

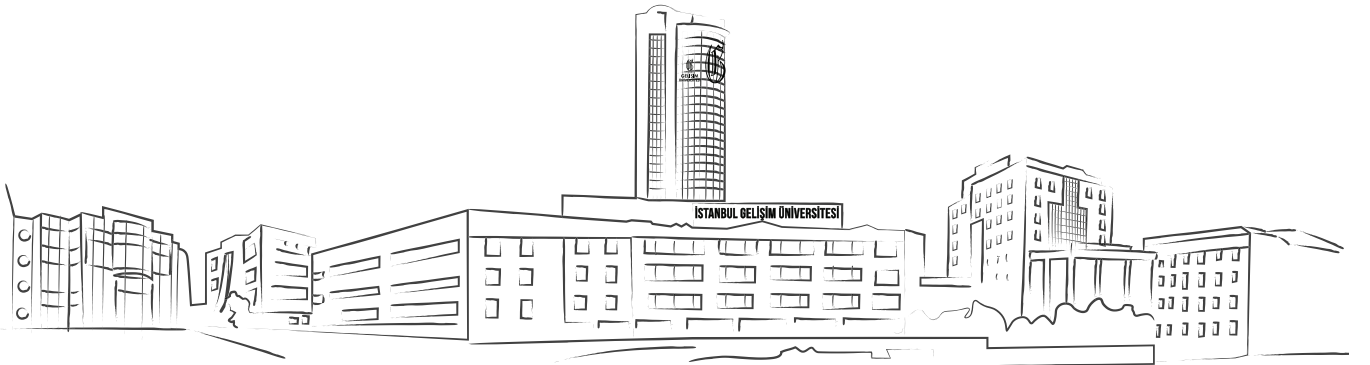


ISTANBUL
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UNIVERSITY

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AGENDA OF PERSONNEL

Asst. Prof. Dr. Serdar ÇÖP has been assigned as the Coordinator of the Departments of Gastronomy and Culinary Arts, Gastronomy (Turkish-English), and Culinary at our University on May 07, 2020.

Note: Personnel birthdays celebrated in the previous bulletins will not be published any more due to the obligations regarding data security within the scope of the **Personal Data Protection Law (KVKK)**.

The Impact Rankings 2020



They passed the first stage in TEKNOFEST, produced educational projects**MAY 04 2020**

With its training projects, Gökkuşığı College Computer Olympics Team has passed the first stage in TEKNOFEST Aviation, Space and Technology Festival. With the 'Techno Smart Board' and 'Hologramic Contact' projects, students aim to develop a different perspective in education.

Gökkuşığı College Computer Olympic team students completed the first phase with the projects they prepared for TEKNOFEST. The 'Techno Smart Board' project, which aims to provide artificial intelligence to the smart boards in the classrooms and to provide a better learning environment by interacting with the smart boards, was developed by Hamza Matar, İhsan Can, Ahmet Burak Coşkun.

"Techno Smart Board" has features such as writing in the air without touching, controlling with voice commands, wearing virtual clothes (skeleton, muscular system, etc.), reading text, attention game, learning English words, matching and learning.

You can visit www.gelisim.edu.tr to see the detailed news.

Pandemic can accelerate the intensifying of the refugee problem in the world**MAY 05 2020**

Stating that immigration expectations in the buffer zones around the world are behind the agenda due to the process of struggling with the coronavirus (COVID-19), which continues to shake countries deeply, Political Science and International Relations Specialist Elif Şahin said: "It seems that the abstaining behavior of health and social services to be provided to camps and quarantine centers where migrants are sent around the world will accelerate the intensifying of the humanitarian crisis and refugee problem."

Noting the possible effects of the global coronavirus epidemic on the migrant crisis, Political Science and International Relations Specialist Elif Şahin from

Istanbul Gelisim University stated: "Lack of priority in providing health services to migrants at border crossings around the world after being sent to camp and quarantine centers can strongly reinforce the perception of 'marginalization' of refugees and migrants. This situation makes it possible to spread the fear and anxiety towards migrants and refugees within the host country."

You can visit www.gelisim.edu.tr to see the detailed news.

Explains the risks of staying at home for 65 and over**MAY 05 2020**

Stating that the risks associated with inactive life have started to increase for individuals 65-year-old and over who have been staying at home against coronavirus for about 6 weeks, Quality Life Specialist Asst. Prof. Dr. Haluk Saçaklı spoke: "Even immobility for a week causes a 20% reduction in muscle strength."

Indicating that an inactive life may cause increased cardiovascular disorders, Asst. Prof. Dr. Haluk Saçaklı from Istanbul Gelisim University said: "Narrowing and blockages in the heart vessels means that vital needs such as nutrition of the heart muscles and oxygen requirements are not met. Even immobility for

a week causes a 20% reduction in muscle strength."

You can visit www.gelisim.edu.tr to see the detailed news.

The art exhibition of the little ones will be visited in virtual environment this year

MAY 05 2020



Kindergarten students opened their annual art exhibitions in virtual environment this year. Stating that they had to move their exhibitions to virtual environment due to the coronavirus pandemic, Chairman of Gökkuşığı College Abdulkadir Gayretli said: "Mini exhibition created with the works of more than 30 children can be visited any time of the day."

The art exhibition consisting of handicrafts that decorate the Gökkuşığı College corridors opened in May every year opened online this time. Expressing that the exhibition is a colorful exhibition filled with joy and made by children, Gayretli spoke: "In this mini exhibition, which is full of works that we support the creativity of our little students, them to be a thoughtful individual, to express themselves and to be subjects, you will find a tiny section of the works that contribute to our students' international awareness."

You can visit www.gelisim.edu.tr to see the detailed news.

**The doctor who defeated the coronavirus told:
I had loss of consciousness; 70 percent of my lung had involvement**

06 MAYIS 2020



Celal Civil, an Internal Medicine Specialist who suffered from severe muscle pain, found out that he had a coronavirus after lung tomography. Civil, who was treated at home for 8 days, started to get worse. The young doctor, who was seen to cover 70 percent of the lung of the coronavirus in the second tomography, returned to his job after recovering after about a month of treatment.

Health workers are among the primary ones struggling with the coronavirus that continues to spread throughout the world. Invisible heroes who work their guts out against a fatal virus in hospitals can also get contracted this serious illness. One of these heroes, Celal Civil, 35 years old, found out that he

had a coronavirus by having a tomography after severe muscle pain. Civil, who had been treated at home for 8 days, started to get worse. Civil, who was taken away from home with the help of an emergency ambulance, told the Demirören News Agency about the 22-day treatment process. Young doctor said: "The first 3 days I was hospitalized were very critical. My general situation started to get worse slowly in these 3 days. I couldn't breathe and I was drowning. It was a troublesome and painful process. All of my colleagues worked very much for the recovery."

Haberin devamı için www.gelisim.edu.tr'yi ziyaret edebilirsiniz

The most important problem after the epidemic in the world will be unemployment

MAY 08 2020



Pointing out that the most important problem to be experienced in the world after the coronavirus epidemic that deeply shaken all the economies of the country, are the increases in unemployment rates, Asst. Prof. Dr. Onur Özdemir said: "It is predicted that the highest unemployment rates will be reached in Australia in the last 25 years, it can exceed 20 percent in Spain, and 20 million new unemployed populations will emerge in the United States."

Emphasizing the precautions taken against unemployment, Asst. Prof. Dr. Onur Özdemir from Istanbul Gelisim University said: "Although there are headings such as dismissals, certain levels of income support for unpaid employees and deferred debts, these should be followed carefully because they produce short-term economic results. In other words, it is likely that there are direct and indirect problems that may arise as a result of increased unemployment in the medium and long term."

You can visit www.gelisim.edu.tr to see the detailed news.

IGUZEB

Istanbul Gelisim University Distance Education



Due to COVID-19, distance education process has started in universities in accordance with the decision taken by the **Council of Higher Education (YÖK)**. Istanbul Gelisim University **Distance Education Unit (IGUZEB)**, which has been operating since 2016, works at full capacity in order to continue the educational life of students efficiently in this process, with its technical infrastructure and experience.

IGUZEB has made that its vision to increase the knowledge and experience of our faculty members to the level of **international e-learning standards** with the use of distance education technologies aiming the life-long and unlimited learning awareness of distance education as student-centered, independent of time and place. In this context, it continues to work on digital content development with technologies based on e-learning, by providing the necessary technical support to existing **associate, undergraduate and graduate programs** carried out within our university.

In this challenging process that our country and the world live, our students can follow their lessons with the distance education system and access **the course content such as video, notes, test** prepared by our faculty members with the support of digital infrastructure. They can view their homework and deliver their homework to their lecturers through the same system.

The system provides the opportunity to attend live classes and communicate simultaneously with their lecturers, and then watch the course video again. Our students can enter the exams of the courses they are responsible for online. In the exam system, **questions and time have been meticulously prepared** in accordance with this infrastructure. All these materials are accessed through a computer, tablet or mobile device with internet connection. If our students have any questions about the process, after they send support requests, our personnel will help them.

As IGUZEB, we work to provide the most efficient education by using of all the possibilities of **digital technology** in order to avoid interruption of education.



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THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.



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