent days with the collaboration of the Istanbul Gelisim University and the Counselling and Research Centre of Keçiören. 182 advisory teachers have attended in the training that was organized under the guidance of the Academic Member **Dr. Derya Kavgaoğlu**. While the said training started with the opening speech of the Director of the Counselling and Research Centre of **Keçiören of Ankara** province, the introduction of the Istanbul Gelisim University have also taken place in the presentation. The program was finalized following the speech, made **by Mr. Ayhan Işık**, who was the Director of the

National Education Directorate of the **Town Keçiören**.

<https://gelisim.edu.tr/en/news/igu-supported-learning-empowerment-training-held-in-ankara>

PANDEMIC AFFECTS NURSES AT MOST!

MARCH 22 2022



The Acute Stress Level Research, made in the first months of the pandemic, was ended up. At the research that was carried out on a total number of 1.027 people and also comprised those of non-health care professionals, it was concluded that the highest acute stress symptom was seen on the nurses. Pandemic affects nurses at most! At the research, carried out by the Academic Member **Dr. Alişan Burak Yaşar** of the Department of Psychology of the Faculty of the Economics, Administrative and Social Sciences of the Istanbul Gelisim University, **Mr. Yaşar**, who emphasized that there for the nurses having one-to-one contact

with the patient might be a rise at the acute stress level due to the high risk of infection for the nurses having one-to-one contact with the patient for longer periods among the health care professionals, indicated that there has been a fall in the level of stress the health care professionals as the difficulty of finding protective equipment becomes less.

<https://gelisim.edu.tr/en/news/pandemic-affects-nurses-at-most>

NEW WAVE: INSTAGRAMMING

MARCH 23 2022



The Academic Member **Dr. Sezgin Savaş**, who mentioned about the fact that the users shared important points that they visit in the city or go into in recent periods although it comes to the mind that the people in social media make sharing especially on them, kept on saying: "The use of social media devices and 'Instagram' by masses brought them forth to turn out to be a an object of research. At the end of this tendency, however, the concept of 'Instagrammable' was added to the literature. From now on, the users come to think that it is something valuable to Instagramming the cities the same as they share their private lives and fields of interests. Therefore, for the management of the images of cities,

the importance of the platforms such as Instagram rises as well." In this respect, the city of Istanbul, many points of it are open for visits with its cultural heritage and historical background has an important position and location from the point of the Instagramming. The city, introduced by various numbers of tourists, attracts visitors from every part of the world.

<https://gelisim.edu.tr/en/news/new-wave-instagramming>

KICK BOXING CHAMPION OF TURKISH UNIVERSITIES IS A STUDENT OF IGU

MARCH 23 2022



In the Turkish Universities Kick Boxing Championship which is held in Erzurum between the dates of March 18-20, 2022, **Faruk Mert Yüksel**, student of Istanbul Gelisim University, is ranked as 75 kg Point Fighting Turkey Champion, while Oğuzhan Altındağ is ranked as second in Turkey at 57 kg K1 Style.

In the Unilig Karate Championship which was held in Balıkesir at the same time, the team consisting of **Burak Arslan**, **Yusuf Eren Kendigelen** and **Emir Aksoy**, the students from the School of Physical Education and Sports, representing our university, was ranked as third.

<https://gelisim.edu.tr/en/news/kick-boxing-champion-of-turkish-universities-is-a-student-of-igu>

THIS SYSTEM WILL BRING DOWN THE PERSONNEL COST!

MARCH 25 2022



According to the result of the researches of the MIT (Massachusetts Institute of Technology) and Deloitte, 87 % of the executive managers and employees brought forth the fact that they regard the outsource as a part of the labour force. While the use of outsource in the past years as seasonal employees, the service providers, application developers or contractors have been included in the use of outsource as well. The Academic Member **Dr. Ece Zeybek Yılmaz**, who emphasized that the procurement of the labour force externally did have only the objective of bringing down the cost of personnel, indicated as follows:

“Notwithstanding that the use of outsource in the field of information technologies has been prevalent, the use of outsource at various departments such as finance, human resources, R&D and so on, gained importance more especially after the global Covid-19 epidemic. Thus, the persons, who are in different geographies and different talents, could work more effectively in more than one enterprise and especially at project-based works of definite duration. This circumstance both increases the quality of the work so made on the one hand and brings substantial proceeds for the employer from the point of view of the cost.”

<https://gelisim.edu.tr/en/news/this-system-will-bring-down-the-personnel-cost>


**ISTANBUL
GELISIM
UNIVERSITY**
**ISTANBUL GELİŞİM UNIVERSITY
EVENT PROGRAM**

DATE	TIME	EVENT TYPE	EVENT NAME	EVENT LOCATION	REMARK	EVENT ORGANIZED BY
28.03.2022 - 03.04.2022						
28.03.2022	9:00	Other	A Little Smile (Bir Küçük Tebessüm)	Istanbul	A visit will be made to women with cancer.	Department of Health, Culture and Sports/ Lösev and Fayda (Grace) Club
28.03.2022	13:00	Conference	Assessment and Evaluation Training	J Block Mehmet Akif Ersoy Conference Hall	Will be attended by Dr. Türker TOKER, the faculty Member	Educational Support Coordinatorship
28.03.2022	14:00	Seminar	Past, Present, Future of Physiotherapy	E Block Tusi Conference Hall	Will be attended by the Specialist Physiotherapist Zafer AKSUNGUR and the Moderator Çağrı ERTURK	Dean of Faculty of Health Sciences/ Department of Physiotherapy and Rehabilitation
28.03.2022	16:00	Seminar	Trauma and Intervention in Children	K Block Firas Auditorium	Will be attended by the Psychologist Ecem CAN	Department of Health, Culture and Sports/ Psychology Club
29.03.2022	9:00	Other	Musical Theatre	J Block Mehmet Akif Ersoy Conference Hall	A musical theatre event special for the World Theatre Day will be held.	Department of Health, Culture and Sports/ Theatre Club
29.03.2022	12:00	Other	Food Photography Training	G Block Aziz Sancar Conference Hall	Will be held for gaining experience in food photography	Department of Health, Culture and Sports/ Gastro Art, Photograph and Video Club
29.03.2022	13:00	Conference	Assessment and Evaluation Training	J Block Mehmet Akif Ersoy Conference Hall	Will be attended by Dr. Türker TOKER, the faculty Member	Educational Support Coordinatorship
29.03.2022	14:00	Panel	Cancer Week Panel	E Block Tusi Conference Hall	Will be attended by Faculty Member Dr.Turgay DAGTEKİN, Lecturer İrem KURT, Lecturer Zeynep Seyda TUT, Lecturer Mustafa Oğuz KETHUDAĞLU, Lecturer Mustafa Ferit AKKURT, Lecturer Çağrı ERTÜRK, Researcher Selen AYDONER	Dean of Faculty of Health Sciences/ Department of Physiotherapy and Rehabilitation/ Physiotherapy and Rehabilitation Club
29.03.2022	14:00	Other	Cinema and Politics Workshop II: Suffragette (2015) Film Screening and Analysis	Class No.J-304	Will be attended by Dr. İlknur KARANFİL, the faculty Member	Dean of Faculty of Economics, Administrative and Social Science/ Political Science and International Relations / Social Research and Application Center
29.03.2022	8:00	Seminar	Turkey and the World Economy: Indicators and Developments	Google MEET	Will be attended by Prof. Dr. Erhan ASLANOĞLU	Dean of Faculty of Economics, Administrative and Social Science/ Department of International Trade and Business
30.03.2022	9:00	Exhibition	ICM-IMI Student Projects Exhibition	Gelisim Art Gallery	ICM-IMI Student Projects will be exhibited	Dean of Faculty of Fine Arts/ Department of Interior Architecture and Environmental Design

30.03.2022	12:00	Other	Social Gathering	Tower/J Block Student Center 17th Floor	An event for socializing will be held.	Department of Health, Culture and Sports/Mindset Club
30.03.2022	11:00	Interview	Interior Architecture Talks-9	K Block Fimas Auditorium	Will be attended by Prof. Dr. Genco BERKIN	Department of Health, Culture and Sports/ Interior Architecture- Interior Architecture and Environmental Design Club
30.03.2022	12:00	Seminar	Occupational Safety in Construction Works; OHS Management and Obligations in Construction Works	G Block Aziz Sancar Conference Hall	Will be attended by Burhan ERDIM	Istanbul Gelisim Vocational School/ Construction Program
31.03.2022	10:00	Other	Healthy and Easy Meal Ideas	Kitchen Lab. (BLOCK C-019)	Will be attended by Lecturer M. Basak ONAT	Dean of Faculty of Health Sciences/ Nutrition and Dietetics
31.03.2022	11:00	Other	Istanbul Railway Museum Visit	Istanbul / Sirkeci	A visit to Istanbul Railway Museum will be held.	Istanbul Gelisim Vocational School/ Logistics Program
31.03.2022	13:00	Seminar	Nuertingen-Geislingen University	K Block Fimas Auditorium	Will be attended by Prof. Dr. Iris RAMME - Lecturer Dennis KÖHLER	Dean of Faculty of Economics, Administrative and Social Sciences/Business Administration Department/ Erasmus Coordinatorship
31.03.2022	14:00	Other	Book Fair Visit	Istanbul	A visit to the Book Fair will be held.	Istanbul Gelisim University Vocational School/ Foreign Trade Program
31.03.2022	8:00	Seminar	Therapeutic Use of Water: Aquatherapy	Google Meet: meet.google.com/jbvyidr-zeq	Will be attended by Ceren AYVALI	Vocational School of Health Sciences / Department of Occupational Therapy
01.04.2022	10:00	Exhibition	Poster Festival	Gelisim Art Gallery	Scientific posters will be exhibited.	Vocational School of Health Sciences / Directorate of Autopsy Assistant Program
01.04.2022	11:00	Other	Technical Training Visit	Istanbul / Hezarfen Airfield	A visit to the Hezarfen Airfield will be held.	Dean of Faculty of Applied Sciences/ Aircraft Maintenance & Repair
01.04.2022	11:00	Other	Photoshop Plan Coloring with Eylül GOBEL	Google Meet: https://meet.google.com/oqf-wkfouyt?authuser=0&hs=122	Will be attended by Eylül GOBEL	Department of Health, Culture and Sports/ Interior Architecture Club
01.04.2022	11:00	Other	Gender and Media Workshop	Class- A Block D302	Will be attended by Researcher Sare OZTURK	Faculty of Applied Sciences / Department of Television Reporting & Programming
01.04.2022	12:00	Interview	Strategic Communication Management in Artificial Intelligence and Marketing	Class No.J-362	Will be attended by Saadet UGURLU	Dean of Faculty of Economics, Administrative and Social Sciences/ Directorate of Public Relations & Publicity
01.04.2022	14:00	Seminar	Exam Anxiety and Self-Help Techniques	Google Meet: meet.google.com/gociyei-zkj	Will be attended by Lecturer Kamala KHALINBAYLI	Vocational School of Health Services / Child Development Program
01.04.2022	15:00	Other	Nature Day	A Block Garden	Wishes event, which is the 13th day ritual of Nowruz Feast, will be held.	Vocational School of Health Services / Child Development Program

THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.





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