

ISTANBUL GELISSIM UNIVERSITY WEEKLY PRESS RELEASE

SEPTEMBER 6 - SEPTEMBER 10, 2021

Issue: 114



www.gelisim.edu.tr



AGENDA OF PERSONNEL

ACADEMIC

As of 06.09.2021, **Asst. Prof. Gökay Burak AKKUŞ** has been appointed to the Faculty of Engineering and Architecture, Department of Computer Engineering as Lecturer.

As of 07.09.2021, **Asst. Prof. Oliver David BEVINGTON** has been appointed to the Faculty of Economics, Administrative and Social Sciences, Department of English Language and Literature as Lecturer.

As of 06.09.2021, **Asst. Prof. Gökay Burak AKKUŞ** has been appointed to the Faculty of Engineering and Architecture, Department of Computer Engineering as Lecturer.

I congratulate all our appointed lecturers and wish them success in their new positions.

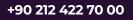
Assoc. Prof. Serdar Çöp IGU Secretary General

ADMINISTRATIVE

As of 09.09.2021, **Başak SÖZBİR** has started her administrative duty at the Directorate of Istanbul Gelisim Vocational School as Office Clerk.

As of 06.09.2021, **Metin DOĞAN** has started his administrative duty at the Department of Student Affairs as Office Clerk.

As of 09.09.2021, **Oğuzhan DEMİRCİ** has started his administrative duty at the User Support Department as User Support Specialist.





HES CODE CONTROL AT THE ENTRANCES OF OUR UNIVERSITY

NEWS

SEPTEMBER 9 / 2021



In line with the decisions taken by our Relevant Public Institutions, the HES code inspections to be made at the campus entrances will be carried out using personnel and student ID cards in order to provide speed and practicality. Being vaccinated, having Covid-19 before or having a negative Covid 19 PCR test result within 48 hours are among the conditions to enter our campus. In line with this purpose, you must define your HES code on the "PERSONAL INFO" tab under the "PERSONAL DATA" menu in the PERSIS system.

VACCINATION ADVICE TO STUDENTS, ACADEMIC AND ADMINISTRATIVE PERSONNEL

SEPTEMBER 6 / 2021



Following the President of the Council of Higher Education (CoHE), **Prof. Dr. Erol Özvar**'s statement that "Face-to-face formal education will start at universities", Istanbul Gelisim University, announced that they will start education at the university on September 30 by taking the necessary precautions and measures, and advised students, academic and administrative personnel to get vaccinated.

After the announcement of the YKS placement results, face-to-face education and training preparations at universities are on the agenda. Announcing that they will start education at the university by taking the necessary precautions on September 30, Istanbul Gelisim University advised students, academic and administrative staff to get vaccinated.

You can visit www.gelisim.edu.tr to see the detailed news.



BRUSHING TEETH HARD CAUSES 'BRUSH CARIES'

SEPTEMBER 7 2021



Oral, Dental and Maxillofacial Surgery Specialist **Prof. Dr. Ahmet Mihmanlı** emphasized that hard tooth brushing does not clean teeth better. Mihmanlı said, "Brushing the teeth hard, instead of cleaning the teeth, causes abrasions called 'brush caries'."

Mentioning that a hard toothbrush does not clean the teeth better, Mihmanlı said, "Brushing well is not about the hardness of the brush, but about the brushing technique. Brushes that are too hard can wear down the teeth. Brushing too softly may not clean the teeth. Brushing hard doesn't clean teeth better either. Brushing the teeth hard, instead of cleaning the teeth, causes abrasions called 'brush caries'. As the enamel layer of the teeth is eroded, the yellow layer called dentin underneath is exposed and the teeth

look even more yellow. In addition, hard brushing causes tooth sensitivity and gum recession. Rechargeable brushes should also be equipped with a pressure sensor and a soft brush should be used."

You can visit www.gelisim.edu.tr to see the detailed news.

POSTPARTUM DEPRESSION RATE INCREASED IN PANDEMIC

SEPTEMBER 9

2021



According to the report published by the World Health Organization, **Psychiatrist Dr. Alişan Burak Yaşar said**, "The rate has been found to be 31% according to a worldwide study during the Covid-19 period, and 56.3 percent in Turkey. According to another study published in the Journal of Family Counseling, 63 percent of parents have symptoms of post-traumatic stress disorder."

Emphasizing that pregnancy is a sensitive period that can have negative consequences for both mother and baby, Psychiatrist Dr. Alişan Burak Yaşar said, "It has been observed that pregnant women are particularly affected due to the increasing psychological problems with the Covid-19 pandemic and they are in the moderate risk group during the fight against coronavirus."

You can visit www.gelisim.edu.tr to see the detailed news.



RISING GOLD PRICES IN SUMMER CANNOT BE EXPLAINED BY WEDDINGS

SEPTEMBER 10 / 2021



Stating that from the past to the present, gold has been seen as a safe haven by all segments under all circumstances, Finance Specialist **Assoc. Prof. Hakan Yıldırım** made statements about gold prices, which rose in the summer months. Yıldırım emphasized the impact of international markets, saying that the rising gold prices in the summer are not related to weddings.

Stating that even those who do not have financial literacy highly trust in gold, Finance Specialist Assoc. Prof. Hakan Yıldırım said "It is said that the number of weddings would increase in India and Turkey, so the demand for gold would increase. Were there any justifications? Yeah. As the demand increases, so does the price. However, economics can not support the idea that the gold prices increase only due to this condition."

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WTHINGS TO KNOW

ABOUT NEW CORONAVIRUS

All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **istanbul Gelisim University. Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are fever, cough and respiratory distress.
- In severe cases, pneumonia, severe respiratory failure, kidney failure and death may occur
- Incubation period is between 2 and 14 days.

How is the virus transmitted?

It can be transmitted by the contact of the droplets caused by coughing and sneezing with the contact of the mouth, nose and eyes of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands into the mouth, nose or eyes.

What to do to be protected from the virus?

When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.

- Handshaking and hugging should be avoided.
- Mouth, nose and eyes should not be touched with dirty hands.

Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.

Offices and classrooms must be ventilated hourly.

Places frequently used by many people such as common areas and door handles should be disinfected every 2 hours.

Hands must be washed after using public transportation.

Because the virus progresses faster in people with low immune system; a balanced and healthy diet is required. Foods must be washed thoroughly before consumption.

What to do if there are symptoms?

- If you have come from countries with infections in the past 14 days, apply to the nearest healthcare facility by wearing a surgical mask.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- Always wear your mask when you are in the same room with a person who is recommended insulation at home.



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