



MAY 24 - JUNE 4, 2021

102th



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AGENDA OF PERSONNEL

ACADEMIC

As of 25.05.2021, **Prof. Dr. Mustafa NiZAMLIOĞLU** has been appointed as the Director to the Vocational School of Health Sciences again.

As of 25.05.2021, **Lect. Funda PEHLEVAN** has been appointed as the Vice Director to the Vocational School of Health Sciences.

As of 25.05.2021, **Lect. Nurcihan TAN ERKOÇ** has been appointed as the Vice Director to the Vocational School of Health Sciences.

As of 28.05.2021, **Prof. Dr. Rifat MUTUŞ** has been appointed as the Deputy Dean to the Faculty of Health Sciences.

As of 28.05.2021, **Prof. Dr. Şükran Güzin ILICAK AYDINALP** has been appointed as the Deputy Dean to the Faculty of Fine Arts.

As of 28.05.2021, **Prof. Dr. Saadettin AKSOY** has been appointed as the Deputy Dean to the Faculty of Engineering and Architecture.

As of 31.05.2021, **Asst. Prof. Dr. Şebnem GÜRSOY ULUSOY** has been appointed as the Head of the Department to the Department of New Media and Communication in the School of Applied Sciences.

As of 02.06.2021, **Assoc. Prof. Dr. S. Arda ÖZTÜRKCAN** has been appointed as the Vice Dean to the Vocational School of Health Sciences.

As of 02.06.2021, **Asst. Prof. Dr. A. Yüksel BARUT** has been appointed as the Vice Dean to the Vocational School of Health Sciences.

As of 27.05.2021, **Asst. Prof. Dr. Murat DOĞAN** has been appointed as the Vice Dean to the Faculty of Fine Arts.

ADMINISTRATIVE

As of 31.05.2021, **Tuğçe KÖSE** started her administrative duty as Student Affairs Office officer in our university's Student Affairs Department.



UPDATES FROM IGU



Within the scope of the Commemoration of the Conquest of Istanbul on May 29, 1453, Istanbul Gelisim Vocational School Gastronomy and Culinary Arts Program, GastroArt Club prepared delicacies identified with Istanbul such as Sultanahmet meatballs, Eminönü fish & bread, Beyoğlu chocolate, Unkapı rice and chicken breast dessert under the consultancy of Lect. Elif Zeynep Özer.

Rector Prof. Dr. Burhan Aykaç and the Chairman of the **Board of Trustees Abdülkadir Gayretli** were presented with the tastes of Istanbul in the organization held at the rectorate building.

From Istanbul Gelisim Vocational School Air Logistics Program Lecturer Atilla Aydın's article "Ataturk Era Economic Policies" was published in the New Era Journal of Interdisciplinary Social Researches. Access link is below.

https://www.newerajournal.com/SonSayi.aspx

From Istanbul Gelisim Vocational School, Public Relations and Advertisement Program Asst. Prof. Dr. Sevgi Kavut presented her paper titled "Analysis of Digital Identities and The Circle Film in the Context of Goffman's Self-Presentation Theory" at the 4th Cultural Informatics, Communication and Media Studies Conference held on 20-21 May.

Prepared by Lecturer Atilla Aydın, Lect. Emine Öztürk and Inst. Görkem Akgül from Istanbul Gelisim Vocational School, the study titled "The Effect of Air Cargo Freight Traffic on Greenhouse Gas Emissions: A Turkish Application" was presented by Emine Öztürk at the International Göbeklitepe Social and Human Sciences Congress-II, which was held between 6-8 May. Access link is below.

https://d5d9044a-7b4a-4f75-852f4646c3028d44.filesusr.com/ugd/614b1f_e382aed35bc443a58ac36f53f6370441.

From Istanbul Gelisim Vocational School, Flight Operations Management Program Lecturer Demet Dağlı presented her paper titled "The Use of Solar Energy within the Scope of Sustainable Energy Management at Airports" which she has prepared with Asst. Prof. Dr. Hakan Rodoplu at the IMASCON 2021 Spring Congress on May 22.



NEWS FROM SKS



Our main goal with Robotic Coding training is to equip the participants with digital skills, ensure that they learn by playing and prepare them for the world of the future today. These training contents can be examined under four headings as algorithm structure, coding and robotics applications, animation and game design, three-dimensional modeling and design. While forming the basis of the algorithm structure, web 2.0 tools such as code.org, algo digital, codemino, codemonkey, codeLab, kidlocoding are used. Within the scope of coding robotics applications, robotic kits such as arduino, riders, Lego Ev3, Lego WeDo2.0, dash and dot, VEX IQ, VEX EDR are used. Game creation and game coding platforms such as kodgamelab, scratch, minecraft education edition, codecombat are used in animation and game design. In the three-dimensional modeling and design phase, platforms such as Fusion 360 and ScketchUp are used, which allow more professional designs to be created after the initial tinkercad application. Although there are many web 2.0 tools and applications used in education,

the need for the development of coding robotic contents is increasing day by day. In this context, it will significantly reduce the need for application developers to develop existing applications by examining them.

Fatma Nur Aksu

NEWS

'The mint buildings should be used as storehouse' recommendation

MAY 25

2021



Evaluating the relocation of the artifacts in some warehouses of the Istanbul Archeology Museum and the conservation laboratory, where maintenance and restorations are carried out, to Atatürk Airport, Cultural Heritage Expert İlknur Türkoğlu said, "The works should be close to the museum and the laboratory. A new space was needed out of inadequacy, but the move will deviate from its aim. A project was already being prepared to use the mint buildings as storehouse, they will be more convenient."

Head of Restoration and Conservation Department in Istanbul Gelisim University (IGU), Asst. Prof. Dr. İlknur Türkoğlu explained the history and importance of the Istanbul Archeology Museum, which is considered one of

the largest museums in the world and came to the fore with the moving of its conservation laboratory where the restorations were made and some of the artifacts in its warehouses.

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IGU is the university patent champion

MAY 25

2021



commercialization in total increased to 23.

Patent Effect announced Turkey's 2020 patent report. It has been reported that Istanbul Gelisim University (IGU) became the university patent champion with 92 patent applications. Having reached 571 applications, IGU increased its patent portfolio by 119 percent.

According to the report, the number of patents or utility models licensed by universities increased from 28 in 2019 to 49 in 2020. The number of commercialization of universities increased from 28 in 2019 to 46 in 2020. While the total number of commercialization was 121, the number of commercialized patents reached 117. In 2020, the number of universities that made at least one commercialization was 16. The number of universities that made at least one

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Thyroid disease can have many symptoms

MAY 25

2021



also among doctors."

In the International Thyroid Awareness Week, Radiology and Interventional Radiology Specialist Prof. Dr. Onur Sıldıroğlu made statements about thyroid diseases. Stating that thyroid diseases are very common in the society, Sıldıroğlu said, "Many conditions such as irritability, palpitations, sweating, heat intolerance, restlessness, obesity or inability to gain weight may be related to the thyroid gland."

Stating that most of the symptoms are related to the work of the thyroid gland more or less, Sıldıroğlu said, "The relationship between these and similar findings that may be related to the thyroid gland at advanced ages with the thyroid gland is often not considered, not only among the public but

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Pay attention to the time children spend in front of the screen

MAY 25

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The digitalization process triggered by the Covid-19 epidemic, which has affected the entire world, directly affects parents, who are the most important stakeholders of education. Stating that the digital process, whose spread accelerated with the epidemic, reshaped the sociology of the family and changed the meaning of parenting, Dr. Derya Kavgaoğlu said, "It is an important risk that the parents ignore the time children spend in front of the screen because they are tired or do not have time."

OFFERS OPPORTUNITIES AND RISKS

Stating that the concept of 'Digital Parenthood', which started to take place in the literature since the beginning of the 21st century, gained popularity after the epidemic, from Istanbul Gelisim University Asst. Prof. Dr. Derya Kavgaoğlu said, "Parenting theories, which have helped us understand child and parent relationships and have guided the solution of problems for years, need to be reconsidered within the digital context today. While the digital world offers attractive development opportunities on the one hand, it also contains important risks on the other. Digital platforms are very important pedagogical tools for the academic development of children and teens when used correctly."

You can visit **www.gelisim.edu.tr** to see the detailed news.

Ayşe Begüm Onbaşı world champion in aerobic gymnastics

MAY 28

2021



National athlete Ayşe Begüm Onbaşı won the gold medal at the Aerobic Gymnastics World Championship held in Baku, the capital of Azerbaijan.

Red Bull athlete Ayşe Begüm Onbaşı, who made it to the finals in the individual women's category at the Aerobic Gymnastics World Championship hosted by Baku, competed for the gold medal today. Ayşe Begüm, a student of Istanbul Gelisim University School of Physical Education and Sports, won the gold medal with 21,850 points.

You can visit **www.gelisim.edu.tr** to see the detailed news.



Attention Deficit Hyperactivity Disorder Increases With More Screen Time

MAY 31

2021



Stating that Attention Deficit Hyperactivity Disorder seen in adults and children becomes more common with increasing screen time, Assoc. Prof. Dr. Canan Tanıdır said, "We suggest that a child over the age of 3 should be in a social environment. It is very important for the child to engage in sports activities. Families should organize the child's life very well."

The digitalization process that came with the coronavirus epidemic negatively affected some children. The transfer of education to digital platforms and the child's exposure to too much screen during the period of staying at home brought along adaptation problems. Stating that Attention Deficit Hyperactivity Disorder (ADHD) is linked with prolonged screen time, Child

and Adolescent Psychiatrist Assoc. Prof. Dr. Canan Tanıdır said, "Green space and open air are good for everyone's mental health. Children with ADHD need to consume a little more energy. Being outdoors and moving will do them good. Confined space is a place that restricts movement. Children can move more freely in the open field, greenery, nature, garden and park. This affects them positively. There are studies showing that especially sports are good for ADHD. Although a child with regular sports activities has ADHD symptoms, it seems to recover much faster. This is my clinical practice. Children who continue regular sports have a significant improvement in aggressive symptoms, hyperactivity, and impulsivity."

You can visit **www.gelisim.edu.tr** to see the detailed news.

If family health deteriorates, so does the health of society

JUNE 1

2021



Stating that the existence of unhealthy families creates an unhealthy society, Public Health Specialist Dr. Nurten Elkin said, "The deterioration of families' health means the deterioration of whole society's health."

Indicating that healthy families are the basis of a healthy society, Dr. Nurten Elkin said, "The family is a social institution that undertakes the task of establishing the bond between society and individuals and ensures the continuity of society. Although the functions, form or characteristics of the family have changed over time, family has existed in all societies throughout history. Family, being the first and natural nucleus of the society, provides the natural conditions of the physical, intellectual and moral development of

the individual and constitutes the basic building blocks of society. Family is the most suitable environment for upbringing, educating and making child a healthy member of society."

You can visit **www.gelisim.edu.tr** to see the detailed news.



6th Middle East Symposium was held at IGU

JUNE 2

2021



Organized for the 6th time by Istanbul Gelisim University (IGU), the International Middle East Symposium has come to an end. Many local and foreign scientists came together at the symposium.

Organized by Istanbul Gelisim University Department of Political Science and International Relations, Istanbul Gelisim University Center for Political Studies (IGUSAM), this year's theme of the symposium was "Change in the Middle East with Its Socio-Political Aspects."

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Feeding stray animals dropped by 47 percent, students distributed food to grocery stores and markets

JUNE 2

2021



Seeing a 47 percent decrease in the nutrition of street animals due to the pandemic in their research, the students distributed the food bags to the neighborhood grocers and markets, which they pasted on the "Let's give food without saying but it is the pandemic" brochures designed to raise awareness.

Along with the pandemic, citizens also refrained from feeding stray animals for fear of a virus. Students studying at the Department of Public Relations and Advertising at Istanbul Gelisim University examined the subject with a research. According to the results of survey conducted by the students under the coordinatorship Asst. Prof. Dr. Emel Tozlu Öztay and conducted with

university students, there is a 47 percent decrease in the rate of feeding stray animals. Thereupon, the students started to distribute small bags filled with food to the grocery stores and markets of the neighborhoods they chose as the pilot area, by sticking them on the brochures they designed with the slogan of "Let's give food without saying but it is the pandemic" to raise awareness. Within the scope of the project, citizens who go to the grocery store or market will be able to get these promotion bags for stray animals free of charge after shopping.

You can visit **www.qelisim.edu.tr** to see the detailed news.



5th International Development-UWE Conference held online

JUNE 3

2021



The 5th Development-UWE International Conference on Economics and Finance, organized in cooperation with Istanbul Gelisim University (IGU) and The University of the West of England (UWE), has come to an end.

The opening speeches of the online conference were made by important scientists such as Prof. Dr. Gülnur Muradoğlu from Queen Mary University of London, Prof. Dr. Istemi Demirağ from Tallinn University of Technology, Prof. Dr. Andreas Löschel from The University of Münster and Prof. Dr. Cherif Guermat from The University of the West of England.

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A good breathing exercise suggestion t deal with exam stress

JUNE 3

2021



There are only a few days left for the High School Entrance Exam (LGS), which will be attended by more than one million students. Physiotherapist Çağıl Ertürk pointed out that simple breathing exercises to be done before and during the exam will reduce stress and anxiety, and said, "We observe that our minds are clearer and our perception level is higher with breathing exercises, which will reflect on exam performances."

The High School Entrance Exam (LGS), which more than one million students and parents await with excitement, will take place on Sunday, June 6. A few days before the exam, a method to relieve stress symptoms such as nausea, dizziness, insomnia, and stomachache experienced before the exam is

suggested by the specialist. Stating that the stress can be reduced with simple breathing exercises, Physiotherapist Lect. Çağıl Ertürk from Istanbul Gelisim University said, "We see that breathing exercises and breath management have been scientifically proven by many studies. Breathing exercises are very important for students. We have a vagus nerve in our body, which we call the tenth cranial nerve. We can consider this as the longest nerve in our body. This nerve is a nerve that heals, repairs and calms our body. Therefore, together with the breathing exercises we do, we actually stimulate this nerve. This puts our body in repair, calming and resting mode."

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"The development of sustainable tourism can be implemented from an Islamic perspective"

JUNE 4

2021



With the 9-page circular published by Saudi Arabia, the rules regarding the pilgrimage and pilgrim candidates have been determined. The Saudi Arabian administration has announced that a quota for 60 thousand people, including domestic and foreign pilgrims, has been opened due to the coronavirus outbreak. Speaking about his work called the Sustainable Muslim Model (SMM), which aims to make the tourism experience more positive after the circular, Asst. Prof. Dr. Tariq Hassan Mahmoud Elhadary said, "The development of sustainable tourism can be implemented from an Islamic perspective."

"ISLAMIC TRADITIONS AND CUSTOMS SHOULD NOT BE VIOLATED"

Stating that the need to develop religious tourism in a sustainable way and to protect tourism communities have become a priority, Asst. Prof. Dr. Tariq Hassan Mahmoud Elhadary from Istanbul Gelisim University says, "The Sustainable Muslim Model (SMM) aims to make the tourism experience more positive. Such a positive experience will enhance the impression of Islam in all respects. Accepting the differences, hospitality, and a welcome in accordance with the rituals of the Muslim community, without violating Islamic traditions and customs, should be a priority."

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ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University. Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are fever, cough and respiratory distress.
- In severe cases, pneumonia, severe respiratory failure, kidney failure and death may occur
- Incubation period is between 2 and 14 days.

How is the virus transmitted?

It can be transmitted by the contact of the droplets caused by coughing and sneezing with the contact of the mouth, nose and eyes of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands into the mouth, nose or eyes.

What to do to be protected from the virus?

- When coughing or sneezing, the mouth and nose should be covered with a disposable tissue, if there is no handkerchief, the mouth should be closed with the upper sleeve or elbow, not with the palms.
- Handshaking and hugging should be avoided.
- Mouth, nose and eyes should not be touched with dirty hands.
- Hands must be washed for at least 20 seconds in accordance with the Handwashing Instructions found in the toilets. In the absence of water and soap, alcohol-containing hand antiseptics should be used. Cologne of 70-80 degrees also serve as disinfectants.
- Offices and classrooms must be ventilated hourly.
- Places frequently used by many people such as common areas and door handles should be disinfected every 2 hours.
- Hands must be washed after using public transportation.
- Because the virus progresses faster in people with low immune system; a balanced and healthy diet is required. Foods must be washed thoroughly before consumption.

What to do if there are symptoms?

- If you have come from countries with infections in the past 14 days, apply to the nearest healthcare facility by wearing a surgical mask.
- If you are coughing, have a fever and have difficulty at breathing, apply to the nearest healthcare facility by wearing a surgical mask.
- Always wear your mask when you are in the same room with a person who is recommended insulation at home.

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PROTECTION AGAINST VIRUS IS IN OUR HANDS





THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.

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For Detailed Information, Please Read QR Code.



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| 4.06.2021 | 20:00 | Talk | Writing, Publishing and Editing | Google Meet: https://meet.google.com/pey-jsnz-img | It will be held with the participation of Şenol Tombaş | Directorate of Health, Culture and Sport / Language Thought and Literature Club |
|-----------|-------|----------|--|---|--|--|
| 5.06.2021 | 10:00 | Seminar | Employee Engagement in The New Normal | Google Meet: https://meet.google.com/mvx-zdao- yzo | It will be held with the participation of Elif Erdoğan | Directorate of Health, Culture and Sport / Human Resources and Career Club |
| 5.06.2021 | 14:00 | Seminar | Basic Coding and Robotics Education | Google Meet: https://meet.google.com/jtm-hpfi-iwa | It will be held with the participation of Fatma Nur Aksu | Direcotorate of Vocational School / Computer Technologies Program |
| 5.06.2021 | 18:00 | Talk | Career Talks with Graduates | Google Meet: https://meet.google.com/gmp-ehnk- qen?authuser=0 | There will be talks on behalf of the profession with our graduates. | Deanery of Health Sciences / Nutrition and Dietetics |
| 6.06.2021 | 13:00 | Training | Do You Know Social Security Rights and Practices? "Labor Law and Social Security Legislation Training | Google Meet: https://meet.google.com/fim-wvar-gfm | It will be held with the participation of Mert Nayır | Directorate of Health, Culture and Sport / Human Resources and Career Club |
| 6.06.2021 | 20:00 | Seminar | The Role of the Dietitian in Bariatric Surgery | Google Meet: https://meet.google.com/jtc-xjez-raa | It will be held with the participation of Dictitian Nagehan Afşar | Deanery of Health Sciences / Nutrition and Dietetics (Eng) |
| 7.06.2021 | 12:00 | Talk | Awareness Talks Against Addiction 4 | Google Meet: https://meet.google.com/pfn-ntfv- jhu | It will be held with the participation of Green Crescent Scientific Committee Member Assoc. Prof. Dr. Merih Altıntaş | Directorate of Health, Culture and Sport / IGU Young Green Crescent Club |
| 7.06.2021 | 15:30 | Talk | Financial Risk Management Talk | LMS Virtual Classroom | It will be held with the participation of Fabrizio Casaretto | School of Applied Sciences / Banking and Insurance |
| 7.06.2021 | 16:00 | Talk | Experience Sharing - 2 | Google Meet: https://meet.google.com/pvc- dpmm-hsj | It will be held with the participation of Hasan Cankat Çağıl | Direcotorate of Vocational School / Department of Foreign Languages and Cultures |
| 8.06.2021 | 14:00 | Seminar | Chain Restaurants Management | Google Meet: https://meet.google.com/vrj-ydff- hkv | It will be held with the participation of Şef Murat Aslan | Direcotorate of Vocational School / Head of Hotel, Restaurant and Catering Services Department |
| 8.06.2021 | 17:00 | Talk | Talk with EEM Graduates | Google Meet: https://meet.google.com/ybw-sonf- trz | It will be held with the participation of M. Kerem TÜRKEŞ and M. Mustafa YURDAKUL | Directorate of Health, Culture and Sport / Electrical and Electronics Engineering Club |





| 8.06.2021 | 20:00 | Talk | Pioneering Experiences in the Gerontological Service Industry | Google Meet: http://meet.google.com/uoz-bmav- fww | It will be held with the participation of Gerontologist Süleyman ARSLAN, Founder and General Manager of İzmir Nefes Nursing Home. | Directorate of Health, Culture and Sport / Gerontological Practice and Research Club |
|------------|-------|----------------|---|--|--|--|
| 10.06.2021 | 10:00 | Festivel / Fun | Open Water Swimming Marathon from Soçi to Giresun | Instagram: @girisimcisporcular | It will be held with the participation of Assoc. Prof. Dr. Kubilay Çimen (Organization Consultant and Athlete) and Mustafa Özer (Organization Committee Chairman). | Directorate of Health, Culture and Sport / Entrepreneurial Athletes Club |
| 10.06.2021 | 19:00 | Seminar | Psychological Repercussions of Living Abroad | Google Meet: https://meet.google.com/ojw-fdui- uhz | It will be held with the participation of Dr. Mehran Rostamzadeh | Deanery of Economics, Administrative and Social Sciences / Psychology |

^{*} Events are held online

^{*} Applications for attendance are submitted to relevat units









