

Immigrant children will not forget what they've gone through for a lifetime

Noting that the events during the migration will increase the mental burden on children, Psychiatrist Assoc. Prof. Dr. Sevcan Karakoç Demirkaya said: “Even if children survive in the migration route, they will not forget what they've gone through for a lifetime. Suffering from both homesickness and the loss of parents and other loved ones is especially pathological.”

Greek soldiers intervened with gas bombs to immigrants waiting around Pazarkule Border Gate. Particularly women and children affected by the brawl and gas experienced hard times. From time to time, Greek soldiers tried to disperse people including women and children, who were waiting in front of the Pazarkule Border Gate and the wire mesh around it by throwing tear gas bombs. Psychiatrist from Istanbul Gelisim University Assoc. Prof. Dr. Sevcan Karakoç Demirkaya talking on the effects of migration on children, said: “Even if children survive the migration route, they will carry the feelings of “being left behind” and “being a migrant” for a lifetime. Mourning from the homeland is especially pathological when the loss of parents and other loved ones is added. This, in turn, makes it difficult to adapt to the newly established order and the migrated area.”

“CHILDREN ARE AFFECTED MOSTLY”

Demirkaya mentioning that children are especially risky groups, said: “Children who have to migrate together with their families or alone are the most affected group both because they are moved against their will, so they are not effective in the decision of immigration, and because they are in the age of development and have not yet developed their identity structures.”

Psychiatrist Demirkaya said:

“In many studies, problems in friendship relationships, hyperactivity and behavioral problems, post-traumatic stress disorder, low self-esteem, adjustment problems, low life satisfaction and academic failure, substance abuse, tendency to crime and violence, inappropriate sexual behaviors and difficulties in business life, bullying or being bullied has been reported. The child of the migrated family is mostly affected by the mental state of their family and their harmony. Parental loss or separation, the level of education of parents,

economic and political factors associated with migration, and the child's age are decisive factors on the child.”

“HAVE DIFFICULTY TO FEEL SAFE”

Emphasizing that the development level of the child is also important, Demirkaya added: “It should not be thought that it babies wouldn’t understand. Especially preschool children, who have not completed the primary socialization process, but trust relationship has been completed yet and brain development is very flexible, have difficulties in creating a new identity and feeling safe after migration even if they are easily assimilated.”

Psychiatrist Assoc. Prof. Dr. Sevcan Karakoç Demirkaya, continued as follows: “In the studies conducted, it has been reported that school-age children and adolescents are not easily assimilated, but they want to return to the homeland and have problems especially in language learning and language development, so they are always “other” in the country they visit. Depending on the reason for the immigration, problems such as accusing the family, getting involved in crime and terrorist acts and feeling revenge are also common. While the pre-immigration process is not well managed (spiritual preparation), traumatic events during migration cause serious psychological problems. At least harmony and mental rehabilitation should be done properly after immigration.”

Coronavirus can also affect the giant organization

While coronavirus (Covid-19) alarm continues worldwide, Geneticist Assoc. Prof. Dr. Korkut Ulucan who participated in the Sports Workshop held in Istanbul, warned that the European Football Championship where Turkey also will take part could face postponement or cancellation due to coronavirus outbreak.

European Football Championship which will be held between the dates June 12 to July 12, 2020 comes first among the main sports competitions of 2020. Turkish National Football Team will also take part at the Championship. Genetics Specialist from Marmara University Assoc. Prof. Dr. Korkut Ulucan participating in 'Sports Workshop in Academic and Real Sector Cooperation' in cooperation with Istanbul Gelisim University (IGU) School of Physical Education Sports and Başakşehir Municipality made a statement to Demirören News Agency

about whether the coronavirus (Covid-19) will affect the giant organization, UEFA 2020 European Football Championship hosted by 12 cities in 12 European countries, or not.

“THE CHAMPIONSHIP CAN BE AFFECTED”

Emphasizing that the European Football Championship is in danger of being delayed or canceled and that the coronavirus affects not only daily life but also sports activities, Associate Professor Dr. Korkut Ulucan said: “Even though we think that the biological and genetic structure of the virus is understood, we get new information because it is a newer virus. There are some aspects that are similar to normal viruses as well, so we need to be cautious about all contact-related activities. Especially, we have the European Championship ahead. Although we look at normal viral metabolism, even though they appear to be affected by heat, we do not have very clear information about this virus. Presumably, in this championship, while the athletes protect themselves in a certain way, there is a danger for fans. We are in danger of delaying or canceling the European Football Championship. Particularly in Italy, certain matches were postponed, some decided to play without spectators. But of course the biggest event of sports activities is the audience. So troubled days are waiting for us. Movements requiring certain activities, such as in NBA or other branches, or in certain sports activities, are prohibited.”

At the Sports Workshop where it is aimed to bring together different sectors of all individuals who have graduated from the IGU School of Physical Education and Sports and to contribute to the studies available across Turkey 7 different commissions and 7 different topics are discussed at 7 rounds.

Future is on the companies investing in innovation and R&D

Emphasizing that BIST 100 index started in the highest level in 2020, and the rise of the domestic and foreign interest in Turkish Financial Stock Market, Finance Specialist Dr. Hakan Yıldırım said: “Especially between January 14 and February 17, it is seen that the index tries to hold on to 120,000 points and targets higher. However, even though the coronavirus, which affects China, one of the largest financial markets in the world, negatively affects the world markets, the Syrian crisis has reduced the performance of the BIST 100 index.”

Yıldırım pointed out that the biggest indicator of this is rising prices of gold, which is the safest investment tool, at the end of February, and added: “However, the impact of coronavirus is expected to be broken in the coming months and its impact in the world financial markets will decrease. Again, it can be said that the market welcomed by the reactions given by Turkey in Syria. Both Russia and Turkey's mutual releases is lowering pressure. Again, the uptrend trend in the world stock markets that started in March and the decrease in gold prices in line with this situation, indicates that investors will return to the stock market again.”

Asst. Prof. Dr. Hakan Yıldırım from Istanbul Gelisim University continued as follows:

“When we look at the world markets, it is seen that the most demanded, voluminous and appreciating shares are the shares of the company investing in innovation, R&D and technology. For example, TESLA shares, which invest in both the vehicle market and the future of space with their innovative applications that place importance on innovation, have gained 42 percent since the beginning of 2020. Again, it will be seen that the foreign shares, which invest in technology and innovation in the long term, have demonstrated similar performances in recent months. The same would be the case for Turkish markets.”

Yıldırım pointed out that small investors in Turkey should avoid stock market speculators and make long-term investments instead of daily earnings and turn to companies with a future.

Stating that the future will be shaped by innovation, Chairman of the Board of Trustees of IGU Abdulkadir Gayretli said: “While we are rapidly moving to become a self-sufficient country with a national technology move, we do our best efforts in higher education”.

Retired SAT Commando Namık Ekin's new record attempt

Retired SAT Commando Namık Ekin, who has signed 18 Guinness World Records so far, is preparing for a new record attempt. Aiming to throw 3000 judoists out of the back 24 hours without going underwater and sleeping, Ekin signs the 19th Guinness World Record attempt on behalf of Istanbul Gelisim University.

Retired SAT Commando Namık Ekin, who participated in the Sports Workshop in Istanbul, stated that he is preparing a new record attempt. Ekin, who will carry out the new Guinness

World Record trial at the Kadıköy Municipality Acıbadem Swimming Pool, aims to throw 3000 judoists off the back 24 hours without ever getting out of the pool and sleeping. Ekin conducts his 19th Guinness World Record attempt on behalf of Istanbul Gelisim University (IGU), where he advises sports training.

Expressing that he will combine judo and fish manhood under water, Ekin said: “I will throw out 3000 judoists by eating under water without getting out of the water for 24 hours. All the judoists will come to me for help. The record attempt will start when I enter the water on March 16 at 11:00 and end on March 17 at 11:00.”

“WE PREFERRED A HEATED POOL”

Stating that he will try to break the record in a heated pool, Ekin said: “I will break the record in the heated pool of Kadıköy Municipality in Acıbadem. Because the biggest danger for me is shaking. After a certain hour you lose heat, chills and bruising begin. Performance is deteriorating, you cannot think well and you cannot make the right decision. For this reason, we preferred a pool that can be heated.”

“I’VE COMPETED IN 14 DIFFERENT BRANCHES”

Stating that he owes his health to live programmatically, Namık Ekin added: “I am 78 years old. I have been doing sports since I was 8 years old. I competed in 14 different branches and I still compete. I eat well. I follow the science of sports. I have written 17 books on these topics. 7 were printed. We donated all of their income to the disabled.”

“WE WILL TRY A NEW RECORD”

In the workshop, where the chairman of IGU Board of Trustees, Abdulkadir Gayretli also made statements on that they have always supported Namık Ekin, Gayretli added: “In the past years, Ekin has lifted 301 tons and 115 kilograms in total, 3.5 hours before the expiration period, without ever getting under water and sleeping. He conducted 18th Guinness World Record on behalf of IGU, exceeding the target of 273 tons, 5 hours and 15 minutes prior to the 24-hour expiry. Now we will try a new record together.”

INTERESTING RECORDS OF NAMIK EKIN

On 10 November 2015, he jumped from a 58-meter-high altitude of Bosphorus Bridge near Ortaköy with parachute, released his parachute 22 meters left to the water. The time between jumping from the bridge, opening the parachute, filling the parachute with air and touching the water was calculated by laser measurements as 6-odd seconds by Guinness. Considering the jump as "very dangerous", Guinness did not record it so that others would not endanger themselves in order to break this record.

In 2015, he rose to 38.5 meters by crane and jumped from here with a parachute. This is the lowest altitude jump ever made from a crane.

In 2014, he broke the record by making 4 thousand 627 judo throws without stopping in 24 hours.

On March 18, 2014, in the memory of Çanakkale martyrs, he lifted 379 tons of 285 kilograms in 24 hours and took the record in this field from American Clarence Bass.

In 2014, he jumped from Istanbul Fatih Sultan Mehmet Bridge with a parachute. 6 meters to hitting the mansions in the extreme wind, he managed to land in the water by turning his parachute into the sea at the last moment.

In 2011, he broke the 34-kilometer record of the US Tonny REBEL by swimming 36 thousand 800 meters underwater in 24 hours.

During the 2009 International Parachute Festivals in Fethiye, he realized one more incredible activity: he broke the records of parachuting the lowest in the world and opening the parachute at the lowest.

Students tell about the city they live in for the project of Istanbul in Our View

Students from Istanbul Gelisim University (IGU) the Faculty of Fine Arts carry out a project named "Istanbul in Our View". 'The team of Istanbul in Our View' with undergraduate students from many different departments such as Interior Architecture, Interior Architecture and Environmental Design, Cinema and Television, Communication Design, Graphic Design. It aims to raise awareness in creating a youth that embraces its art and culture by correctly promoting the cultural heritage of Istanbul.

“I WAS INSPIRED BY THE UNIQUE CULTURAL, ARTISTIC AND ARCHITECTURAL HERITAGE OF ISTANBUL”

Stating that the project emerged and developed with the presentation assignments about Istanbul in Art and Design History courses, Asst. Prof. Dr. Pelin Aykut said: “While putting this project forward, I was inspired by the unique cultural, artistic and architectural heritage of Istanbul. I believe that this endless material should be used and adopted by young people, interpreted and transferred correctly. I have full confidence in my young friends who have set out together with, who believe in this project and want to be in it. I believe that if our project is approved and it can receive the necessary support, this first work that we will do can open the way for such studies.”

“IT IS A WAY TO PRESENT THE VALUE THE CITY DESERVES”

Stating that Istanbul Gelisim University plans to get the opinions of students studying in different faculties through interviews on Istanbul, Aykut said: “I think the project is also very important for the correct promotion of Istanbul Gelisim University. ‘Istanbul in Our View’ is a project of telling, making it sense and keeping alive this city, which has different meanings for each of us, as the city we were born/have lived/have studied. In a sense, perhaps it is a way to present the value and respect that the city deserves through young people.”

Mentioning that ‘the Team of Istanbul in Our View’ has adopted the goal of continuing on its path without sacrificing its principled stance in all projects realized and aimed to be realized, Aykut listed the principles as follows:

“Equality, openness, entrepreneurship, valuing knowledge, developing together, open source, learning while doing, creating synergy and joint power, acting with a collective understanding of mind, constantly improving and developing, protecting universal and human values.”

“WE DETERMINED 10 REGIONS”

Stating that the aim of her team is to make continuous contributions to themselves and the environment they can reach, Asst. Prof. Dr. Pelin Aykut also gave information about the project's study plan. Aykut ended her speech as follows:

“Believing in the power of the image and the rise of the visual culture, as a result of our research, we have determined the ten regions that we want to describe its architecture, culture, art, entertainment life, cuisine and bazaar. We have planned to make presentations by producing contents about the places we have chosen together with Taksim, Beşiktaş, Sarıyer, Üsküdar, Balat, Karaköy, Sultanahmet, Eminönü, Kadıköy and Adalar every fifteen days during our fall and spring semesters, starting from January 2020 to the end of the May, on Youtube as a vlog. Each vlog will consist of a few episodes of three to four minutes and will not exceed twenty minutes in total.”

Sports workshop came to the end

The demands and wishes of young people interested in sports were discussed at the "Sports Workshop in Academic and Real Sector Cooperation" organized in cooperation with Başakşehir Municipality and Istanbul Gelisim University (IGU). The Chairman of the Board of Trustees Abdülkadir Gayretli drew attention to the importance of sports workshops held in order to determine the needs of the youth and the sector.

In the workshop, which was attended by many academicians and students of physical education vocational school, the demands and wishes of young people interested in various sports were discussed and solutions were sought. In the workshop, which started with a moment of silence for the martyrs and the National Anthem, the Mayor of Başakşehir Yasin Kartoğlu and IGU Rector Prof. Dr. Burhan Aykaç made a speech.

“SPORTS BEGINS AT 4 YEARS IN BAŞAKŞEHİR”

Başakşehir Mayor Yasin Kartoğlu, who participated in the workshop, stated that they took Fatih Sultan Mehmet as an example in urbanism, and added: “The way to devote the city is to make people happy. We also need to make determinations to understand what people are happy with. Workshops are one of the ways to identify it. I believe that these workshops will determine what young people want and produce good results with future investments. We are a municipality that cares about sports. In Başakşehir, children are taken to measurement from the age of 4. Guidelines are made about the sport they are interested in. We organize Turkey's largest youth sports event. In Youth Games, 25 thousand young people participate in tournaments in different branches.”

After the workshop, Kartođlu studied the technology projects of the university with Abdulkadir Gayretli. Kartođlu, who had the opportunity to try the electric car Babayiđit realized by the university, expressed his appreciation for the university's projects.

MASTERS WERE AWARDED WITH PLAQUES

Special guests attending the workshop were presented a plaque for their participation. Leading sports journalists Halit Kıvanç and Atilla Gökçe, sports announcer Orhan Ayhan, retired SAT commando Namık Ekin, coach İlyas Tüfekçi and the world champion of FINA World Master Swimming Championship National Swimmer Ahmet Nakkaş were awarded. Orhan Ayhan received the plaque of Halit Kıvanç, who could not attend the workshop, and the plaque of İlyas Tüfekçi was received by his daughter İlkin Tüfekçi received. In the workshop, a certificate of appreciation was given to Ayşe Begüm Onbaşı, the world champion in aerobic gymnastics.