

THE WORLD'S FIRST UNIVERSITY 'NISIBIS ACADEMY' DOCUMENTARY PREMIERED

The documentary "Nisibis", prepared by the film workshop with 25 students in cooperation with Mardin's Nusaybin District Governorate, Nusaybin Municipality and Istanbul Gelisim University (IGU), was premiered.

The premiere of the documentary about the world's first university "Nisibis Academy" in Nusaybin was held at the Mitanni Cultural Center. After a moment of silence and the singing of the National Anthem, violinist Yağmur Badur from Nusaybin gave a concert at the gala. Rector of Istanbul Gelisim University Prof. Dr. Nail Öztaş stated that they were happy to do such a work in Nusaybin together with the Faculty of Fine Arts team, and that Nusaybin is a city that needs to be visited and studied with its historical and cultural places.

Expressing that the adventures of the world's first university Nisibis Academy and Mor Yakup Church in Nusaybin began as a result of a coincidence, Öztaş said, "This is a magnificent building. We, as Istanbul Gelisim University, wanted to introduce the beauties of Nusaybin on the one hand and help the careers of the young people on the other hand. In this context, we provided a three-day training to 25 high school students in the film workshop we opened. Our students who receive training in this workshop may take part in director, screenwriter, cameraman or film projects in the future. During the course, you should have seen the twinkle in our young people's eyes when their teachers were talking about the camera, the light and the script. I'm sure it turned out to be a very good documentary. Labor itself is very precious. As Istanbul Gelisim University, we are ready to give all kinds of support to our youth from Nusaybin."

"WORLD'S FIRST UNIVERSITY NISIBIS ACADEMY IS LOCATED IN MOR YAKUP CHURCH"

Nusaybin District Governor and Deputy Mayor Ercan Kayabaşı stated that Nusaybin has been mentioned negatively in the media from time to time, but it never deserved it, and said, "We are making a great effort with the Nusaybin District Governorship, Nusaybin Municipality and all stakeholders in the district to break this perception. The

historical, cultural and touristic places in the district are not sufficiently introduced. Here, the world's first university, Nisibis Academy, is located in the Mor Yakup Church. Right next to it is the Zeynel Abidin Mosque, one of the grandchildren of our Prophet Muhammad. Our historical buildings, which are included in the UNESCO Temporary Acceptance List with the name Faith Park, almost symbolize the brotherhood of religions, languages and cultures that has been going on in these lands for centuries. We will introduce Nusaybin, the pearl of history and an ancient flower of civilization, first to Mardin, and then to the whole country. We will shout the beauties of our Nusaybin to all Anatolia. Be sure that Nusaybin is a place that will be shown as an example to all of Turkey with its historical beauties, natural beauties and most importantly with its human profile. I would like to thank Istanbul Gelisim University and the students who took part in the film workshop for the Nisibis documentary.”

After the speeches, behind-the-scenes interviews and documentary screenings of the documentary shot by 25 students were held. Rector of Istanbul Gelisim University Prof. Dr. Nail Öztaş, Dean of the Faculty of Fine Arts Prof. Dr. Güzin Ilıcak Aydınalp, Head of Communication Design Department Assoc. Prof. Nagihan Çakar Bikic, Dr. Emre Doğan, Director and Instructor Ahmet Bikic and Research Assistant Okan Kırbacı were given plaques, and certificates were given to the students who took part in the film workshop. Governor Ercan Kayabaşı, Istanbul Gelisim University Rector Nail Öztaş, Chief Public Prosecutor Hami Can, Mardin Provincial Culture and Tourism Director Sabahattin Genç, AK Party Mardin Provincial President Faruk Kılıç, public institutions and organizations managers, NGO representatives and citizens attended the gala.

600 AFGHAN REFUGEES WILL BE GIVEN 'ISLAMIC-BASED' PSYCHOLOGICAL SUPPORT

Within the scope of the project to be carried out in Turkey, psychological counseling will be provided to 600 Afghan refugees. In addition to the standard classical psychological counseling, "Islamic-based" psychological support will be given to the refugees.

Dr. Lyla Schwartz and Dr. Abbas Hussaini from Istanbul Gelisim University are also planned to work in the project, which is expected to include 600 Afghans living in Turkey. Speaking about the project, Dr. Mohammad Isaqzadeh from Princeton University made explanations about the methods to be followed in the project and the purpose of the project.

Stating that the project will be the first consultancy for refugees in Turkey to be implemented according to Islamic values, Dr. Isaqzadeh said, "My sister and her family lived as refugees in Turkey from 2015 to 2016. During their stay here, I became aware of the difficulties Afghan refugees face in Turkey. Many Afghan refugees have experienced traumatic experiences in Afghanistan, from extreme poverty to losing family members and friends. While most of these people experience intense physical and psychological difficulties to reach Turkey, they rarely have access to mental health professionals who can speak their language and provide them with psychological counselling. This is how the idea to teach refugees basic coping skills came about."

"THIS WILL INCLUDE ISLAMIC TRADITIONS LIKE PRAYER AND DHIKR"

Giving information about the methods to be used in counseling, Dr. Mohammad Isaqzadeh stated that there are two types of counseling in question, "Standard psychological counseling is based on the cognitive behavioral therapy intervention called 'Start Now'. It teaches participants coping skills and how to deal with negative emotions related to depression, anxiety and post-traumatic stress disorder (PTSD). The program has been widely implemented and studied in the USA and Europe. Islamic-based counseling will be modeled after 'Start Now' but will include Islamic traditions such as prayers and dhikr, and will be based on concepts such as Allah, tawakkul, patience, and lessons will be learned from the life of the Prophet in dealing with difficulties in life."

Stating that at the end of the project, immigrants who received the Islamically integrated version of the "Start Now" training would consider themselves successful if they found a significant improvement in their mental health, Princeton Researcher Isaqzadeh added, "Every congregation has several psychologists or counselors, while each congregation has one or more imams. Imams can attend a brief training

on counseling and coping skills and help refugees better cope with the negative psychological effects of war and displacement."

"THE AVERAGE NUMBER OF TEETH IN INDIVIDUALS AGED 70 AND OVER IS 3.7"

In a study conducted with individuals aged 70-79 years in Turkey, the average number of teeth in the mouth of 216 individuals examined was 3.7. Assoc. Prof. Fatima Betül Baştürk stated that the number of teeth in the person's mouth does not always show the teeth that are suitable for chewing, and said, "About 44% of individuals over the age of 85 have chewing disorders."

According to TUIK data, it is estimated that the elderly (65 years and older) individuals, who made up only 5.6% of the population of Turkey at the beginning of the 2000s, will constitute 10.2% of the population by 2023. Stating that the number of teeth in the person's mouth does not always show the teeth that are suitable for chewing, Assoc. Prof. Fatima Betül Baştürk, Faculty Member of the Department of Endodontics at Istanbul Gelisim University (IGU), said, "With the increase in tooth loss with age and the decrease in the teeth in closing, about 44% of individuals over the age of 85 have chewing disorders."

"EXISTING TEETH SHOULD BE KEPT IN MOUTH"

Stating that as a result of decreased function in individuals with increased tooth deficiency, unhappiness develops in patients and the quality of life values related to oral health decreases, Fatima Betül Baştürk said, "Old age is not the period for radical changes that will adversely affect chewing. For this reason, the existing teeth should be tried to be kept in the mouth by evaluating the physical (movement restriction, paralysis) and physiological (such as high blood pressure, pacemaker) conditions in the patients."

Fatima Betül Baştürk stated that the life expectancy of the new generation elderly patients, who have a higher education level, are more conscious about their health and are more economically independent, have increased, like individuals in other age groups, and said, "Rather than asking dentists for tooth extraction as a form of treatment, it prioritizes treatment options aimed at preserving existing natural teeth."

STUDENTS COMPETED THEIR SKILLS IN 'THE STAGE IS YOURS'

The winners of the 'Stage is Yours 2021' competition, organized by Istanbul Gelisim University (IGU) for the first time this year and aiming to enable university students to discover their talents, have been announced.

The "Stage is Yours 2021" competition held at the Mehmet Akif Ersoy Conference Hall by Istanbul Gelisim University the Department of Health, Culture and Sports has come to an end. İpek Sucu, Selim Ögüt, Emek Uçarman and Director Ali Equalmez took part in the jury of the competition. The competition, in which music and dance performances were exhibited, was the scene of pleasant moments. The winner of the competition, which aims for university students to discover and develop their talents, was Eylül Caliskan, a sophomore from the Department of Child Development, with her vocal performance.

Berke Erder, a freshman from the Department of Logistics Management won the 2nd place with his vocal performance, and Tuğbanur Tomris from the Department of Surgery Services won the 3rd place.

INTERVIEW ON “FUTURE OF TOURISM IN TURKEY” HELD ON 17 DECEMBER

The "Future of Tourism in Turkey" interview, organized by Istanbul Gelisim University, Faculty of Economics, Administrative and Social Sciences Department of Tourism Guidance, was held on 17 December with the participation of Professional Tourist Guide Bülent Şahan.

In the interview moderated by Ece Zeybek Yılmaz, the current situation of Turkish tourism, potential opportunities and threats were discussed.

“EVERY TOURISM AMBASSADOR SHOULD INTRODUCE BOTH THE WEST AND THE EAST OF THE COUNTRY!”

Stating that the future of tourism for our country, which has hosted many civilizations for centuries, is in cultural tours, Bülent Şahan emphasized that the tourists who come for cultural tourism leave foreign currency in many different areas.

The statements of Şahan on the subject were as follows:

“Each tourist guide and guide candidates are tourism ambassadors. Our guides should emphasize that the east should be seen for the tourists coming for the west of

our country, and the west should definitely be seen for the tourists coming to the east.”

Finally, Şahan stated to the young people that it is very important to establish the relationship between the history of religions and cultural assets, and that young people should conduct studies about many different civilizations.