

Students still have the opportunity for transfer

Istanbul Gelisim University Chairman of the Board of Trustees Abdulkadir Gayretli made a statement about the transfer opportunities of the university. Noting that students should not feel sad because they study in a department and university they do not want, Gayretli reminded that the applications will end on Monday, February 10.

The transfer of students to associate degree or bachelor's degree programs is called as transfer, as long as the central placement scores of the year in which they register must provide the central placement scores of the higher education programs they wish to transfer. Transfers are made according to the provisions of the Council of Higher Education, which is "Regulation on Transition Between Associate and Bachelor's Degree Programs, Double Major, Minor in Higher Education Institutions and Credit Transfer Between Institutions."

Abdulkadir Gayretli gave information about the transfer opportunities, reminding that the transfer applications started on Friday, November 29 and still continue. Emphasizing that students should not feel sad because they study in a department and university they do not want, Gayretli said: "Students can achieve their dreams with the transfer system in the following semesters. Students who meet the requirements can benefit from this system."

"YOU CAN HAVE A CONTINUOUS SCHOLARSHIP"

Referring to the transfer opportunities that are intended to be made within and outside the institution, Gayretli stated that the students who transfer within the university still have their current scholarship continually. Gayretli said: "Students who want to transfer externally have the opportunity to get uninterrupted 75, 50 and 25 percent of fee waiver. Students can apply for a transfer if the central placement score of the student in the year they register is equal to or higher than the base score of the program/department they want to transfer."

"THERE IS NO OBSTACLES NOW"

Stating that it is now easier for students to study in the department they want, Gayretli said: "All obstacles have been removed so that the students can study in the departments they

want and achieve their dreams. Because when young people study in the departments they want with pleasure, both themselves and our country will benefit from it.”

The transfer applications will end on Monday, February 10 and the registration will continue until February 24th. The English Proficiency Exam will be held on the same day.

Terrorist attacks at the border affected children the most

There were 34 rockets and mortar attacks on Kilis in 2016 and 2019 due to the civil war in Syria. 25 people were killed and many citizens were injured in the attacks. Financial damage occurred in 367 homes and many schools, mosques, hospital. Mehmet Başçillar, a faculty member of the Department of Social Service at Istanbul Gelisim University, made researches on the effects of these attacks on children and stated that children were the most affected ones by the attacks on Kilis as with all terrorist attacks. Başçillar met with 64 children aged between 11 and 17 live in neighborhoods close to the Syrian border, and showed how the children were affected by the attacks on his research lasting 4 months.

According to the results of the research:

- * About two out of three children are feared and worried about the terrorist attacks (%64,1).
- * Three out of four children state loud noises remind them of the terrorist attack (%75).
- * About two in five children have had negative dreams of a terrorist attack (%39,1).
- * Two out of five children feel unsafe when wandering outdoors (%40,2).
- * About two out of every five children want to move to another city (%42,2).
- * About one in four children states changes in their parents' behavior after the terrorist attacks (%28,1).

THEN WHAT TO DO?

Başçillar stated that the traumatic effects of the terrorist attacks on children may occur weeks and months later and talked about what is needed to do as follows: “Terror attacks can cause problems such as depression, fear, anxiety, decline in academic achievement, lack of concentration and hyperactivity in children. In addition, terrorist attacks directly or

indirectly threaten the fundamental rights and freedoms of children living in the border provinces, particularly the right to life, the right to education, the right to health and the right to play. It is one of the primary duties of the state to take measures to protect children from physical, mental, sexual, economic abuse and neglect, to organize and to employ professionals in this field. Mobile teams including social workers, psychologists, child development specialists and other professionals organized by the most important organization in this field, the Ministry of Family, Labor and Social Services should be urgently charged with providing psychosocial services to children and their families affected by terrorist attacks in every streets and regions.

Stating that there is a need to conduct comprehensive researches in order to reveal the problems experienced by children living in border provinces due to terrorist attacks due to traumatic events, and to take action on social policies and long-term action plans in the light of these researches, Başıllar said: “In the provinces where education is suspended due to terrorist attacks, measures should be taken by the Ministry of National Education to ensure that academic achievement of children is not adversely affected. Since children spend most of their time at school after their family, there is a need to employ social workers at schools and to provide comprehensive psychosocial services in schools, as well.”

Children laughed, the World flourished

Students of the School of Applied Sciences at Istanbul Gelişim University have signed a meaningful social responsibility project. The students met the needs of the students of an elementary school in Edirne with the project called “Let the Children Smile and the World Flourish”.

Created by the volunteer team of 29 students from Istanbul Gelişim University (IGU) School of Applied Sciences (UBYO) Banking and Insurance Department Gelişim Finance and Investment Club has reached many elementary school students with social responsibility projects they gave the name “Let the Children Smile and the World Flourish”.

All kinds of stationery and clothing materials collected within the scope of the project were carefully packaged by the volunteer team and delivered to 384 students attending an elementary school in Edirne.

Volunteer students who came together with the elementary school students and had pleasant moments said that “Let the Children Smile and the World Flourish” social responsibility projects will continue.

Event titled as ‘Educational Evaluation and Therapy Approaches in Auditory Rehabilitation’ was organized

Istanbul Gelisim University (IGU) School of Health Sciences Department of Language and Speech Therapy organized an event named ‘Educational Evaluation and Therapy Approaches in Auditory Rehabilitation’.

Specialist Audiologist and Speech Therapist Seher Yilmaz was the guest of the event organized by the Department of Language and Speech Therapy at the School of Health Sciences of Istanbul Gelisim University. The opening speech of the event made by Director of the School of Health Sciences Asst. Prof. Dr. Abdullah Yüksel Barut.

Seher Yilmaz, an expert audiologist and Speech Therapist who talked about the stages of educational evaluation in detail, emphasized the importance of cooperation with the family in the assessment of language and speech.

Expressing that the frequency of evaluation in auditory rehabilitation should be regulated depending on the changes on age, hearing loss, auditory perception and variability in performance and educational performance Expert Audiologist And Speech Therapist Seher Yilmaz emphasized that the weekly session plan in Auditory Verbal Therapy should have short and long term goals. Yilmaz also mentioned examples of structural verbal / oral therapy in his speech and ended his speech after doing questions and answers with students.

At the end of the event, a plaque of appreciation was presented to Seher Yilmaz for her contributions.

Gayretli came together with Hüseyin Başgün

The Chairman of the Board of Trustees of Istanbul Gelisim University (IGU) Abdulkadir Gayretli came together with Denizli Provincial Deputy Director of National Education Hüseyin Başgün.

Hüseyin Başgün, Deputy Director of Denizli Provincial Directorate of National Education, aiming to improve the education and training process by following modern and innovative developments and making researches, visited Abdulkadir Gayretli, Chairman of IGU Board of Trustees.

Speaking at the meeting where was decided to cooperate in order to increase the satisfaction of institutions and employees in Denizli province, Gayretli stated that they will support all kinds of projects that will contribute to education and stated that they always work with the goal of being one step ahead and to be an example in higher education.

Those exposed to peer bullying get 10 times more aesthetics surgery

Today, human beings can apply aesthetic operations to correct the defects found in their body. Emre Tan, a psychiatrist who states that this condition, which also reaches the level of aesthetic dependence is called 'Body Dysmorphic Disorder', said: "Especially those exposed to peer bullying get 10 times more aesthetics. Body Dysmorphic Disorder is seen in 2 out of 100 people".

Aesthetic operations applied to many parts of the body such as nose, lip, cheek, chin, hip, after the people aim to feel better. However, some of them are not satisfied with the operations they have made, making this situation a repetitive process. Stating that aesthetic operations in the world compared to 2017 increased by 10 times Spec. Dr. Psychiatrist Emre Tan pointed out that the most basic desire of man is to be loved, liked and approved by others.

SOCIAL MEDIA INCREASES AESTHETIC ANXIETY

Tan also said that social media has also increased aesthetic concerns, and added: "We live in a period when the exhibition, the display, the external appearance prevail over the content.

One wants to use it when opportunities are created that provoke the meanings imposed on one's basic desire and make it more prominent. There is no category of disease as aesthetic addiction. This is the result of an illness, misbehavior, behavior patterns. Body Dysmorphic Disorder is a discomfort caused by a person's dislike of his / her bodily conditions at a micro level, his desire to change it and his unhappiness, malaise and restlessness in his body to the distortion of his own perception.”

BODY DISMORPHIC DISORDERS HAVE IN 2 OF 100 PEOPLE

Tan expressing that there is no disease category as aesthetic addiction, said: “This is the result of an illness, misbehavior, behavior patterns. Body Dysmorphic Disorder is a discomfort that occurs as a result of the fact that the person does not like some of the small physical conditions at which he is dissatisfied with his own body, wants to change it, and connects his unhappiness, malaise and restlessness to the distortions in his own perception. In order to change this situation, the person is eroding the door of plastic surgeons, medical aesthetics specialists or cosmetic dealers. This disorder can be seen in 1 or 2 of every hundred people”

AESTHETIC OPERATIONS INCREASE IN 10 PERCENT

Psychiatrist Emre Tan emphasizing that there was an increase in aesthetic operations by 10 percent in 2018 data compared to 2017, added: “The majority of these are not very serious major surgeries, but rather techniques such as fillings but it can be seen that there is an increase in the world. The unrest and unhappiness do not go away after they are done”.

PROFITABILITY OPERATIONS ADVANCE THE DISEASE

Stating that people who have Body Dysmorphic Disorder have their own self-esteem, low body perception, lacking their own competence and trying to be happy with the changed side, Tan said:

“As the perpetrator of this, he can see both the expert and his environment. His anger and anger may increase, but in a kind of ritual he enters the vicious circle. He can go back to that specialist to fix it. Unfortunately, this situation increases the aesthetic operations in our country too. These operations have been carried out under the stairs. Based on these

emotions, there are also operations for a little more profit. This causes the disease to consolidate and progress.”

IT'S IMPORTANT TO ACCEPT THE ILLNES

Tan stating that the disease is cured, but first of all one must accept that he or she is ill, continued: “This is not a mental illness, but there are cases where there is no internal appearance in Body Dysmorphic Disorder. There are absolutely irrevocable thoughts. He thinks that his nose, body, eyes, skin or hair is absolutely bad, that he doesn't look good and makes himself ugly and deals with them mentally. All the research during the day is directed towards this.”

THOSE EXPOSED TO PEER BULLYING GET 10 TIMES MORE AESTHETICS

Tan pointed out that in the study conducted with children exposed to peer bullying, harassment, marginalization and exclusion in childhood in 2017 in UK, those exposed to peer bullying tend to have 10-12 times more aesthetic operations, continued as follow: “Because the perception of the body, self perception decreases in those people. This traumatic effect has a profound impact on competence and personality. If he sees that blow with physical elements, he has more to do with aesthetic operations to close it. Character and personality feature comes first in this. The environment is the second most important.”

SOCIAL MEDIA CREATES NORM VALUES

Tan expressing that social media is also a factor in increasing aesthetic operations, said: “Social media, show, continuous image in the foreground situations create norm value. You should be beautiful, you should be slim, you should be like this, you should do your makeup like this, your body should be like this ’ Adolescents and children are particularly exposed to this effect. Tendency to aesthetic surgery is much more in adolescence. Elimination of other environmental, economic, and mentally challenging conditions becomes the mainstay of treatment.”

NUMBER OF OPERATIONS IS NOT IMPORTANT IN DIAGNOSIS OF THE DISEASE

Physiatrist Specialist Dr. Emre Tan, stating that they do not regard the number of operations the person has while assessing whether s/he is sick or not and that the content is more important to them, said: “One brings this to the center of her/his life, s/he thinks that everything will be very bad if s/he doesn't have operation, s/he becomes restless, her/his sleep is disturbed, s/he cannot do her/his daily functions and her/his mind perception works constantly on this subject. S/he can't focus, s/he can't do her/his parenting, s/he can't do her/his job, then we can call her/him sick.”

Library from IGU to village school

Istanbul Gelisim University (IGU) Education Support Coordinatorship established a library in Şehit Erdoğan Erişik Primary School in Aşağısevindikli Village.

Istanbul Gelisim University (IGU) Education Support Coordinatorship continues to produce projects to ensure quality education in regions where access to educational opportunities is limited with the vision of supporting Qualified Education, which is one of the 17 Global Goals determined by the United Nations.

In order to determine a village school away from the center and with limited opportunities, Istanbul Gelisim University established a library in the village school with the guidance of Tekirdağ Provincial Directorate of National Education, Tekirdağ Province, Muratlı District, Aşağısevindikli Village Şehit Erdoğan Erişik Primary School Principal Arzu Kara.

IGU Education Support Coordinator Asst. Prof. Dr. Aslıhan Güzin Selçuk, talking about the project, said: “We have enjoyed providing all the decoration details of the library such as books, shelves and cupboards, study areas and curtains. On the opening day of the library, we gave various trainings to students, teachers and parents. We have carried out various practices on climate, global warming, wastes and a sustainable world within the scope of “Sustainability” training with the students of Istanbul Gelisim University for all grades from 1st to 8th grades.

Istanbul Gelisim University (IGU) the School of Health Sciences the Department of Child Development Lect. Buse Kerigan provided a training for “Basic Education in the Pre-School

Period” to the parents, and Istanbul Gelisim University Research Support Coordinator Melike Çetin also provided a training for “Grants for Projects” to the teachers. After the trainings, the students of Istanbul Gelisim University Music Club made a mini concert and revived the opening.

5th grade student Nilay Aksoy, stating that she wants to be a doctor in the opening speech, said: “I believe that our library will be very useful to us. People should love to read. I would like to thank Istanbul Gelisim University.”

Principal Arzu Kara, stating that she has been working at Aşağısevindikli Village Şehit Erdoğan Erişik Primary School for only 3 months, said: “The day I started my first assignment, our Turkish teacher came to me and told me about the desire to create a library in our school. So I promised my teacher friend. Afterwards, our paths crossed with Istanbul Gelisim University. We have set up our library and now we have 1500 books and I think the number will increase. There's no way to explain my happiness.”

Project was accomplished with the contributions of IGU Chairman of the Board of Trustees Abdulkadir Gayretli and his wife Şule Gayretli, IGU Rector Prof. Dr. Burhan Aykaç and Vice Rectors Prof. Dr. Nail Öztaş and Prof. Dr. Nuri Kuruoğlu, Director of School of Health Sciences Asst. Prof. Dr. A. Yüksel Barut.

High school students visit IGU

The students of Ali Kul Vocational and Technical Anatolian High School Beauty and Hair Care Services visited Istanbul Gelisim University (IGU) Hair Care and Beauty Services Program.

The students of Ali Kul Vocational and Technical Anatolian High School Beauty and Hair Care Services visited Istanbul Gelisim University (IGU) Hair Care and Beauty Services Program and came together at the workshop course.

Head of Hair Care and Beauty Services Program Lect. Pelin Özgünay shared the knowledge of skin care, dermaroller application theoretically and practically, and gave information that will help students in the preferences of the university.

At the end of the applied course, the students of Ali Kul Vocational and Technical Anatolian High School Beauty and Hair Care Services were provided hair care, and the event ended with a visit to health workshops.