

## **They discussed stomach botox**

In the event "Stomach Botox & Nutrition" organized by Istanbul Gelisim University Health, Culture and Sports Department Biotechnology and Life Sciences Club Dr. Ahmet Bekin and Dietitian Tuğçe Özer were hosted.

"IT CAN BE APPLIED TO EVERYBODY"

Indicating that botox is actually a snake poison, Dr. Ahmet Bekin said that botox paralyzes muscles and like all drugs, when used in the appropriate dose, can be healing. Stating that the feeling of satiety with botox applied to the stomach will last longer and weight will be lost faster, Bekin added: "Stomach botox can be applied to anyone who wants to lose weight. It would be useful even in people who have previous obesity surgery and regained weight. This procedure should not be applied only to people with severe gastritis or ulcers in the stomach and people with a disease that prevents endoscopy".

"IT CAUSES LONG TIME FULLNESS"

In statements related to nutrition after gastric Botox Dietitian Tuğçe Özer said:

"To be successful in stomach botox nutrition rules must be followed. When stomach muscle can not perform, food can stay in the stomach for a long time. Normally, carbohydrates can be discharged within 2 - 3 hours or 4 hours, with 4 - 4.5 hours when taken together with proteins. Stomach botox slows gastric emptying and allows the secretion of ghrelin hormone. This makes the person feel more intense for longer."

Emphasizing the need of nutrition after the botox treatment according to a diet program prepared by the dietitian, Özer said: " a long process of treatment accompanied by a doctor, a dietitian, a psychologist will provide healthier results."

In the end of the event held in IGU Gelisim Tower Dr. Ahmet Bekin and Dietitian Tuğçe Özer were presented a plaque of appreciation on behalf of Istanbul Gelisim University for their participation.

## **240 Scientists at IGU**

The International Conference on Applied Analysis and Mathematical Modeling (ICAAMM2019) was organized for the 8th time this year, hosted by Istanbul Gelisim University (IGU). The

conference was attended by 240 scientists from 42 different countries. Ravi Agarwal was given an honorary doctorate by the university.

The conference aims to contribute to mathematical modeling and interdisciplinary cooperation in all areas of engineering. Delivering the opening speech of the conference Chairman of IGU Board of Trustees Abdulkadir Gayretli stated that they are one of Turkey's three universities shortlisted in the Times Higher Education Awards Asia 2019 final known as Oscars of Higher Education, and added: "Istanbul Gelisim University became one of the top eight universities in the 'International Strategy of the Year' category. We attach importance to institutional partnerships and international activities to internationalize. We are the pioneer of internationalization in Turkey".

#### IT'S FIRST TIME THAT HONORARY DOCTORATE IS GIVEN

Stating that although IGU is a young university, it has achieved many successes Prof. Dr. Burhan Aykaç said: "We are Turkey's university with the most accredited programs. We have students from 23 countries. For the first time at this year's conference, our university gives an honorary doctorate to Prof. Dr. Ravi Agarwal known as the guru of mathematicians"

Honorary doctor Dr. Ravi Agarwal stated that he started education at a very early age, and added: "As long as I'm in the world, I will continue my scientific studies. Computer science has taken over everything. But computer science alone doesn't matter. It has to work with mathematics. Maybe computer science becomes a part of mathematics. There are computer-oriented courses. This can also help students to find jobs. Just beyond mathematics, there are no jobs. There has to be a balance and they have to be able to see the market".

Director of the Institute of Science and Technology and Conference Chairman Prof. Dr. Mustafa Bayram stated that the conference has been held regularly for 8 years, and added:

"The articles in the presentations made at the conference are re-evaluated and selected articles are published in cited journals. Every year the world-renowned scientists in their field are invited as guest speakers. Professor Dr. Ravi P. Agarwal, Prof. Dr. Adem Kilicman, Prof. Dr. Seifedine Kadry, Professor Dr. Dumitru Baleanu, Professor Dr. Hiroshi Umeo are the invited speakers at the conference this year."

Bayram also giving information about the subject of the conference, said the following:

"Valuable participants from around the world are doing presentations in the fields of Computational Methods, Ordinary and Partial Differential Equations, Mathematical Modeling and Optimization, BioMathematics, Data Analysis and Related Topics, Ring and Module

Theory, Group Theory, Semi-Group Theory, Linear Algebra, Algebraic Integrator, Algebraic Graph Theory, Homological Algebra, Algebraic Topology, Fuzzy Algebra, Encryption”.

### **Students organized a technical visit to the newspaper**

A technical visit was made to Cumhuriyet Newspaper and Cumhuriyet Books Publishing by Presidency of Printing and Broadcasting Technologies Program of Gelişim Vocational School. The visit organized within the scope of the Professional Practices course was guided by Cumhuriyet Books Officer Journalist Çağdaş Bayraktar.

The students who started to visit the Cumhuriyet Newspaper Museum received information about the establishment and history of the newspaper. Then, they had the opportunity to see from the process of creation of the news, through which units it passed from the process of creation until the printing stage by interviewing responsible employees and on-site by question-answer. In the visit where all news services were visited General Editor-in-Chief Aykut Küçükkaya met with students and answered questions.

Lect. Gamze Gezginci presented a plaque of appreciation to Aykut Küçükkaya on behalf of Istanbul Gelisim University. At the end of the Technical Trip, in the museum students were presented gifts name holders printed in the Linotype Printing machine invented in 1884 and brought to our country in 1928 and operating publishing for Cumhuriyet newspaper until 1984.

### **Interest in the exhibition attracting attention to waste grows**

Interest in the photography exhibition opened by university students in order to draw attention to waste and to raise awareness on excessive and unnecessary consumption, is increasing.

Opened under supervision of Lecturers Tolgahan Tabak and İbrahim Levent Demirçakmak and Istanbul Gelisim University (IGU) School of Applied Sciences (UBYO) Department of Gastronomy students a photo exhibition titled 'IGU don't waste' after the increasing interest lecturer Tolgahan Tabak and Gastronomy student Elis Mutlu were invited to the TRT1 Radio.

The exhibition, which was followed by the public and private institutions and welcomed in the university campuses, was presented to the visitors in Istanbul Halk Ekmek (İHE) Cebeci factory. The works were welcomed by the factory employees. UBYO Gastronomy Department Res.

Asst. Oğuzhan Köklü and the group of students Ayşenur Tevrüz, Pelin Demir and Erkan Geven visited the factory to inform IHE staff about their exhibitions and objectives.

UBYO Head of Gastronomy Department Asst. Prof. İsmail Hakkı Tekiner expressed his appreciation for the dissemination of awareness and congratulated the students.

## **'Awareness' project from Public Relations students**

The university students of Public Relations Department 'Are you aware of?' organized a workshop to better understand the profession and not to be confused with other professions.

Istanbul Gelisim University, Public Relations Department students held a workshop within the scope of 'Public Relations Students Awareness Project about their profession'. At the project research phase, the results of the questionnaire which was given to the students on a group of 100 students were shared with the participants.

The research was conducted by Istanbul Gelisim University School of Applied Sciences PR and Advertising Department director Asst. Prof. Emel Tozlu Öztay, Istanbul Gelisim Vocational School Marketing and Advertising Department Director Asst. Prof. Fulya Beteş, Lect. Atilla Akalın and Students Tolgahan Polat, Bahar Yalçın, Sümeyra Aydın, Özgür Demirci, Sultan Kaya, Betül Sırma, İlknur Şen, Selin Aldemir, Sadık Kalender, Tuğçe Şeran, Hüseyin Karaca, Doğukan Şahin, and Fatih Muhammet Albayrak.

According to the results of the study, only 1 percent of the participants know what public relations is, 17 percent participated in a public relations workshop held previously, 10 percent did not find enough of the public relations studies in our country.

Scheduled workshop based on survey data was related to the occupation where the first leg of Brothers & Sisters Agency Partner, and Istanbul Surgery Hospital Creative Consultant Gülnur Göksel heavenly and Netmarble Turkey PR & Corporate Communications Manager Dilek Aydoğdu were hosted. The guests coming from the sector explained their public relations, advertising and promotional campaigns to their students and explained the differences in the internal units and agencies of the profession on the actual applied studies.

In the second leg, a workshop was organized with high school students at Yenibosna Anatolian High School, Public Relations and Organization Services Department. Istanbul Gelisim University, Public Relations and Social Responsibility Club students under the leadership of Lect. Fulya Beteş held the workshop with high school students studying public relations and explaining the topic of being a public relations student at the university.

Gölnur Göksel and Dilek Aydođdu, the guests of the workshop, expressed that they were extremely happy to share their experiences with the students as the guests of Istanbul Gelisim University. They congratulated the students for having carried out beautiful application projects, although they were still in their school years. Salim Çeliktaş, Director of Yenibosna Anatolian High School expressed his gratitude for the information and support they gave to the students and expressed that he would always be happy to host new educational projects to be developed between high schools and Istanbul Gelisim University in the future.

"WE EDUCATE OUR STUDENTS WITH PLENTY OF PRACTICS"

Director of İstanbul GeliSim Vocational School Prof. Dr. Nezir Köse said the following: "With the permanent support of the Chairman of the Board of Trustees Mr. Abdulkadir Gayretli and the Rector Prof. Dr. Burhan Aykaç, we place great importance on providing enough practical training to our students in order to meet the qualified personnel needs of the market. In this project, we hope that our students, who are clearly seen in this project, feel the excitement of their professions. We would like to thank our guests for bringing our students together with many projects and applications in the sector."

## **Gastronomy students attended the 2nd Global Gastroeconomics Summit**

The Gastroeconomics Summit, has been organized by the Tourism Restaurant Investors and Gastronomy Enterprises Association (TURYID), which brings together 250 domestic and 250 international restaurants to offer added value to the national economy, tourism and catering sector.

In the summit, where topics such as gastrodiploMACy and gastrotourism were prominent, the topics that gave rise to the agenda in export, innovation and tourism were discussed. Istanbul Gelisim University School of Applied Sciences Department of Gastronomy students who participated in the summit that inspiring speakers of participated and shed light to social life, learned about the spread and development of gastronomy in the world.

The 2nd Global Gastroeconomics Summit was held with the participation of many local and foreign names.