

4TH TURKEY SPORTS SUMMIT BEGINS

Organized in cooperation with Istanbul Gelisim University (IGU) and Sports Policies Association (SPOLDER), the 4th Turkey Sports Summit begins.

Organized with the theme of "Sustainable Future in Sports Sciences", the 4th Turkey Sports Summit will be held on 28 December in cooperation with Istanbul Gelisim University School of Physical Education and Sports and Sports Policies Association (SPOLDER).

"WE ARE PLANNING IT TO SHINE THE FUTURE"

At the summit, which will start with the World FairPlay Cartoon and Photograph Exhibition of the National Olympic Committee of Turkey, sessions titled "Women are Strong Together: Succeeding in Sports" and "The Future of Sports Investments in the 21st Century" will also be held. Istanbul Gelisim University makes statement on the event, "We are planning to shed light on the future, starting from 2021, with the 4th Turkey Sports Summit, which will include athletes, sports people, sports scientists who have achieved national and international successes and contributed to sports with a vision."

An award ceremony will also be held at the end of the summit.

TECHNOLOGY LEADS CHILDREN TO LACK OF CONTACT WITH THEIR ENVIRONMENT

Stating that the abuse of technology has many negative effects on children in psychological, physical, cognitive and social areas, Lect. Buse Kerigan emphasizes, "Digital technology usage reduces the frequency of children's use of outdoor playgrounds and causes children to be out of touch with their environment."

"IT HAS A NEGATIVE EFFECT ON PSYCHOLOGICAL, PHYSICAL, COGNITIVE AND SOCIAL AREAS"

Stating that children from all age groups grow together with both traditional and modern technology, Istanbul Gelisim University Department of Child Development Faculty member Buse Kerigan says, "Research shows that there has been an increase in the use of modern technology products such as computers, tablets and

phones, which have become widespread in recent years. While the use of these technology products is consciously safe, beneficial when used for beneficial purposes and with a time limit it can be determined as abuse when used unsupervised, aimlessly and for long periods of time. Abuse of technology has many negative effects on children in psychological, physical, cognitive and social areas.”

Indicating that children participate in early literacy activities that are necessary throughout their lives, starting from the pre-school period, Kerigan says, “Today, there are many opportunities for children to develop their skills such as listening, expressing themselves, reading and writing. Technology, which is among these opportunities, provides many opportunities for children to play, explore and learn. These learning opportunities coincide with critical processes in the early stages of children's development since in this period, children's brains are extremely flexible and with each experience they have with a natural sense of discovery and research about their own world, new connections between neurons are formed and existing connections become stronger.”

CAUSES THE CHILD'S DISCONTACT WITH THE ENVIRONMENT

Stating that the use of digital technology is gradually decreasing the frequency of children's use of outdoor playgrounds, Lect. Kerigan says, “Therefore, the decrease in the usage time of outdoor playgrounds and the increase in the time allocated to the games on technological devices lead to a decrease in the face-to-face communication of children with their peers and group games. However, the use of digital technology causes children to spend individual time without requiring much physical energy expenditure, causes children to be passive receivers and causes children to be out of touch with their environment.

Kerigan continues her speech as follows:

“At the same time, children's acquaintance with technological devices at an early age in terms of cognitive level skills, spending too much time during the day, watching low quality and inappropriate content negatively affect their cognitive functions (impulse control, self-regulation, mental flexibility, ability to understand the thoughts and feelings of others). According to various studies, excessive use of technological

devices not only affects cognitive skills, but also negatively affects the development of cooperation, sharing and empathy skills of children, who are social beings, reduces their motivation in the face of any activity they have done, and affects their emotional development by affecting their ability to take responsibility.

“FAMILIES SHOULD BE CONSCIOUS”

Emphasizing that families should be aware of their own duties and responsibilities, Kerigan says, “Although families are aware of the problems related to the use of traditional and new technological devices that may adversely affect their children's well-being, social/personal development and academic performance, they do not cooperate with healthcare professionals to address them. They should not forget the necessity of it.”

UNEMPLOYMENT IS ANOTHER CAUSE OF CANCER!

Assoc. Prof. Gülgün Çiğdem, who has carried out studies called the Crisis-Cancer Cycle (CCC-Crise Cancer Cycle), in her multidisciplinary studies in which she questioned the relationship between poverty and cancer incidence in the United States, questioned whether there is any relationship between unemployment caused by crises and cancer incidence this time by taking Turkey into account.

According to her research, Çiğdem has added a new one to the known risk factors of cancer and stated that unemployment is one of the causes of cancer.

Assoc. Prof. Gülgün Çiğdem's original empirical study entitled "The Crisis-Cancer Cycle in the Shadow of COVID-19: Evidence from Turkey" has been published in the World Cancer Research Journal (WCRJ) in Italy.

In her multidisciplinary studies, which she named the Crisis-Cancer Cycle (CCC-Crise Cancer Cycle), in which she questioned the relationship between poverty and cancer incidence in the United States, Çiğdem this time examines Turkey and examines whether there is a relationship between unemployment caused by crises and cancer incidence. Istanbul Gelisim University (IGU) Faculty Member Assoc. Prof. Çiğdem has determined a unidirectional causality between the variables as a result of the analyzes performed for Turkey. Çiğdem says, "Accordingly, unemployment is a Granger cause of cancer incidence."

“UNEMPLOYMENT OCCURING DURING CRISIS IS ANOTHER CAUSE OF CANCER”

Çiğdem continues her speech as follows:

“According to the study, there is a more critical cycle in the shadow of COVID-19. The measures taken to survive during the COVID-19 process and to prevent the spread of the pandemic create mass unemployment. As revealed by this study, unemployment that occurs during crisis periods is another cause of cancer. In addition, according to research shared by the American Association for Cancer Research, cancer increases the death rate from COVID-19 three times more. Some types of cancer are at risk of increasing COVID-19 complications, according to the statement.”

“IT WILL BRING MUCH HEAVY HUMAN AND FINANCIAL BURDEN ALONG”

Stating that the COVID19 pandemic process started with a health crisis and turned into a global economic depression, Çiğdem says, “Unemployment and poverty, which are between two sharp ends, COVID-19 and cancer, are important macro-economic phenomena that should be prevented with policies. Failure to take the necessary steps in this process will bring much heavier human and financial burdens.”

THE DOCUMENTARY "PAYAS" TO BE SHOT AT THE HISTORICAL SOKOLLU MEHMET PASHA COMPLEX

The "Payas Film Workshop", which will be organized by Payas Municipality and Istanbul Gelisim University, starts on January 6th.

"Payas Film Workshop", which will be organized in cooperation with Istanbul Gelisim University Fine Arts Faculty under the coordination of the Payas Municipality Culture Directorate, starts on 6 January. The high school students who attend the 3-day training will start at the Sokollu Mehmet Pasha Complex*, which was built by Mimar Sinan by the grand vizier of the time, Sokollu Mehmet Pasha.

STUDENTS TO INTRODUCE PAYAS THROUGH THE DOCUMENTARY

High school students, who will participate in the workshop, will take part in the documentary film works about Payas under the consultancy of their trainers so that they have the opportunity to apply the theoretical knowledge they have learned on the last day of the Payas Film Workshop.

After the workshop, the footage shot by the students will be edited by Istanbul Gelisim University and the screenings of the documentaries/short films prepared will meet with the audience at the gala to be held in Payas. Certificates will be presented to the participating students.

MAYOR ALTAN: 'PAYAS FILM WORKSHOP' WILL OFFER THE STUDENTS THE OPPORTUNITY TO UNDERSTAND AND EXPLAIN THE GEOGRAPHY THEY LIVE IN

Mayor of Payas, Bekir Altan, who made evaluations about the film workshop to be held in Payas, said, "I am an educator-based mayor who has completed his 22nd year in the mayorship, I believe in the eternity of learning. Every event where art, science and technology meet with young people is an indescribable happiness."

"WE WILL OPEN NEW HORIZONS TO OUR YOUNGSTERS"

Mayor Altan said, "As Payas Municipality, we work with the desire to develop and advance our city in better areas with our investments in education, the reward of our investments with our awards in the scientific field, our history, the effort we put into our historical heritage, our industry, our laborers working in the industrial sector, our industrialists. I believe that the Payas Film Workshop, which will be organized by our municipality and Istanbul Gelisim University (IGU), will open new horizons for the promotion of our city and our youth, who are the guarantee of our future. I would like to thank everyone who contributed to the project."

The project coordinators of the workshop are IGU Faculty of Fine Arts Dean Prof. Dr. Şükran Güzin Ilıcak Aydınalp and the media communication coordinator is Saygı Ünlü. Additionally, Assoc. Dr. Nagihan Çakar Bikic, Lect. Director Ahmet Bikic is the

workshop director, Okan Kırbaç and Istanbul Gelisim University Faculty of Fine Arts students Enes Dalgıç and Polat Bakırtaş are in the technical team, and Res. Asst. Ayten Bengisu Cansever, Res. Asst. Başak Lale and Res. Asst. Büşra Kamacıoğlu are in the design team.

Translator's Note (*): I preferred to use this word to keep the name shorter. However, the word in the source language, 'külliye' originally means 'Islamic-Ottoman social complex'.