

A winter break academy is organized for high school students' university preferences

As the Higher Education Institutions Exam (YKS) approaches, students make researches for university and department preferences. Istanbul Gelisim University (IGU) welcomes high school students on its campus with various practical courses on January 20-24 in the process of goal setting. 11th and 12th grade high school students can participate in the program called IGU 2020 High Schools Winter Break Academy.

Stating that students are not quite good in differentiating between which departments they want and the departments they should direct themselves, IGU Chairman of the Board of the Trustees Abdulkadir Gayretli said: "It is necessary to turn dreams into goals. It is important to take action for this. Students should set goals that they can achieve with the skills they have. As IGU, we attach importance to helping students in setting their goals and to be with them and support them when planning their careers."

Emphasizing that parents should not ignore their child's goals, Gayretli said: "Families should not direct their children to the goals they couldn't reach earlier in their own lives, and should not try to impose their dreams on children. Children must determine their own future. Children should be given the right to choose and be allowed to manage their lives."

IGU Chairman of the Board of the Trustees Abdulkadir Gayretli stated: "We have prepared a program that will help students determine their careers. 11th and 12th grade high school students can attend the applied lessons of the departments so that they have an idea in their minds about the professions and have fun."

The application and registration of the academy of which participation is free, can be made on the university's website.

The courses that students can experience in IGU 2020 High Schools Winter Break Academy program are as follows:

- Career Determination
- General Gymnastics
- Aircraft Engineering

- Nutrition Education and Counseling
- First Aid Applications
- Therapeutic Movements in Physiotherapy and Rehabilitation
- Aircraft Maintenance Applications
- Gastronomy
- Robotic Programming Training
- Psychology Department
- Radio, Television and Cinema
- Graphic design
- Photography Education

Turkish and international scientists will meet at this congress

Istanbul Gelisim University (IGU) will host the International Applied Social Sciences Congress (USBK2020) of which theme is determined as 'sustainability'.

It has been announced that many Turkish and international scientists will come together as part of the 'sustainability' themed congress that will be held on March 12-13, 2020. It is reported that the congress is planned to held annually in a different geography due to communications and collaborations with stakeholders. Asst. Prof. Dr. Hilal Kılıç spoke of the importance of the congress and continued: “We aim to create an interdisciplinary discussion and study platform by bringing together scientists who conduct research in this field with the belief that social sciences as well as technical sciences should be emphasized for the development of our country.”

“WE AIM TO CREATE WORK ENVIRONMENTS”

Director of Istanbul Gelisim University the School of Applied Sciences Asst. Prof. Dr. Hilal Kılıç said: “We aim to present the original academic studies and practices in the field of Social Sciences to the sharing of scientists, to encourage creating new ideas and to create working

environments within the framework of collaboration through the International Congress of Applied Social Sciences (IGU-CON USBK).

Kılıç continued her speech as follows:

“It is important to address all economic, social and environmental factors that are closely related to human life with the scientific perspective within the framework of the concept of 'Sustainability'. We aim to discuss one of the important paradigms of the 21st century, the concept of 'Sustainability' under the broad spectrum of applied social sciences and to create awareness by creating consortia at national and international levels.”

“THE IMPORTANCE OF SOCIAL SCIENCE DISCIPLINES INCREASES”

Addressing the importance of examining current developments and conducting studies in the fields of economic, cultural, social, political, technological and informatics, Asst. Prof. Dr. Kılıç said: “The importance of social science disciplines increases in terms of questioning efficient and effective tools. In this context, IGU-CON USBK, which aims to bring together scientists who conduct research in this field with the belief that technical sciences and social sciences should be emphasized for the development of our country, will contribute to qualified and original academic production. In this congress, which aims to form a basis for discussion of questioning and solution searches with holistic approaches, we aim for scientists coming together to conduct national and international studies for the future by evaluating the results obtained within the scope of the congress.”

Public Oversight Authority Lifelong Learning Programs at IGU

Istanbul Gelisim University Lifelong Education Application and Research Center (IGUSEM) visited Public Oversight Authority Directorate (KGK).

IGUSEM Director Asst. Prof. Dr. Fatih Fuat Tuncer and External Trainings Specialist Mustafa Yücel visited Public Oversight Authority Directorate (KGK). Rıza Çelen, Chairman of the Board of Public Oversight, Accounting and Auditing Standards, was interviewed about the training programs planned to be carried out for independent auditors.

Noting that the agreement with KGK is important, IGUSEM Director Asst. Prof. Dr. Fatih Fuat Tuncer said: "This selective authorization was made with IGUSEM. This is a pleasing decision for us. We are starting our lifelong learning process for independent auditors as of March."

Cities where the elderly can be comfortable should be designed

While the elderly population in developing countries is increasing, Sila Ayan from the Gerontology department which called the science of old age and aging said: "To support the active aging of the elderly, the elderly-friendly cities that are physically, psychologically and socially appropriate providing the most active and the most satisfying results.

According to the studies of the World Health Organization, it is stated that the proportion of the elderly population living in the cities of developing countries worldwide will increase 16 times and reach 908 million from 1998 to 2050. Experts say that this number means a quarter of the total population. Stating that a quarter of the population cannot be mentioned in a society where production, life and social structure remain isolated, Gerontologist from Istanbul Gelisim University (IGU) School of Health Sciences Gerontology Department Lecturer Sila Ayan said: "In order to support the active aging of the elderly, the cities that are physically, psychologically and socially appropriate, the most active, and the most friendly to provide satisfaction, should be designed."

"ELDERLY PREFERENCES MUST BE RESPECTED"

Expressing that there are principles that should not be overlooked in the planning of elderly-friendly city, Ayan said: "It should not be forgotten that the possibilities and competencies of the elderly vary widely. It is very important to adopt a flexible approach to the needs and preferences related to aging, to respect the decisions and preferences of the elderly, to protect the fragile ones, to support individuals to participate and contribute to all aspects of their lives."

NOISE REDUCES THE QUALITY OF LIFE

Emphasizing that problems such as noise, air pollution and crowd decrease the quality of life of the elderly, Gerontologist from Istanbul Gelisim University (IGU) School of Health Sciences Gerontology Department Lect. Sila Ayan said: "In the World Health Organization's guide, the

quotation from an elderly person from Istanbul is as follows: ‘You get up at four o'clock from your bed because of the noise outside. A clean and peaceful environment is needed.’”

Gerontologist Lecturer Sila Ayan stated that “Green spaces created in cities for both healthy and fragile seniors, their relatives and caregivers are important meeting points for breathing and relaxation”, and added: “The construction of parks with appropriate number and features of toilets, trash cans and sheltered living areas according to the weather conditions are among the features of the elderly-friendly public space. Sidewalks must be made from a material that is flat, non-slip and comfortable to walk, without any risk of snagging and falling, should increase the quality of life of the elderly and facilitate their participation in life. There should be no tools, parked vehicles or trees on the sidewalks. Sidewalks should not complicate the movement of people using wheelchairs or auxiliary equipment, priority should be given to all pedestrians and especially to disadvantaged sections.”

“CRIME AND VIOLENCE ARE OBSTACLES OF LIFE”

Gerontologist Sila Ayan stating that the risks observed in cities such as crime, violence, drug use, homelessness, extortion and robbery restrict the participation and quality of life of the elderly, said: “Considering the importance that a person feels safe in the environment they live in, in terms of productivity, well-being and health status, the elderly should be ensured to spend their lives in living spaces where they feel safe. The factors threatening security can be of human origin as well as nature. Insecure building constructions, natural disasters and lack of precautions can cause security risks.”