

11 THOUSAND 822 GRADUATES THREW CAPS

University graduation ceremonies, which could not be held due to the pandemic, started to be organized within the scope of coronavirus measures. Thousands of young people graduating from universities will either enter business life or proceed on an academic path. Holding its 10th and 11th graduation ceremonies, Istanbul Gelisim University (IGU) graduated 11,822 alumni from 129 different programs. During the 10-day graduation ceremonies, many faculties, institutes and college graduates of the university threw their caps.

At the graduation ceremony held on the campus of the university, Gelisim Tower, the young people who took the stage in sections received their diplomas. Speaking at the ceremonies held in accordance with the mask and social distance rule within the scope of coronavirus measures, faculty deans and school principals congratulated the graduating students and said that they were happy to meet with the students for the last time at the graduation ceremony, albeit delayed.

The ceremonies ended with the students' throwing their caps.

WITHIN 10-15 YEARS MOST OF THE TRADITIONAL JOBS WILL BE VANISHED

"We work hard to build the future's university with a high brand value and which our graduates and Turkey will be proud of," said Vice Rector of Istanbul Gelisim University, Prof. Dr. Nail Öztaş and added, "According to the OECD report, we have a future at our door in which 6 - 7 thousand professions, corresponding to more than half of all professions in the world, are expected to disappear or be replaced in the next 10-15 years."

ONE MUST PURSUE LIFE-LONG LEARNING

Underlining that this change should be seen as an opportunity, not a threat, Prof. Dr. Nail Öztaş said, "Our young graduates who will invent new professions. In order to seize the opportunities in this transformation, our graduates' curiosity, diligence and innovativeness will open doors that will change the world. Let them trust the education they receive at our university, but it will not be possible to achieve permanent success without continuing lifelong learning. We are confident that our

youth will build the bright and prosperous future of our country. Let the roads be open.”

STUDENTS COMPLETED THEIR AVIATION TRAINING

The increase in private aviation companies and the rapid growth and development process in air transportation bring the need for qualified personnel. Within the framework of the cooperation between the Council of Higher Education (CoHE) and the Directorate General of Civil Aviation (DGCA), students who graduate with the education received at universities with the "Recognized School" certificate, which is owned by only a limited number of higher education institutions in Turkey, gain many privileges.

A CERTIFICATE FROM RECOGNIZED SCHOOL

Aviation training, which could not be held due to the pandemic, was completed within the scope of coronavirus measures. The students of Istanbul Gelisim University (IGU) Faculty of Applied Sciences Department of Aircraft Maintenance and Repair and Gelisim Vocational School Department of Aircraft Technology, which has the 'Recognized School' certificate, successfully completed the "Aircraft Technical SHY 147 and SHY 66 TASK Application Trainings.

Following the mask and social distance rule within the scope of coronavirus measures, after the trainings held at Pilot Melike Force Aircraft Hangar, the students took an important step towards becoming a licensed expert in the profession.

NURI SEZER'S BOOK 'SYMMETRIC ILLUSTRATION' PUBLISHED

Illustrator Asst. Prof. Nuri Sezer's 'Symmetric Illustration' has been published. Stating that there is an intercultural connection in illustration, Sezer said, "An illustration that carries the common values of cultures will have an impact on the people it communicates with."

From Istanbul Gelisim University (IGU) Faculty of Fine Arts (GSF) Department of Graphic Design, Lecturer Nuri Sezer's book "Symmetric Illustration" has been published by Istanbul Gelisim University Press.

Emphasizing the place of art in human life, Asst. Prof. Nuri Sezer said, "Art is one of the most important phenomena that affect people all over the world and activate their senses to see, hear and feel. Everyone has a music, a picture that they love and feelings they get from them. They are the most important factors that distinguish humans from other living things. Unfortunately, our society's view of art is not very healthy and this view shows the lack of importance given to visuality."

"GRAPHIC IS AN APPROACH OF ART THAT FINDS MOVEMENT IN THE LIGHT OF EVERY SCIENCE"

"We call art to express an idea by adding emotion and creativity," said Sezer and added, "Graphic is the one that enables people to communicate with each other or socially with visual, sensory and tactile instruments, and while providing this, it is an understanding of art that finds its talent that act in the light of every artistic, cultural, economic, sociological, psychological and anthropological science."

"ILLUSTRATION IS AN INTERCULTURAL CONNECTION"

Stating that the most active and memorable source of communication in living things is visual activation, Sezer said, "Illustration is a branch of graphic design. There is an intercultural connection in illustration. An illustration that carries the common values of cultures is very effective on the people with whom it communicates. Using the concept of symmetry in the illustrations I made, I tried to make different visual designs by cutting the works in half and taking their symmetry. Believe me, sometimes five or six different images did make a great work. We realized that different visuals were created by having my students apply it at school. I draw the illustrations by hand, colour them on the computer, and then open exhibitions with digital prints on various materials and present them to the imagination of the audience."

"PLAY THERAPY TRAINING" TO BE GIVEN IN MARDIN

Child Centered Play Therapy Training is organized in cooperation with Artuklu Mardin Guidance and Research Center and Istanbul Gelisim University (IGU). The

three-day trainings will be open to the participation of all psychological counsellors in Mardin.

Child-Centered Play Therapy Trainings, which will be open to the participation of all psychological counsellors, will start in Mardin between October 11th and 13th. The trainings to be given by Psychotherapist and Psychological Counsellor Elif Macit are organized by Artuklu Mardin Guidance and Research Center and Istanbul Gelisim University.

“ADULT THERAPY CAN'T BE IMPLEMENTED TO CHILDREN”

Talking about the importance of play therapy, Psychotherapist and Psychological Counsellor Elif Macit said that children are different from adults in understanding and speaking their emotions, emphasizing that the form of therapy performed in adults would not suit children.

“CHILDREN EXPRESS EMOTIONS MORE EASILY IN THE PLAY ENVIRONMENT”

Underlining that the environment in which children can express themselves most comfortably is 'games', Macit said, "We call play therapy the method that focuses on children's expression of their needs through games and toys. In the play environment that the child is used to, it is easier for them to express their experiences and feelings. "Play therapists encourage children to play as they want as they are trained to create a safe environment for children."

The training will take place face to face.

ONE IN THREE PEOPLE AGED 65 AND OVER HAS A FALL ACCIDENT EVERY YEAR

Physiotherapist Gülşah Konakoğlu said that according to the World Health Organization (WHO), the biggest health problem in the elderly is determined as "falling down", and that one out of every three individuals aged 65 and over in Turkey experiences falling down accident every year.

Falling is one of the minor accidents that usually happen to children and the elderly, especially in the home environment. Although it is perceived as insignificant, experts occasionally warn about health problems that may occur afterwards. In this sense, Gülşah Konakoğlu, who is lecturer at Istanbul Gelisim University Department of Physiotherapy and

Rehabilitation, also touched upon the remarkable details that emerged as a result of the research conducted on falls by the World Health Organization. Physiotherapist Gülşah Konakoğlu said that the biggest health problem, especially in the elderly, occurs as a result of slipping according to this report. Moreover, one third of individuals over the age of 65 slips and falls down every year according to the research conducted in Turkey.

“70% of the fall accidents cause injuries”

Referring to the researches, Gülşah Konakoğlu said, “Especially the elderly people’s falling down at home is categorized as risky accident. However, this is a fact for all age groups for sure. However, the World Health Organization defines falling in old age as one of the biggest health problems. When we look at the studies and researches on fall accidents in Turkey, we see that one-third of individuals aged 65 and over has fall accidents every year, and 70% of these falls result in injury. Additionally, 90 percent of fracture incidents in this age group occurs as a result of a fall accident. Therefore, falling is a great risk for elderly individuals in terms of morbidity and mortality.

What can be the causes and consequences of falling?

Stating that falling can occur as a result of both health problems and recklessness at home, Konakoğlu said, “Sometimes, falls can occur due to chronic diseases, side effects of multiple drug use, balance problems, balance coordination problems due to neurological diseases. Even vision problems and the use of assistive devices can cause them to trip and fall. Konakoğlu also listed the health problems that may occur after a slip and fall and said, “Disability, dysfunction, fractures, tissue injuries, consequent restriction of daily living activities and adversely affecting the quality of life of the person are among the problems that may occur as a result of falling.”

“We can eliminate the risk factors causing fall accidents”

Konakoğlu underlined that for health problems that cause falls, it is necessary to undergo specialist control, but that precautions can also be taken by making small adjustments, especially at home. Konakoğlu said, “We see that the causes of falls are also risk factors. When we look at these risk factors, we can eliminate them, that means we can prevent them. Causes such as increasing age and the presence of chronic diseases caused by the individual are okay, but increasing the balance and coordination with the supportive trainings we will give to this individual, strengthening their muscles, and supporting it with

exercise training programs will reduce the risk of falling. In addition, it is necessary to make arrangements to reduce the risk of falling in the living environment. She concluded her words by saying, "The use of 'Antislip' product, which can be applied by everyone in every corner of the house, having lighting in the bathrooms and toilets, installing grab bars and not having slippery and wet floors will reduce the risk of falling."

TREATING CHILDREN WITH PLAY THERAPY WILL BE TAUGHT

In cooperation with Bursa Provincial Directorate of National Education and Istanbul Gelisim University (IGU), a training called "Working with Children with ADHD (Attention Deficit and Hyperactivity Disorder)" is organized.

The training, named "Working with Children with ADHD", starts in Bursa on October 23. The training to be given by Psychotherapist and Psychological Consultant Elif Macit, will be carried out by Bursa Provincial Directorate of National Education and Istanbul Gelisim University.

Psychotherapist and Psychological Consultant Elif Macit, who stated that Attention Deficit Hyperactivity Disorder (ADHD) may start in pre-school children and continue in adulthood, said, "The main feature of ADHD is the shortening of the permanent and continuous attention span, and it manifests in behaviours or cognition depending on the lack of control towards prevention. It can be defined as a state of aggression and restlessness."

"GAME IS A PRACTICE PROCESS FOR CHILDREN"

Emphasizing that play therapy is an important approach in the treatment of children diagnosed with ADHD, Macit said, "Play is children's learning through experimentation about the subjects that no one else can teach children. Play is a process of adaptation and practice for children. In general, play is an important area where children can express themselves, use their talents, creativity and realize their potential, develop their language, cognitive, social, affective and motor skills and increase their awareness. It is also the period of time when they spend a lot of power and spend their energy. As a result, children can calm down and realize their potential."

“REDUCES HYPERACTIVITY”

Mentioning that play therapy is an ideal method for children diagnosed with ADHD to socialize and express their emotions, Macit said, "Children spend their energy in play therapy, and as a result, it helps to reduce impulsivity and hyperactivity."

The training will take place face to face.

ELECTION EVALUATION FROM A JAPANESE POLITICAL SCIENTIST: SUPPORT FOR THE GOVERNMENT HAS DECLINED

Japanese Political Scientist Dr. Keisuke Wakizaka evaluated the latest situation in the country and the change of management as the elections approached in Japan and said, "Support for the government has dropped to 20-30 percent."

Regarding the Yoshihide Suga's resignation from the Leadership of the Liberal Democratic Party in September, former Japanese Foreign Minister Humio Kishida was elected as the new party leader and took office as the new prime minister as a result of the intra-party election, Japanese Political Scientist Dr. Keisuke Wakizaka said, "Support for the government has dropped to 20-30 percent."

“INCREASE IN THE NUMBER OF COVID-19 CASES COUNTED AS 'FAILURE”

Making statements about why the Liberal Democratic Party, which is the ruling party, changed their chairman as the elections approached in Japan, Japanese Political Scientist Asst. Prof. Keisuke Wakizaka said, "This reason is due to the situation of the previous Yoshihide Suga administration. Yoshihide Suga, who became prime minister in 2020, had to deal with the economic depression and the Covid-19 pandemic crisis within Japan. Due to the Covid-19 pandemic and the measures of the Japanese government against it, the Japanese economy has suffered serious damage. Against this situation, the Suga administration could not produce any effective policy. The reputation of this administration, especially among the youth, has decreased significantly and they have not heeded the warnings made by the Japanese government. In addition, the number of Covid-19 cases increased rapidly after the Tokyo Olympics. This was reflected to the Japanese public as the

"failure" of the Suga administration. Thus, the inability to effectively manage the crisis that has continued until today has negatively affected Suga's administration."

"SUPPORT TO THE GOVERNMENT DECREASED BY 20-30 PERCENT"

Stating that the support of the Japanese public to the Suga administration has decreased to 20-30 percent, Dr. Wakizaka said, "There would be a possibility that the Liberal Democratic Party alone would not be able to win more than half of the seats in the House of Representatives if it ran under this situation. The slight increase in support for opposition parties is actually due to the weakening of Suga's administration. That's why the Liberal Democrat Party preferred to change the management staff and enter the election instead of not losing the election and continuing the administration of Suga, which has a negative image."

"THERE IS NO HOPE"

Noting that the Kishida administration had people involved in scandals such as bribery in important positions, Dr. Wakizaka said, "Japanese public opinion does not have much hope for the new administration."