



ISTANBUL
GELISIM
UNIVERSITY

WEEKLY PRESS RELEASE

SEPTEMBER 13 - SEPTEMBER 17, 2021

Issue: 115



www.gelisim.edu.tr

AGENDA OF PERSONNEL

ACADEMIC

As of 06.09.2021, **Lect. Aylin AYDIN** has been appointed to the School of Foreign Languages as the Vice Head of department.

As of 13.09.2021, **Lect. Kerem BÖRÜ** has been appointed to the Directorate of Turkish and Foreign Language Application and Research Center as the Deputy Head of department.

I congratulate all our appointed lecturers and wish them success in their new positions.

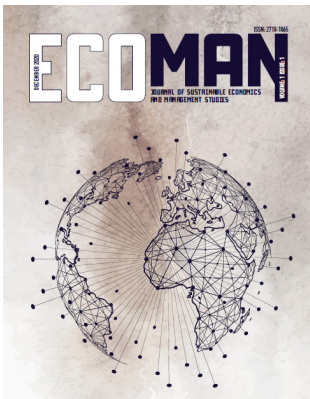
Assoc. Prof. Serdar Çöp
IGU Secretary General

NEWS

THE FIRST ISSUE OF ECOMAN HAS BEEN PUBLISHED!

SEPTEMBER 13

2021



The first issue of the **Journal of Sustainable Economics & Management Studies (ECOMAN)**, which will be published twice a year in **June** and **December** by Istanbul Gelişim University Press, has been published. It has been stated that the academic and peer-reviewed ECOMAN journal is in the application process of TÜBİTAK ULAKBİM DergiPark.

Title: Journal of Sustainable Economics and Management Studies (ECOMAN)

Editor: Prof. Dr. Nail ÖZTAŞ

ISSN: 2718-1057 (Printed) & 2791-8084 (Electronic)

Language: English

Publication Period: Twice a Year (June and December)

Publisher: Istanbul Gelişim University Press

Journal Web Site: <https://dergiler.gelisim.edu.tr/index.php/ecoman/index>

E-mail: ecoman@gelisim.edu.tr

Information for Authors): <https://dergiler.gelisim.edu.tr/index.php/ecoman/information/authors>

AYŞE BEGÜM ONBAŞI WILL COMPETE FOR THE GOLD MEDAL IN EUROPE

SEPTEMBER 14 2021



Aerobic Gymnastics European Championship begins. Aerobic Gymnastics World Champion Ayşe Begüm Onbaşı will also compete for the gold medal in the tournament, taking place in Pesaro, Italy, between 16-19 September.

Aerobic Gymnastics World Champion, Istanbul Gelisim University student and Ankara Metropolitan Municipality EGO Sports Club athlete Ayşe Begüm Onbaşı will compete in the Aerobic Gymnastics European Championship in single women and with her partner Emir Erişik in doubles.

You can visit www.gelisim.edu.tr to see the detailed news.

SPECIAL RESTORATION FOR THE 107-YEAR-OLD DİKİLİTAŞ

SEPTEMBER 13 2021



A special restoration has been started for the 107-year-old Dikilitaş* Monument, which was built in the name of First Corps Commander Mehmet Ali Pasha in Istanbul Bakırköy. Istanbul Metropolitan Municipality (IBB) officials, who made a statement to DHA, expressed that a signage and lightings will be made around the monument, and its use as a parking lot will be prevented.

The Dikilitaş Monument, located on the İncirli Street, was damaged due to its location on a route with heavy traffic. This condition of the historical monument was brought to the public agenda by **İlknur Türkoğlu**, the Head of the Department of Conservation and Restoration of Cultural Heritage of Istanbul Gelisim University (IGU). Having been carrying out conservation works in the Dikilitaş Monument in the past months, Istanbul Metropolitan

Municipality (IBB) stated that a lighting and information sign will be placed in the coming days, thus preventing its use as a parking lot.

You can visit www.gelisim.edu.tr to see the detailed news.

UYGHUR TURKS WILL DETERMINE AFGHANISTAN'S FOREIGN POLICY

SEPTEMBER 14 2021



Stating that the United States' (US) departure from Afghanistan brings opportunities and risks for China, Sociologist and International Relations Specialist **Dr. Bahlul Aliyev** said, "One of the most important concerns of China is the attitude towards the Uighur Turks. This is also an issue that will determine Afghanistan's foreign policy under the Taliban control."

Stating that China has been in negotiation with the Taliban for a long time and that China's contacts with the Taliban in Afghanistan are based on both regional security and economic reasons, Sociologist and International Relations Specialist from Istanbul Gelisim University, Asst. Prof. Bahlul Aliyev said, "It was already clear that the US would leave the region. The fact that the administration would be left to the Taliban had also become a frequently

discussed topic in the political backdrops since 2017. China had been in contact with the Taliban through its ally, Pakistan, by applying shuttle diplomacy in 2014. China, which joined the Quadrilateral Coordination Group and the Moscow format in 2015, hosted the negotiations between the Taliban and Afghan officials in Urumqi, the capital of Xinjiang, in the same year. In general, China managed to establish good relations with the Taliban during the meetings held many times between 2014 and 2018. A few hours after the Taliban took over Kabul, the Chinese Foreign Ministry secretary formally announced that China is ready for friendly cooperation with the Taliban and is ready to play a constructive role in restoring war-torn Afghanistan. Thus, China-Afghanistan relations have been moved to the level of realpolitik."

You can visit www.gelisim.edu.tr to see the detailed news.

WITH THE OPENING OF THE SEASON, EXPERTS WARN: WATCH OUT FOR BROWN-FLESHED FISH

SEPTEMBER 15 2021



Food Scientist **Asst. Prof. Member Murat Doğan** said that especially brown meat fish can cause health problems such as allergies and poisoning. Emphasizing the importance of fresh consumption in particular, Doğan stated that fish can cause health problems such as allergies and poisoning, and said, "When you keep the fish waiting, the bacteria in its intestines turn histidine into histamine. This causes problems in the body, such as nausea which we call inflammation, vomiting, dizziness, respiratory standstill."

With the opening of the fish season, experts warn citizens against conscious fish consumption. Food Science Specialist from Istanbul Gelisim University, Asst. Prof. Murat Doğan stated that allergies and poisoning are the main risks in fish consumption in terms of food safety and explained the fish species

that may cause them. Doğan also gave information about the symptoms seen.

You can visit www.gelisim.edu.tr to see the detailed news.

THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.

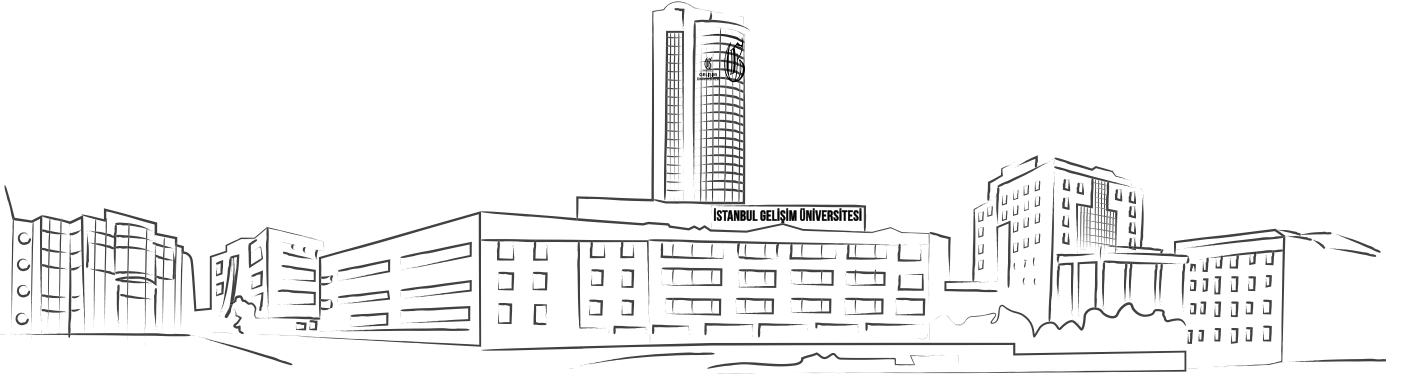

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