

IGU RAN FOR THE CHILDREN AT THE ISTANBUL MARATHON!

On Sunday, November 6, 2022, Istanbul Gelisim University (IGU) participated in the Istanbul Marathon for children. Participating in the marathon that started on the Anatolian Side and ended in Sultanahmet Square, IGU ran for LÖSEV (Children with Leukemia Foundation) and Make a Wish Association.

The 44th Istanbul Marathon was held, which is called "The only intercontinental marathon in the world". The marathon started 250 meters behind the 15 July Martyrs Bridge on the Anatolian Side and ended in Sultanahmet Square. Participating in the marathon with LÖSEV and the Make a Wish Association, IGU ran for children struggling with leukemia and life-threatening diseases.

STUDENT CLUBS RAN FOR CHILDREN

Istanbul Gelisim University, which always supports social responsibility projects, took its place for children at the Istanbul Marathon. The marathon, which was attended by Gastroart Club, LÖSEV Club, Aviation Club, Audiology Club, Child Development and Health Awareness Club, Health Management Club, Anka Club, Camp and Travel Club, started 250 meters behind the 15 July Martyrs Bridge on the Anatolian Side and ended in Sultanahmet Square. Last month, IGU interviewed the Make a Wish Association and stated they ran to fulfill the wishes of children struggling with life-threatening diseases.

Participating in the marathon to raise awareness and support children, Istanbul Gelisim University also took part in LÖSEV, which helps children and adults with leukemia and cancer. They ran from the Anatolian Side to the European Side for the children with the volunteers of the foundation that participated in the marathon with the "Koşar Adım LÖSEV" slogan.

WHAT ARE THE ARRANGEMENTS FOR RETIREMENT AGE VICTIMS?

Retirement age victims are eagerly awaiting the arrangement. Labour and Social Security Minister Vedat Bilgin has announced that they will announce the regulation on the agenda of the Turkish Grand National Assembly in December. Asst. Prof. Dr. Hakan Ozcan gave information about it and announced the predictions about the new regulation.

With law no. 4447, which entered into force on September 8, 1999, the period of insurance sought for retirement was determined as 25 years premium payment for men, 20 years and 5000 days premium payment for women. In addition to these issues, the age limit was discussed which is 58 years for women and 60 years for men. Those insured before 8 September 1999 were also gradually brought into compliance with the new requirements. In order to retire, it became compulsory to provide the insurance period, premium payment and age requirement together. Asst. Prof. Dr. Hakan Ozcan, from Istanbul Gelisim University, Faculty of Applied Sciences, Department of Banking and Insurance, stated that those who

were old enough for retirement on this date, although their insurance period was completed on the day of premium payment, were looking forward to the new regulation.

“IT IS ESTIMATED THAT THERE ARE APPROXIMATELY 4 MILLION RETIREMENT AGE VICTIM IN OUR COUNTRY”

Labour and Social Security Minister Vedat Bilgin has announced that the new regulation about the issue will be announced in December. It is known that millions of people are preparing to file a pension petition as of January 2023 after the law was enacted. In 1999, when the law came into force, the number of active insured employees, including SSI members, BAG-KUR (Social Security Organization for Artisans and the Self-employed Members) and Government Retirement Fund members, was approximately 11 million. Asst. Prof. Dr. Hakan Ozcan said, "At the same date, the total number of pensioners is approximately 6 million people. In 2022, the number of retirees reached approximately 13 million people. In other words, the number of pensions has increased by 7 million in the last 23 years and 7 million of the 11 million people working in 1999 have retired. Payments, particularly due to affiliate and overseas premium payments, make the number of retirement-age victims difficult. It is estimated that there are around 4 million retirement age victims in our country."

THE PERIOD CAN BE ADVANCED WITH INTERNSHIP DEBT

Works have been initiated to solve the retirement-age victims' problem. It is known that the new regulation will be shared with the public at the end of 2022. According to preliminary information shared with the public, those who have missing days in terms of premium and duration when the retirement age victims law is enacted will be able to complete, enter the system and gain the right to retirement. Those who have completed their premiums but have not completed their insurance period will have to wait. Since the regulation covers the period before September 1999, all retirement age victims will have completed their insurance period by September 2024.

Stating that the other issue that will affect this process is the internship period of the employees, Asst Prof. Dr. Hakan Ozcan also added: "There are those who are studying in vocational high schools and universities, who were within the scope of retirement age victims in 1999 and who did an internship before working life. During the internship, students are paid a premium in short-term insurance branches. During the internship period, since no premium is paid in the long-term insurance branches, the date of the internship is not considered as the beginning of insurance in retirement transactions. This period can be advanced by becoming indebted."

ACHIEVEMENT CERTIFICATE FROM THE INTERNATIONAL CENTRE FOR MIGRATION POLICY DEVELOPMENT TO IGU

Istanbul Gelisim University (IGU) added a new one to its national and international collaborations. The “My Business Partner” project within IGU has been certified by the International Centre for Migration Policy Development (ICMPD).

With the “My Business Partner” project, Istanbul Gelisim University adds a new one to the project collaborations built with national and international networks. With the project certified by the International Centre for Migration Policy Development (ICMPD), studies on migration management will be carried out by enabling the development of innovative, inclusive and sustainable migration policies and capacity building of institutions.

ENHANCER PROJECT CERTIFICATES MEET WITH THEIR OWNERS!

Adding a new one to the project collaborations built with national and international networks, Istanbul Gelisim University participated in the ENHANCER Project Successful Projects Announcement Certificate Ceremony on October 26, 2022 by the International Centre for Migration Policy Development (ICMPD).

Industry and Technology Minister Mustafa VARANK, EU Commission Neighborhood and Enlargement Commissioner Oliver VARHELYI, EU Ambassador Nikolaus MEYER LANDRUT and ICMPD Migration Dialogue and Cooperation Director Martin PLUIM attended the ceremony where the project owners who were deemed worthy of grant presented their certificates. The "My Business Partner" project success certificate within Istanbul Gelisim University was presented to Erasmus Coordinator Alisa USUBOVA, representing our university, by the EU Ambassador and ICMPD Migration Dialogue and Cooperation Director.

ICMPD AND THE PROJECT: MOTIVATION IN THE APPLICATION PROCESS

ICMPD, which has 19 members including Turkey, carries out studies on the development of innovative, inclusive and sustainable migration policies, enabling the capacity building of institutions and migration management. Sustainable jobs and livelihoods for Syrian citizens and local host communities within the scope of "Enhancing Entrepreneurial Capacities for Sustainable Socio-Economic Adjustment (Enhancer/FRIT)" project of ICMPD, also carries out 6 projects including SUPREME, PACT, TACSO, SHIFT, SUMMIT, FRIT. In line with the aforementioned purposes, the project proposal named “My Business Partner” made by the Erasmus Coordinatorship of Istanbul Gelisim University was deemed worthy of a grant.

The project, which was designed in cooperation with the University-NGO, consists of a series of activities to eliminate the deficiencies (legislation-based, education-based, network problem, etc.) identified as a result of the studies on the obstacles in front of the initiatives of Syrian citizens. It is aimed to change the negative perception towards Syrian citizens in society and to strengthen the awareness of volunteering among the youth, thanks to the activities to

be carried out in the project for university youth and Syrian entrepreneur candidates to work together in harmony. In this way, it will be possible to establish harmony in each element of society as a whole. The project, which will be implemented in a 12-month period, is planned to be implemented as soon as possible in order to achieve the stated objectives quickly after the signing of the contract.

THE EXPERT SUGGESTED: DIGITAL DETOX DURING THE SEMESTER HOLIDAY

The mid-term break, which millions of students have been eagerly waiting for, begins. Specialist Clinical Psychologist Selin Kalabaş, who stated that holidays are important for the social and academic development of children, advised parents to do a digital detox in order to spend this period productively.

More than 19 million students in pre-primary, primary and secondary schools will have their first break for the 2022-2023 academic year on 14-18 November. Specialist Clinical Psychologist Selin Kalabaş from Istanbul Gelisim University warned the parents: "When this period is spent correctly, it is an opportunity for children to rest and to make up for the deficiencies in their lessons. The transition from the school period directly to the holiday mode can disrupt the child's mood. Hence, the child may have difficulties in returning to school. At this point, she shared the right steps to follow.

"Do a digital detox"

When the breaks are spent productively, the child feels competent, develops a healthy self and at the same time has a positive academic self-perception. Kalabaş said, "I recommend that they do a digital detox during this period. The whole family should stay away from social media for a little while. Families should try to identify the aspects of their children's inadequacy and try to reconstruct them. They can do activities together. These activities do not need to be costly. They can transform the kitchen and the areas outside the home into activity areas. The important thing is to determine the child's needs correctly."

"It is important for their social development to spend time with their peers"

Selin Kalabas stated: "Children with attention deficit, learning difficulties and gifted children may have difficulties in school. Accurate assessment of children's needs is very crucial. At this point, families can support their children. At the same time, the holidays are important in terms of relationships with peers. Conditions can be created where s/he can spend time with his/her friends. In this way, their social skills also develop".

"Spend quality time with the child"

Kalabas also added: "Working parents can also make good use of this process. They can spend healthy time with their children after work. The important thing for the child to be satisfied is that they spend quality time. Parents can direct their children to sports activities while they are at work. They can also direct the child towards art to express the aggression in her/him".



“Parents' feedback about school affects the child's attitude towards school”

Kalabaş advised against possible difficulties in the process of returning to school and adaptation. “First of all, it is important to identify the cause of the compliance problem. At the same time, routines should be continued. In addition, parents' feedback about the school is also important for the child's attitude to school. Families can have positive conversations with their children and organize family meetings. Family members can also talk about their own school experiences.”

“Parents can gamify the study”

Kalabaş: “When parents work one-on-one with their children, they can better observe where they are lacking. At this point, I find it important to include the game in the study. For instance, by playing the teacher role, they can observe whether the children understand the subject better or not. The child can explain the subject to his/her family. Thus, the child learns the subject better.”