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Istanbul Gelisim University recognizes scientific evidence that commercial tobacco products, alcohol and other addictive substances are harmful to the health of individuals and society. The use of commercial tobacco products such as cigarettes, electronic cigarettes, hookahs, alcohol and other addictive substances can adversely affect health and cause many diseases such as cardiovascular disease, asthma, bronchitis and cancer. For these reasons, a healthy and hygienic university campus environment is very important for students, academics and all staff.

The main purpose of the policy of healthy and hygienic campus without smoke, alcohol or drug is to minimize the individual and social problems caused by these substances and to prevent the use and spread of these addictive substances in the society.

### **Basic Values**

The core values on which the university's policy of healthy and hygienic campus without smoke, alcohol or drug are based are as follows:

- 1. Establishing a Healthy Campus:** It imposes the obligation to provide protection that ensures that all closed areas, means of transport and other (open and semi-open) areas of the university campus are free from tobacco smoke exposure. The effective method of protection from exposure to tobacco smoke is the complete elimination of tobacco smoke from the environments to create a 100% smoke-free environment.
- 2. Establishing a Hygienic Campus:** It is the inspection of the compliance of the campus areas with the hygienic conditions determined by the responsible persons at regular intervals.
- 3. Getting rid of addiction and raising awareness:** The University is based on preventing the addictions of these harmful substances by affecting health negatively. The aim is to train and mobilize individuals to get rid of cigarette and tobacco addiction, and to work with stakeholders to facilitate the implementation of the policy. In addition, awareness-raising activities are carried out to prevent the sale of commercial tobacco products, alcohol and other addictive substances on and around campuses.

### **Strategy of healthy and hygienic campus without smoke, alcohol or drug:**

The cornerstones of the policy of healthy and hygienic campus without smoke, alcohol or drug which is shaped around these values are as follows:

The University recognizes commercial tobacco products as an addictive substance and gives counseling to nicotine addicts, supports access to smoking cessation drugs, and undertakes to provide programs and training aimed at protecting second-hand tobacco smoke.

The University supports the implementation of this policy with its employees, students, visitors, suppliers and external stakeholders.

The University is responsible for providing a healthy, safe and hygienic environment that is part of the personal, professional and academic development of students, units, staff and visitors.

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The University is committed to prevent diseases through taking due care in its activities by providing and maintaining healthy and safe conditions on campuses.

The University is committed to providing a healthy and safe environment and seeks to minimize risks through the development and implementation of additional internal standards, programs and procedures in accordance with applicable legislation.

The policy of healthy and hygienic campus without smoke, alcohol or drug is supported by the university's planning and management approach with the cycle of "Plan, Apply, Check, Prevent"(PUKO).

The relevant units of the university carry out the development, implementation, revision and implementation of strategies, performance measurement, monitoring and evaluation of policy of healthy and hygienic campus without smoke, alcohol or drug.

All activities (conferences, congresses, symposiums, etc.), including buildings owned or rented by the University or located on or outside the campus, are subject to this policy.

**Objectives of the policy of healthy and hygienic campus without smoke, alcohol or drug:**

1. To prevent all kinds of addictions
2. To provide protection from second-hand tobacco smoke
3. To report the limitations of the use of tobacco and the like derivatives, alcohol and other addictive substances
4. To support reducing or giving up the tobacco and the like derivatives
5. To raise awareness about the use of alcohol, drugs and other addictive substances
6. To carry out some activities to reduce the sales of alcohol and other addictive substances and tobacco and the like derivatives
7. To carry out some activities to create a healthy and hygienic campus for all units with students, academic and administrative staff

Indicators are created to monitor the degree of realization of these objectives. Realization percentages are determined and corrective and remedial measures are taken.

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