

Course Title: Positive Peer Relations

Lecturer: Dr. Aman Sado ELEMO

Course Content

This training will be to allow students learn important social skills that facilitate positive peer relations. Positive peer relations are important to enable healthy developments (cognitive, social and emotional) of youths.

The objective of this training is to increase the awareness of youths on psychological needs of university students, discuss the importance of positive peer relations to address psychological need, and encourage them learn helpful social skills.

Topics To Be Covered In The Course

- 1) Psychological Needs (Autonomy, relatedness and competency needs) During University Years
- 2) Addressing Psychological Needs To Enhance Motivation
- 3) Positive Peer Relations And Helpful Social Skills To Enhance Healthy Relations

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