

IGU Tourism Guidance Department attended the international congress

'New Generations and New Trends in International Tourism Congress' (INGANT 2018), was organized for the first time this year in partnership with Istanbul Gelişim University, Sakarya University of Applied Sciences, Chinese Zhejiang YueXiu University of Foreign Languages, Institute of Hospitality Management, Siam University of Thailand

In the congress, aiming to make contributions to the development of sectoral dynamics by means of studies on innovations in the sector, changes in technologies used and changing consumer profiles, 75 papers were presented by 141 academicians from 40 different universities.

In addition to the academicians of the Istanbul Gelişim University, Department of Tourism Guidance engaged in the tourism sector with their studies, graduate students, sector representatives and local administrators also participated in the congress.

Nutritional awareness seminar was held at IGU

A seminar on 'Hunger Types and Nutrition Awareness' was organized by Istanbul Gelişim University Health, Culture and Sports Department, Nutrition and Dietetics Club. In the seminar where the participation was high, IGU students learned about their nutrition habits.

"SENSES ARE NOT BEING SATISFIED"

In the seminar where there was emphasized the importance of colors and presentation in nutrition, the important factors that affect people's food choices such as sensory and emotional hunger Asst. Prof. Dietician Gizem Köse expressed that she tried to explain students that there are different approaches outside of the diet.

Dietitian Köse continued:

"As the food industry produces delicious products, the senses can no longer be satisfied and the desire to eat as well as the feeding of these senses is increasing. The main reason for inaccurate relations with food relies on not being aware of sensual eating".

"WE GIVE IMPORTANCE TO ACTIVITIES"

IGU Nutrition and Dietetics Club manager Şeyma Sarıkabak, who expressed her satisfaction with the interest shown in the seminar, said that they were planning to bring together experts and students with such events.

Referring to the importance of the scientific activities held within the university, Chairman of the IGU Board of Trustees Abdulkadir Gayretli said: “We organize many events at our university and we care about bringing our students together with scientists and professionals”.

IGU students enjoyed the gastronomy quiz

The last station of the digital platform Kısık Ateş, which aims for future chiefs to reach the true information with the right source and right method, and continue to meet with the students in the gastronomy departments at universities, was Istanbul Gelişim University (IGU).

The event started with a seminar by Chief Ramin Nuriyev on “Introducing Self, Culture and Career Suggestions in a Foreign Country” and continued with the Kısık Ateş Information Competition, which started in the National Cooking Camp and attracted great interest.

A short quiz organized by Agezenler, one of the editors of Kısık Ateş, on the questions of gastronomy, general culture and kitchen knowledge has experienced the students of Istanbul Gelişim University.

Following the competition, the winners of the competition were the Gastronomy Department students with Ecrin Sarı in the 3rd place, Faruk Karapınar the 2nd and Uğurcan Ağşahin in the 1st place. The winners were given the Career Kit of the Kısık Ateş.

"Obesity triggers family problems"

Expressing that obesity may be the trigger of family problems, Assoc. Dr. Fatih ifti said: “Because of obesity, people's view of life changes and their tendency towards depression increases. In this case, it negatively affects personal happiness and family peace. Because obesity restricts physical movement, self-care and family responsibilities are being neglected”.

Istanbul Gelişim University General Surgery Specialist Assoc. Dr. Fatih ifti, made some statements on the effects of obesity on human life and the treatment methods developed today. Indicating that in recent years, developed technologies, operations and post-operative care is excellent, Assoc. Dr. ifti added: “In this way, young or old people without having to experience domestic problems due to obesity, body values and capacity of the patient is reviewed, after taking the necessary measures, can be operated. We do this surgery even to the patient that had a heart attack before. We make it possible for them to live a much more comfortable life after weight loss after surgery”

“THERE ARE MANY DIFFERENT METHODS TO LOSE WEIGHT”

Assuming that the weight loss rates of those who have obesity surgery may vary, Assoc. Dr. Çiftçi added: “Our patients can go down to their ideal weight and spend a healthy life as long as they follow the recommendations. Patients need to lose weight in a timely and effective way. To lose weight quickly on a scientific basis can accommodate some inconvenient situations. Many different methods are used to lose weight. There are solutions ranging from physical activity to diet, exercise, stomach botox and balloon to different surgical techniques”.

Stating that success rates reached up to 90% after the operations. Assoc. Dr. Çiftçi said: "Let's act with mutual consensus and solution-oriented approach".

THK (TAA) signs cooperation protocol with universities

The Turkish Aeronautical Association (THK) has started collaborations to reach university students and perform activities. Within the scope of THK cooperation, the first protocol was signed with Istanbul Gelişim University (IGU). President of THK Istanbul Gürbüz Kaya said: "We will bring the people together with people's Turkish Aeronautical Association".

THK Istanbul President Gürbüz Kaya also added: “We want to instill in our youth the love of aviation and aircraft. We started our activities to establish THK Club with many universities in Istanbul”

Expressing that there are new period of activities THK's wants to realize, Kaya said: “A significant part of our activities will be realized with young people. We work for the establishment of THK Club in universities with young people having aviation enthusiasm. We signed a protocol with IGU Rector Prof. Dr. Burhan Aykaç after meeting. In this way, we realized the first of our cooperation with IGU”.

“WE’LL ACHIEVE SUCCESSFUL RESULTS”

Emphasizing that IGU students hereinafter can more closely monitor developments in the field of aviation in Turkey with THK Club, IGU Rector Prof. Dr. Burhan Aykaç noted:

“We have aviation departments in the Faculty of Economics, Administrative and Social Sciences, also in the School of Applied Sciences and the Vocational School. We aim to increase the interest, knowledge of students on aviation and organize aviation related scientific activities. Under the leadership of Head of IGU Health, Culture Sports Department Asst. Prof. Emel Tozlu, we met with THK and it helped us to sign this protocol. THK stated that it will provide all kinds of support to IGU. I believe we will achieve very successful results”.

“Nostalgia and Istanbul” photography exhibition was opened at IGU

Photographs taken by Istanbul Gelişim University students with the theme of “Istanbul and the Streets” meet with enthusiasts at the “Nostalgia and Istanbul” exhibition.

The exhibition “Nostalgia & Istanbul”, which was held last year for the first time where photographs taken by the students of the Department of Media and Communication and ranked the highest, this year brought together photographs on the theme of “Istanbul and Streets”.

Photographs of various frames from different districts and streets of Istanbul were all taken with the mobile phone only. Photos were evaluated by the competition jury, chaired by Asst. Prof. Mehmet Bülent Öner.

The “Nostalgia & Istanbul” exhibition, which will be exhibited on the lobby floor of the Rectorate Building of Istanbul Gelişim University, will meet its enthusiasts until 31 December.

Gastronomy students come together with expert guests

Department of Gastronomy at Istanbul Gelişim University School of Applied Sciences continues its seminars with the experts within the scope of “Artizanal Products” course.

The first guest of the meetings organized by the lecturer Tolgahan Tabak, was Çağrı Burak Sağlam, who continues his career as Arçelik Food and Beverage Project Leader after serving as a lecturer in Italy for 9 years

Cenk R Girginol, who is known as a man who knows coffee in the world of gastronomy and consults many professional institutions, held a seminar on coffee and coffee culture.

At the end of the seminars, Head of SAS Department of Gastronomy Asst. Prof. İsmail Hakkı Tekiner and Lect. Tolgahan Tabak, presented plaques and thanked the guests for their participation.

The first of the Expertise Training Basic program is completed

The first of the Expert Training Basic program, coordinated by Istanbul Gelişim University Continuous Education Center (CEC), was completed. Stating that one of the means of raising the standards of expert practice is that these trainings, the CEC Manager Asst. Prof. Fatih Fuat Tuncer said: “We are training experts who will contribute to the correct and timely processing of justice through our expert certification programs”.

A total of 24 hours of training including 18 hours of theoretical and 6 hours of practical training was completed in 4 days at IGU Continuing Education Center. Theoretical training of the program was run by Prof. Dr. Aydın Başbuğ and Asst. Prof. Didem Göç Gürbüz, practical training was given by Assoc. Prof. Dr. Saim Ocak.

Stating that people with five years of professional experience can participate in trainings, Tuncer said, “After the trainings, we give the participants a certificate of participation. Participants can apply with this document to be an expert in the dates specified in the announcement of the Judiciary and Administrative Commission Presidencies”.

CEC Manager Asst. Prof. Fatih Fuat Tuncer explaining that the expertise training will be opened again in the near future due to the interest, added: “In addition to all of these trainings, we are also opening ‘Trustee in Composition Trainings’. We will serve the public by filling an important gap on a current issue”.