



ISTANBUL  
**GELISIM**  
UNIVERSITY

**WEEKLY PRESS RELEASE**

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## AGENDA OF PERSONNEL

**Prof. Dr. Şükran Güzin Ilıcak Aydınalp** has been appointed as an Acting Dean of the Faculty of Fine Arts, as of 24.11.2020.

**Asst. Prof. Dr. Emel Tozlu Öztay** has been appointed as the Director of Continuous Education Application and Research Center of the University as of 25.11.2020

**Asst. Prof. Dr. Remziye Köse Özelçi** has been appointed as the Head of the Department of Radio, Television and Cinema at the Faculty of Economics, Administrative and Social Sciences as of 27.11.2020.

**Asst. Prof. Dr. Murat Doğan** has been appointed as the Vice-Dean of the Faculty of Fine Arts as of 01.12.2020.

Lect. **Aylin Çetin** has been reappointed as the Head of the Department of Electrical and Automation Department at IGU Vocational School of Health Services, as of 03.12.2020.

## UPDATES FROM IGU

According to the President's decision dated 24/11/2020 and numbered 3203, it was decided to close Istanbul Gelişim University School of Health Sciences and to open it by changing its name to "**Faculty of Health Sciences**".

**Asst. Prof. Dr. Güfte Caner Akın** from the Property Protection and Security Department Occupational Health and Safety Program of IGMYO made a presentation on the "Evaluation of Occupational Safety and Environmental Precautions of the Leather Working Group Protocol Aiming at Sustainability in the Leather Industry" at the 6th International Occupational Safety and Employee Health Congress on 26.11.2020. The paper will be published in full text.

Lect. **Kübra Sağlam** from IGMYO Food Processing Department's Food Technology Program took part in the 15-person team in the 28th WorldFood and Food Master's Class Program held on 27.11.2020. The subject of "Rethinking Foods for Reaching Healthy and Sustainable Food" was the focus of the fair, which was held with Chef Somer Sivrioğlu. Together with the industry professionals, the stands of companies that have sustainable studies, develop new technologies and healthy products, and focus on the principle of zero waste were featured.



İGMYO Gıda İşleme Bölümü Gıda Teknolojisi Programı'ndan **Öğr. Gör. Aslı Muslu Can**'ın "Characterization of physicochemical and antioxidant properties of Bayburt honey from the North-east part of Turkey" adlı makalesi Journal of Apicultural Research dergisinde yayımlanmıştır. Makale linki aşağıda yer almaktadır.

<https://www.tandfonline.com/doi/full/10.1080/00218839.2020.1812806>

**NEWS****Nick Hobbs: "Sustainability is no longer just the dreams of idealists and visionaries"****DECEMBER 1****2020****GELISIM NEWS**

Nick Hobbs from the Hiking Istanbul Project met with students at an online conference titled "Rethinking the Rural Area of Istanbul" organized by Istanbul Gelisim University (IGU) English Language and Literature Student Club. "Sustainability is no longer just the dreams of idealists and visionaries," said Hobbs, and shared his experiences ranging from popular walking tours in the rural Istanbul to his long career in the international music industry with students.

**60 WALKING ROUTES OUTSIDE THE METROPOL**

Stating that they are focused on giving sustainable values to Istanbul's precious countryside, Hobbs gave details about how Hiking Istanbul started

and how it evolved into an online community with more than 5,000 followers, and his upcoming book which maps about 60 hiking routes outside the metropolitan area.

You can visit [www.gelisim.edu.tr](http://www.gelisim.edu.tr) to see the detailed news.

**We carry out higher education activities remotely**

DECEMBER 2

2020



Due to the increase in the number of coronavirus cases, President Recep Tayyip Erdoğan announced new measures after the Cabinet Meeting. Making a statement within the scope of these measures, Abdülkadir Gayretli, Chairman of the Board of Trustees, said, "Working hours were reduced and many units were directed to work remotely."

"MANY ACTIVITIES PERFORMED"

Abdülkadir Gayretli, Chairman of the Board of Trustees of Istanbul Gelisim University, said: "We have carried out many activities such as presentations, meetings, publications, productions, applications and planning for the benefit of our students and the society, especially for our students to be protected

from the epidemic and easily adapt to the distance education system."

You can visit [www.gelisim.edu.tr](http://www.gelisim.edu.tr) to see the detailed news.

**With the coronavirus epidemic, the need for respiratory physiotherapy increased**

DECEMBER 3

2020



Physiotherapist Lecturer Tuğçe Bilgiç stated that the need for respiratory physiotherapy increased with the coronavirus epidemic and said, "With the respiratory rehabilitation to be applied to Covid-19 patients, hospitalization and emergency applications are reduced. Shortens the length of stay and increases the survival rate for inpatients."

Providing information about respiratory physiotherapy, Physiotherapist Lect. Tuğçe Bilgiç from Istanbul Gelisim University said: "In the treatment that we can call respiratory rehabilitation or pulmonary rehabilitation, there are methods applied by physiotherapists especially for resistant symptoms such as shortness of breath seen in COVID-19 in addition to standard medical treatment. At this point, improving the physical condition of the patient,

reducing the symptoms, providing correct and effective breathing training and thus increasing the quality of life are among the main objectives."

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**They ran together for clean water**

DECEMBER 4

2020



Athletes and famous names accompanied the short runs by Amputee national football player and paralympic athlete Burak Abacioğlu. In each run, awareness talks were held on a purpose of Sustainable Development.

Amputee national football player and paralympic athlete Burak Abacioğlu, who performed short runs of 17 minutes and 17 seconds in different symbolic locations of Istanbul to draw attention to the Global Goals for Sustainable Development consisting of 17 items came together with the academician Asst Prof. Dr. Nevruz Berna Tatlısu, who took part in the project for “Clean Water and Sanitation”, one of the Sustainable Development Goals.

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**Advice for students who will take the LGS from Gayretli**

DECEMBER 4

2020



The Ministry of National Education stated that there was no change in the scope of the central examination and the exams such as the Higher Education Institutions Exam (YKS), within the scope of the High School Transition Examination (LGS), and students will be held responsible for the entire curriculum. Speaking after the statement, Abdülkadir Gayretli, Chairman of the Board of Trustees, said: “Students should continue to participate in their distance education regularly. Trial exams must be solved in real time.”

“DO NOT FORGET TO SOLVE SAMPLE QUESTIONS PUBLISHED BY NATIONAL EDUCATION”

The countdown continues for candidates preparing for high school and university exams. Istanbul Gelisim University Chairman of the Board of Trustees Abdülkadir Gayretli advising the students preparing for the exams, said: “Follow the exam preparation lessons for 8th and 12th grade students at EBA. Do not forget to solve the sample questions published by National Education and sample questions published in EBA. Take advantage of various question books and online platforms. Ask questions you can't solve, online. Don't skip topics and questions.”

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# THINGS TO KNOW



## ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

### What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

### How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

### What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

### What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





# PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.





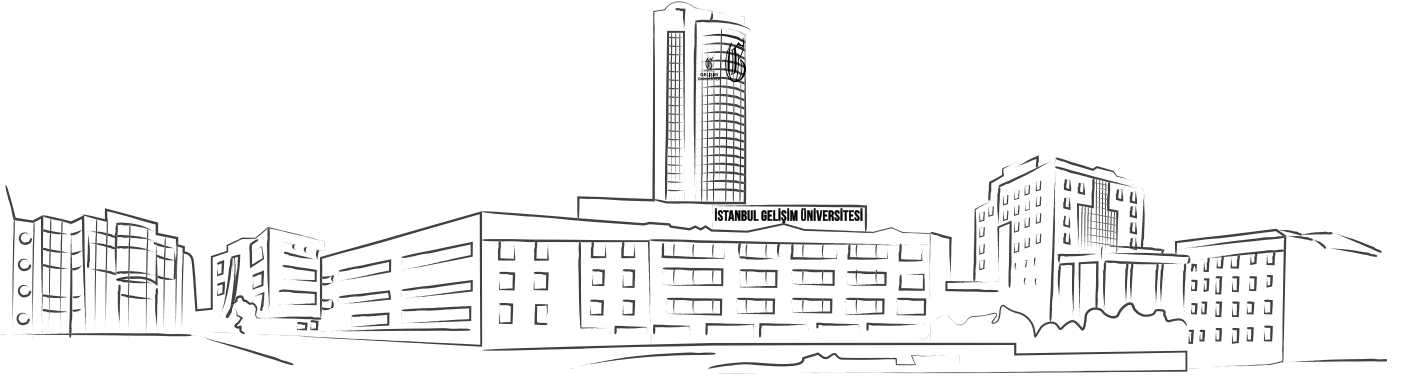
**ISTANBUL GELISIM UNIVERSITY  
EVENT SCHEDULE**


DATE	TIME	TYPE OF EVENT	TITLE OF EVENT	LOCATION OF EVENT	DEFINITION	ORGANIZER
07.12.2020 / 13.12.2020						
10.12.2020	13:00	Panel	Leadership and Entrepreneurship Summit 3	Zoom	The event will be held with the participation of Yusuf Ziya Yüce.	Health, Culture and Sports Department / Industrial Engineers Club
10.12.2020	13:00	Panel	Regional Challenges Workshop: The Future of Europe	Google Meet	In the context of the developments in Europe; Discussing the future of European geopolitics and migration policies.	Political Science and International Relations Department (English)
12.12.2020	15:00	Seminar	Importance and Awareness of Information Security	LMS Virtual Classroom	The Event Will Be Held With The Participation Of Dr. Serkan Gönen.	Cyber Security Application and Research Center
12.12.2020	16:00	Seminar	Cyber Bullying in Cybersecurity	LMS Virtual Classroom	It will take place in order to define and determine the importance of Cyber Bullying.	Cyber Security Application and Research Center

\* Events are held online

\* Applications for attendance are submitted to relevant units





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